

# Roswell Park Tobacco Treatment Specialist Training Workshop Agenda

## DAY ONE

7:30-8:00	Breakfast; sign in
8:00-8:30	Welcome and Introductions
8:30-9:00	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing, and Module 10: Law and Ethics <i>Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics, and Credentialing</i>
9:00-9:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Comprehensive Tobacco Control Programs</i>
9:45-10:00	Break
10:00 – 10:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Evidence-Based Tobacco Dependence Treatment Approaches</i>
10:45 -11:15	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Health Care Delivery Systems Approaches</i>
11:15-11:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Activity: Evaluating a Health Care Delivery Systems-Level Tobacco Treatment Intervention</i>
11:45 – 12:30	Lunch Break
12:30-1:00	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Film: The Evolving Cigarette</i>
1:00– 3:00	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco Products: Design, Packaging, and Marketing</i>
3:00-3:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Activity: Tobacco Products Word Scramble Challenge!</i>
3:15 – 3:30	Break
3:30 – 4:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Product Design and Vaporizers</i>
4:15 – 5:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Electronic Nicotine Delivery Systems (ENDS)</i>
5:15 - 5:30	Submit Program Evaluations for the Day

## DAY TWO

7:30 – 8:00	Breakfast; sign in
8:00 – 8:45	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco Use Prevalence Rates</i>

8:45 – 9:30	<i>Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</i> <b>Lecture: Incidence of Tobacco-Related Diseases</b>
9:30 – 10:00	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <b>Lecture: Tobacco-Related Disparities</b>
10:00 – 10:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <b>Activity: Health Consequences Crossword Puzzle Challenge!</b>
10:15– 10:30	Break
10:30 – 12:00	Module 4: A Biopsychosocial Approach to Understanding and Treating Tobacco Use <b>Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use</b>
12:00 – 12:45	Lunch Break
12:45 – 1:30	Module 5: Comprehensive Clinical Assessment of the Tobacco User <b>Lecture: The Fundamentals of Assessment: Essential Characteristics</b>
1:30 – 2:15	Module 5: Comprehensive Clinical Assessment of the Tobacco User <b>Lecture: The Fundamentals of Assessment: Other Important Factors</b>
2:15 – 2:30	Module 5: Comprehensive Clinical Assessment of the Tobacco User <b>Activity: Assessment of the Tobacco User Crossword Puzzle Challenge!</b>
2:30 – 3:15	Module 5: Comprehensive Clinical Assessment of the Tobacco User <b>Activity: Intake Assessment Integration and Treatment Planning - Scoring and Interpretation</b>
3:15 – 3:30	Break
3:30 – 4:45	Module 5: Comprehensive Clinical Assessment of the Tobacco User <b>Activity: Intake Assessment Integration and Treatment Planning - Case Conceptualization and Treatment Planning</b>
4:45 – 5:15	<b>Activity: Practice Test Question Review</b>
5:15 – 5:30	Submit Program Evaluations for the Day

### DAY THREE

7:30 – 8:00	Breakfast; sign in
8:00 – 8:45	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Lecture: Motivational Interviewing Fundamentals</b>
8:45 – 9:30	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Activity: Contrast Role Play</b>
9:30– 10:00	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Activity: Motivational Interviewing Demonstration</b>
10:00 – 10:15	Break
10:15 – 10:30	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Activity: Motivational Interviewing Matching Challenge!</b>

10:30 – 11:00	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Lecture: <i>Fundamentals of Cognitive Behavioral Therapy</i></b>
11:00 – 11:30	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Activity: <i>Trigger-Urge-Response Cycle Three Column Exercise</i></b>
11:30 – 12:30	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies <b>Lecture: <i>Relapse Prevention and Recovery</i></b>
12:30-1:15	Lunch Break
1:15 – 2:15	Module 7: Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <b>Lecture: <i>Fundamentals of Pharmacotherapy</i></b>
2:15 – 2:45	Module 7: Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <b>Activity: <i>Hands-on Demonstration and Experience with the FDA-Approved Cessation Medications</i></b>
2:45 – 3:00	Break
3:00 – 4:00	Module 8: Treatment Processes <b>Lecture: <i>Understanding How a Treatment Plan Progresses: Therapeutic Goals and Objectives</i></b>
4:00 – 4:45	Module 8: Treatment Processes <b>Lecture: <i>Effective, Collaborative Goal Setting During Treatment</i></b> <b><i>Developing Specific Measurable Actionable Relevant and Timely (SMART) Goals</i></b>
4:45 – 5:15	<b>Activity: Practice Test Question Review</b>
5:15 – 5:30	Submit Program Evaluations for the Day

#### DAY FOUR

7:30 – 8:00	Breakfast; sign in
8:00 – 9:00	Module 8: Treatment Processes <b>Lecture: <i>Delivering an Evidence-Based, Manualized Treatment - Session 1</i></b> <b>Activity: <i>Leading the Trigger-Urge-Response Cycle Three Column Exercise</i></b>
9:00 – 9:45	Module 8: Treatment Processes <b>Lecture: <i>Delivering an Evidence-Based, Manualized Treatment - Session 2</i></b> <b>Activity: <i>Exploring Important Topics in Treatment</i></b>
9:45– 10:00	Break
10:00 – 11:00	Module 8: Treatment Processes <b>Lecture: <i>Delivering an Evidence-Based, Manualized Treatment - Session 3</i></b> <b>Activity: <i>Teaching Diaphragmatic Breathing to Patients</i></b>
11:00 – 12:00	Module 8: Treatment Processes <b>Lecture: <i>Delivering an Evidence-Based, Manualized Treatment - Session 4</i></b> <b>Activity: <i>Leading the SOLVE Problem Solving Exercise</i></b>
12:00-12:45	Lunch

12:45 – 1:45	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 5</i> <i>Activity: Leading the Big Picture Thinking Exercise</i>
1:45 – 2:45	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 6</i> <i>Activity: Leading the Everyday Discrimination and Stress Exercise</i>
2:45– 3:00	Break
3:00 – 3:50	Module 9: Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Documentation and Program Evaluation</i>
3:50 – 4:25	Module 9: Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Coding and Billing</i>
4:25- 4:45	Module 9: Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Activity: Applying Codes to Tobacco Treatment Interactions</i>
4:45 – 5:15	<b>Activity: Practice Test Question Review</b>
5:15 – 5:30	Submit Program Evaluations for the Day

### DAY FIVE

7:30 – 8:00	Breakfast; sign in
8:00 -11:00	Module 7: Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Lecture: Advanced Pharmacotherapy</i>
11:00- 12:00	Module 7: Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Activity: Pharmacotherapy Treatment Planning Case Studies</i>
12:00- 12:45	Lunch Break
12:45 – 1:15	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing and Module 10: Law and Ethics <i>Lecture: Professional Development, Law, and Ethics</i>
1:15 – 1:45	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing and Module 10: Law and Ethics <i>Lecture: National Tobacco Treatment Credentialing</i>
1:45 – 2:15	<b>Activity: Practice Test Question Review</b>
2:15 – 2:30	Submit Program Evaluations for the Day
	Overall Program Evaluations
2:30 – 3:00	Closing Remarks