

# Registration Form & Information

NAME

ADDRESS

CITY STATE ZIP

PHONE EMAIL

INSTITUTION/AFFILIATION

POSITION  Salaried  Volunteer

Pastoral Care Experience: \_\_\_\_\_ years

CPE Experience: \_\_\_\_\_ Units \_\_\_\_\_ Certified  
\_\_\_\_\_ NACC \_\_\_\_\_ APC

#### REGISTRANTS WITH DISABILITY:

If you have a disability, please describe any auxiliary aids or services you may need (identified in the Americans With Disabilities Act). Please notify us by May 30, 2017.

REGISTRATION FEE: \$50 due by **May 30, 2017**.  
Registration of 3 or more from same institution:  
\$45.00 each. Registration forms must be  
submitted together to receive the discounted  
price (Fee includes breakfast, coffee break, lunch  
and parking).

Please make checks payable to **Pastoral Care/  
Roswell Park Cancer Institute** and mail to:  
Beth Lenegan, PhD, Department of Pastoral Care  
Roswell Park Cancer Institute  
Elm & Carlton Streets, Buffalo, NY 14263

FOR INFORMATION, PLEASE CALL:  
Department of Pastoral Care at **(716) 845-8051**

REFUND POLICY: May 30, 2017 is the last date for  
registration cancellations. There will be no refunds  
after this date.



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# Being Life-Filled & Life-Giving

WITH  
**BROTHER LOUGHLAN SOFIELD,**  
ST, BA, MA

**Friday, June 9, 2017**  
**9:00 am to 4:00 pm**



# Description

## PROGRAM DESCRIPTION

There is no way anyone can be life-giving if they are not first filled with life. Today there are too many ministers and individuals in the helping profession who are burning out. Burnout is almost endemic in our present culture. The reality is that it can be avoided.

This conference will explore ways of remaining life-filled while also exploring the obstacles that interfere with the ability to retain this internal life. The workshop will present practical ways to grow as a life-filled and life-giving person

# Objectives

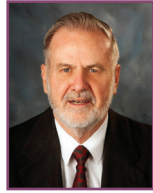
## PROGRAM OBJECTIVES

At the conclusion of this conference, participants will have identified for themselves:

- A fuller understanding of the dynamic of burnout and practical, positive ways to avoid burnout
- The distinction between sympathy, empathy and compassion, as well as positive examples of what compassion looks like in one's daily life
- The role of anger as a primary source in draining life
- Forgiveness as the treatment of choice for anger.
- The need to develop a spirituality of failure
- The role of gift in transmitting life to others

# Speaker

## PROGRAM SPEAKER



**BROTHER LOUGHLAN SOFIELD, S.T.,** is a Missionary Servant of the Most Holy Trinity. Loughlan is currently the Director of the community's Senior Ministry house. He has served as Director of the Missionary Servant Center for Collaborative Ministry; Director of the Washington Archdiocesan Consultation and Counseling Center; and Assistant

Director of the Center for Religion and Psychiatry, Washington, D.C. Brother Loughlan has worked in almost 300 dioceses in six continents.

Brother Loughlan was Senior Editor of Human Development magazine for over thirty years. In addition to publishing numerous articles on ministry, he is co-author of a number of books. His most recent are: Principled Ministry; Facing Forgiveness; Collaboration: Uniting Our Gifts in Ministry (Winner of the Catholic Press Association (CPA) Second Place Book Awards in the categories of both Professional Books and Pastoral Ministry 2001); Building Community: Christian, Caring, Vital (Winner of CPA First Place Book Award in the category of Professional Books 1999); and Design for Wholeness. All are published by Ave Maria Press.

Brother has served on the faculty of or lectured at many colleges and universities in the United States and in other countries. During the last few years, much of his time has been spent conducting programs of clergy education and providing consultation to dioceses. He previously served as a member of the Advisory Board of the National Conference of Catholic Bishops' Committee on Laity, Family, Women and Youth.

## LOUGHLAN HAS BEEN THE RECIPIENT OF A NUMBER OF AWARDS.

\*Lumen Gentium conferred by the Conference for Pastoral Planning and Council

Development on an individual "who has implemented the direction and goals of the Second Vatican Council in an extraordinary manner."

National Association of Lay Ministry's Gaudium et Spes award presented who has "evidence to the vision of Church articulated in the documents of the Second Vatican Council and who in a special way has advocated and fostered the enhanced role of laity."

National Association of Religious Brothers first Called to Brotherhood Award for outstanding service and edication for Brother as an enabler.

# Agenda

## PROGRAM AGENDA

- 8:00 am** Registration and Breakfast
- 8:45 am** Welcome and Introduction of Speaker
- 9:00 am** **Session 1: Maintaining Life and Avoiding Burnout**  
Brother Loughlan Sofield, ST
- 10:15 am** Break
- 10:45 am** **Session 2: Anger and Forgiveness**  
Brother Loughlan Sofield, ST
- 12:00 pm** Lunch
- 1:00 pm** **Session 3: Various Ways for Building and Retaining Life**  
Brother Loughlan Sofield, ST
- 2:30 pm** Stretch Break
- 2:45 pm** **Session 4: Valuing of Gifts**  
Brother Loughlan Sofield, ST
- 4:00 pm** Departure

# Location

## PROGRAM LOCATION

**Research Studies Center  
David C. Hohn, MD Lecture Hall**

Roswell Park Cancer Institute  
Elm & Carlton Streets • Buffalo, NY

- Please enter through the Carlton Street door -