

An expert, team approach to the physical, emotional and spiritual symptoms associated with cancer.

Dr. Amy Case with patient

SUPPORTIVE & PALLIATIVE CARE

AT ROSWELL PARK CANCER INSTITUTE



JustOneDayWithUs.Org

WHAT IS SUPPORTIVE & PALLIATIVE CARE?

Supportive and Palliative care is a medical subspecialty that focuses on quality-of-life issues for patients and their families as they cope with their cancer and its treatment.

Sometimes confused with hospice care, supportive and palliative care is provided at any stage of a serious illness and alongside cancer treatment. Hospice care refers to the intense palliative care provided at end of life, when curative treatments have ceased.

Our **Supportive & Palliative Care** program provides essential support and symptom management to our patients who are facing difficult symptoms such as pain, nausea, poor sleep, or anxiety related to cancer and its treatment, or who may be feeling overwhelmed or don't have the support they need to get through their treatment. Our team will take the time to listen to you, assess your symptoms and provide a way forward to:

Relieve pain and other physical symptoms

Improve quality of life and ease emotional distress

Create a healthcare plan to alleviate anxiety about the unknown

Why it's important

Medical evidence shows that patients who receive palliative care live longer and enjoy better quality of life and satisfaction, reduced pain, and less depression.





Nurse Practitioner Betsy Bodie, Dr. Amy Case and Dr. Michelle Walter with patient

How we can help

If your doctor recommends a palliative care consultation, this does not mean your treatment stops or that you are dying. Palliative care is provided as an extra layer of support along with your cancer treatment. We prefer that patients seek supportive and palliative care earlier in their cancer journey rather than later, in order to receive maximum benefit.

Our team includes two physicians, a nurse practitioner, social worker, chaplain, and mental health professionals who hold advanced training in palliative care, and provide:

If you feel that you are struggling to cope with your cancer and its treatment, talk to your Roswell Park physician about a consultation with the Supportive & Palliative Care team.

Time to listen to you, explain issues, answer questions and help guide you through your cancer journey.

Treatment of physical symptoms such as pain, shortness of breath, constipation, or nausea.

Psychosocial support such as personal or family counseling to combat depression, anxiety, distress and conflict resolution.

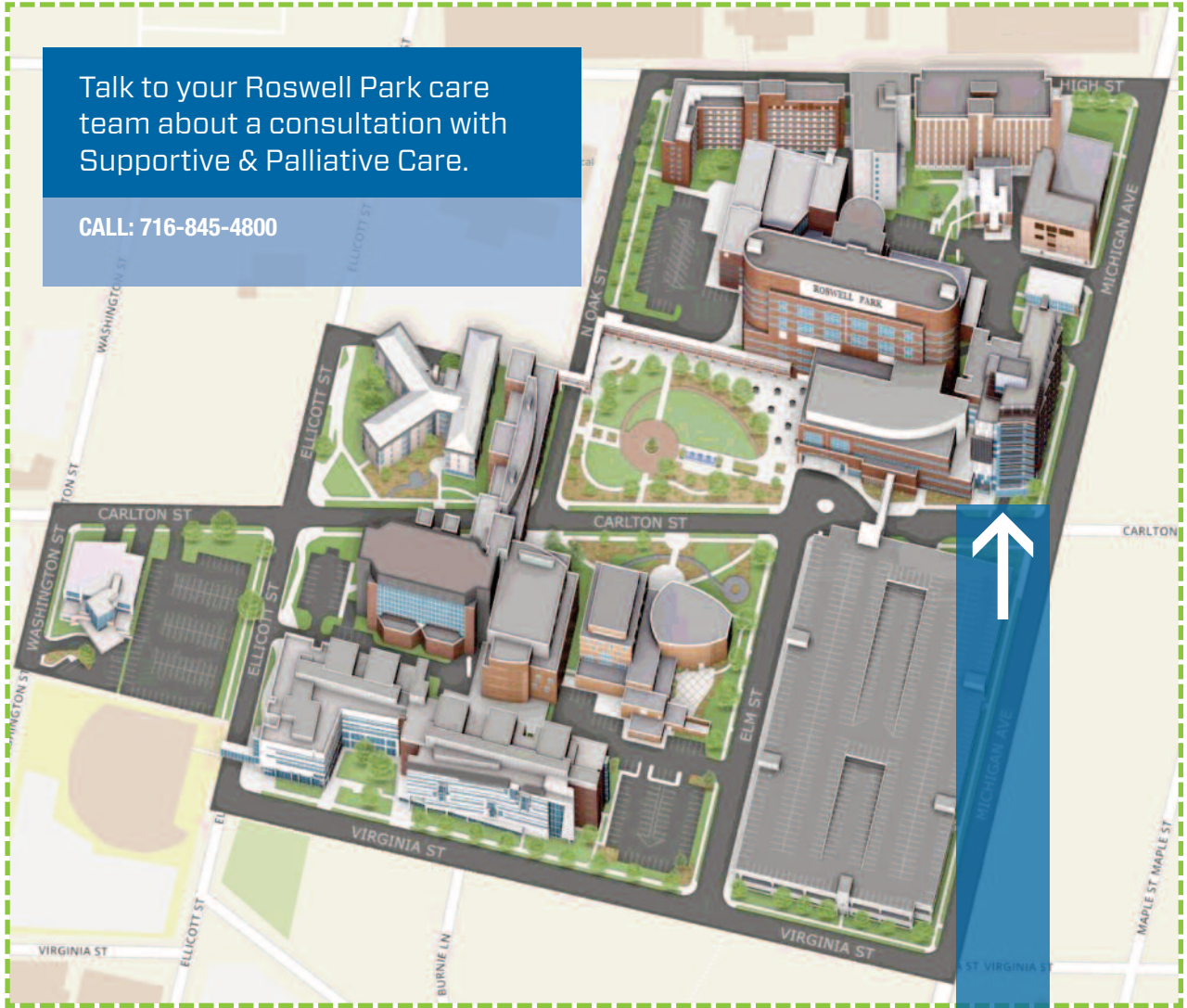
Pastoral care for spiritual support.

Healthcare planning to help you and your family develop a plan that focuses on your needs and goals.

We're located on the **3rd Floor** of the **Scott Bieler Clinical Sciences Center**, across the street from Roswell Park's parking garage.

Talk to your Roswell Park care team about a consultation with Supportive & Palliative Care.

CALL: 716-845-4800



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1-877-ASK-RPCI (1-877-275-7724)
Center Number: 716-845-4800

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