

# Planning Team

## PLANNING TEAM

### Mary Lynn Acee, LCSW



Mary Lynn returned to Roswell Park Comprehensive Cancer Center in 2009, where she is a Licensed Clinical Social Worker in the Psychosocial Oncology Department. A 1988 graduate of the State University of New York at Buffalo – School of Social Work, Mary Lynn interned at Roswell Park in 1987 after receiving the American Cancer Society Oncology Social Work Fellowship. She worked at Crisis Services as a Trainer/Supervisor and for many years as a Medical Social Worker at Buffalo General Hospital. In recent years, Mary Lynn was a group facilitator at the former Gilda's Club of WNY for the Lung Cancer Networking Group, Family and Friends Networking Group and Bereavement Group. Mary Lynn is a long time cancer survivor and believes her experience; both personal and professional only enhances her interactions with people living with cancer and caregivers. She is humbled and grateful to be a Social Worker at Roswell Park and is privileged to be a part of the "Nurture Your Hope" retreat.

### Kelly C. Englert, RN, BSN



Kelly Englert joined the staff at Roswell Park Comprehensive Cancer Center in March 2007 after working in acute care as a staff nurse for over 25 years. Kelly started in the Intensive Care Unit and she currently works as a Nursing Staff Development Instructor at the hospital. Mrs. Englert earned her Masters of Science in Nursing from Chamberlain College of Nursing. She is a mother of five and has two grandsons she absolutely adores. Kelly is a cancer survivor herself and is grateful to be a part of the "Nurture Your Hope" retreat.

### Beth Lenegan, PhD



Beth Lenegan has served as the Director of Pastoral Care at Roswell Park since June 1999. She holds a doctorate degree from the State University of New York at Buffalo in Counseling Education and a MA in Religious Education. Her responsibilities at Roswell include coordinating the visitation of patients and families by 1 full time chaplain, 3 part time chaplains and 60 volunteers. She also coordinates patient and caregiver retreats, support programs for families and oversees a number of programs within the Pastoral Care Department as well as various Institute Programs. She is involved in the development of pastoral care training programs for individuals for hospital and home visitation. Beth coordinates health care ministry education days, which occur two times a year for health care professionals and area clergy. Beth also is trained as Red Cross Aviation/Disaster Chaplain and an adjunct faculty member at Buffalo State College.



### Tracey O'Connor, MD, FACP

Dr. Tracey O'Connor is an Associate Professor in the Department of Medicine of Roswell Park Comprehensive Cancer Center specializing in Breast Cancer. She has achieved various education and training from Northwestern University, the State University of New York at Buffalo, Strong Memorial Hospital and Roswell Park Comprehensive Cancer Center including various board certifications with the American board of Internal Medicine. Tracey's areas of interest include novel treatments for breast cancer, supportive care therapies for patients with advanced disease, and survivorship issues. She oversees multiple active clinical trials aimed at helping her patients manage symptoms and make a way to a better quality of life.



### Carolyn Robinson, RN, BSN, OCN

Carolyn is a Registered Nurse who has been with Roswell Park for more than 5 years and is currently working at our Niagara Falls satellite clinic. She received her Bachelors of Science in Nursing from SUNY at Buffalo's College of Nursing (2012) and achieved Oncology Nurse Certification in 2014. She is a member of Oncology Nurse Society and Sigma Theta Tau International Honor Society of Nursing. She is currently enrolled in D'Youville College's Family Nurse Practitioner program. Carolyn is a 25-year cancer survivor. She also holds a Bachelor of Arts in Language from West Virginia University (1999) and served as an Arabic cryptologic linguist in the US Army (2002-2007).

### Rev. Melody Rutherford M.Div.



Rev. Melody I. Rutherford, M.Div., serves as a fulltime Chaplain at Roswell Park Cancer Institute and an Associate Minister at a local congregation. Rev. Melody holds a Bachelor's Degree from SUNY's Empire State College, a Masters of Divinity Degree from Northeastern Seminary and a Palliative Care Chaplaincy Specialty Certificate. With many years of healthcare experience she has worked in areas such as Chaplaincy Services, Clinical Pastoral Education and Mission Services. As a community faith-liaison, Rev. Melody is co-chair of the Buffalo Philharmonic Orchestra Diversity Council. Having a heart of ministry for those who are facing disease, depression and despair, her desire is to walk with them on their journey while offering a peaceful, caring and uplifting presence. A wife of a minister, a mother of three and proud grandmother of four, this Chaplain certainly has a full ministry ahead of her.

Elm & Carlton Streets | Buffalo, New York 14263  
www.RoswellPark.org  
1-877-ASK-RPCI (1-877-275-7724)

A National Cancer Institute-Designated Comprehensive Cancer Center | A National Comprehensive Cancer Network Member  
A Blue Distinction Center for Complex and Rare Cancers® | A Blue Distinction Center for Transplants®

You Are Invited

# Nurture Your Hope

A RETREAT FOR CANCER PATIENTS,  
SURVIVORS AND CAREGIVERS



September 28 -29, 2018

Chautauqua Institution  
Chautauqua, New York



SPONSORED BY:  
Roswell Park  
Comprehensive Cancer Center  
Pastoral Care Department

## YOU ARE INVITED

**Nurture Your Hope** is an ecumenical weekend of renewal, prayer, inspiration and personal reflection especially for people dealing with the challenges of cancer in their lives. The **Nurture Your Hope Retreat** will be held September 28 and 29, 2018, and people of all faiths are welcome.

The speakers for this retreat have personal and professional experiences with cancer. The weekend will include information on the healing process and identify resources to assist those dealing with cancer. Patients/Survivors and their caregivers will also have time for separate group discussions. Time will also be allotted for solitude and personal reflection, small group conversation, and holistic therapy.

## LOCATION

A retreat involves going off to a quiet place to reflect on the events in one's life. Therefore **Nurture Your Hope** will be held at Chautauqua Institution. We have reserved two facilities on the grounds – The Catholic House, 20 Palestine Avenue and the United Methodist House - 14 Pratt Avenue. The Chautauqua Institution founded in 1874 is located on beautiful Chautauqua Lake, near Jamestown, New York. Presentations will be held in both facilities. Overnight accommodations are available on the property in two separate buildings, which include full kitchens and private baths. Parking is available at no charge as well as there is no entrance fee to the grounds.

## REGISTRATION INFORMATION

A registration form is included in this brochure. Space is limited to 24 persons and is served on a first-come, first-served basis. Those placed on a waiting list will be notified if space becomes available. **Patients/Survivors must have one companion/support person attend with them. Please Note: preference will be given to first time registrants.**

You qualify to attend the retreat if:

- You have received a cancer diagnosis
- You are physically able to move between the buildings.

**Please Note: Roswell Park Comprehensive Cancer Center is not responsible for loss of property, or personal injuries sustained while participating in the retreat at Chautauqua Institution.**

The cost for the retreat is \$25.00 per person. Transportation to and from the retreat is the responsibility of the participants. Vegetarian meals will be available upon request.

For information you can call the Department of Pastoral Care, 716 845-8051.



## RETREAT SCHEDULE

Friday, September 28, 2018

4:30 pm  
**Arrival and Registration**

5:45 pm  
**Dinner and Introductions**

7:00 pm  
**Nurture Your Hope**  
Tracey O'Connor, MD, FACP  
Staff Physician, Medical  
Oncology  
DOM - Breast

7:00 pm (con't)  
**Our Hopes for the Future**  
The Team

**Drumming –  
Sounds of Hope and Healing**  
Carolyn Zimmerman  
Owner/Drum4Health

9:30 pm  
**Informal Gathering/Social**

SATURDAY, SEPTEMBER 29, 2018

7:30 am  
**Breakfast**

8:15 am  
**Reflection on Hope**

8:30 am  
**Expression of Hope**  
Katie Mullaney LCAT, ATR-BC  
Anna Schwartz LCAT, ATR-BC  
Create Space Buffalo

10:30 am  
**Stretch Break**

11:00 am  
**The Journey (Survivor)**  
Carolyn Robinson, RN, BSN  
Kelly Englert, AAS, RN, BSN

**The Journey (Family/Caregiver)**  
Mary Lynn Acee, LCSW  
Rev. Melody Rutherford, M.Div.

Noon  
**Break**

12:30 pm  
**Lunch**  
Clean Rooms/Take a Walk

1:45 pm  
**Mindfulness**  
Joe DiNardo

**Healing Touch**  
Sue Hess, PhD  
Certified Healing Touch  
Practitioner (CHTP)

**Massage Relaxation**  
Julia Foy, RN, LMT

**Laughter Yoga**  
Caren Kolerski  
Certified Retreat and Life Coach  
Certified Laughter Yoga Teacher

3:10 pm  
**Stretch Break**

3:30 pm  
**Repeat Sessions**

4:40 pm  
**Closing Reflections and Prayer**  
The Team

5:15 pm  
**Departure**

## REGISTRATION FORM

Registration due by September 1, 2018  
**Nurture Your Hope – Retreat for Cancer Patients and Caregivers**  
September 28 – September 29, 2018

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): ( \_\_\_\_\_ ) \_\_\_\_\_

**Mandatory companion/support person**

Guest \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): ( \_\_\_\_\_ ) \_\_\_\_\_

\_\_\_\_ I understand that Roswell Park Comprehensive Cancer Center is not responsible for loss of property or personal injuries sustained while participating in the retreat at Chautauqua Institution. I acknowledge that activities such as yoga, massage therapy, walking, etc may involve certain risks of injury and I am voluntarily participating in such activities at the retreat and assume all risks associated with my participation.

Patient Signature: \_\_\_\_\_

## RETREAT REGISTRATION

\_\_\_\_ \$25.00 per person, includes meals, snacks and retreat resources

\_\_\_\_ \$50.00 Enclosed

\_\_\_\_ I/We require a Vegetarian Diet

\_\_\_\_ I/We require a Gluten Free Diet

Please indicate for you and your caregiver your two choices for the Saturday afternoon session.

**Name** \_\_\_\_\_

\_\_\_\_ Mindfulness \_\_\_\_ Healing Touch \_\_\_\_ Massage \_\_\_\_ Laughter

**Caregiver** \_\_\_\_\_

\_\_\_\_ Mindfulness \_\_\_\_ Healing Touch \_\_\_\_ Massage \_\_\_\_ Laughter

Please make check payable to RPCI Pastoral Care and mail with registration form by September 1, 2018 to: Beth Lenegan, PhD, Roswell Park Comprehensive Cancer Center, Department of Pastoral Care, Elm and Carlton Streets, Buffalo, NY 14263.

*A letter of confirmation, a map with directions and the release form will be mailed to you after your registration is received.*