Nurture Your Hope Planning Team

Mary Lynn Ace, LCSW
Mary Lynn returned to Roswell Park Cancer Institute in 2009, where she is a Licensed Clinical Social Worker in the Psychosocial Oncology Department. A 1988 graduate of the State University of New York at Buffalo – School of Social Work, Mary Lynn interned at Roswell Park in 1987 after receiving the American Cancer Society Oncology Social Work Fellowship. She worked at Crisis Services as a Trainer/Supervisor, and for many years as a Medical Social Worker at Buffalo General Hospital. In recent years, Mary Lynn was a group facilitator at the former Gilda’s Club of WNY for the Lung Cancer Networking Group, Family and Friends Networking Group and Bereavement Group. Mary Lynn is a long-time cancer survivor and believes her experience, both personal and professional, only enhances her interactions with people living with cancer and caregivers. She is humbled and grateful to be a Social Worker at Roswell Park and is privileged to be a part of the “Nurture Your Hope” retreat.

Kelly C. Englert, RN, BSN
Kelly Englert joined the staff at Roswell Park Cancer Institute (RPCI) in March 2007 after working in acute care as a staff nurse for over 25 years. She started in the Intensive Care Unit and currently works in the PACU as a staff nurse. Mrs. Englert earned her Bachelor of Science in Nursing from D’Youville College and is currently working on her Masters in Nursing through Chamberlain University. Mrs. Englert is currently involved with the Nursing Education Department at RPCI mentoring student interns for the past three summers in the PACU. RPCI Perioperative Department recently became a Designated Education Unit (DEU) and is currently working with the University of Buffalo on the first Perioperative DEU pilot program in the United States. She started working with the students at the initiation of the program as a mentor in the PACU department. Kelly is a cancer survivor herself and is grateful to be a part of the “Nurture Your Hope” retreat.

Carolyn Robinson, RN, BSN, OCN
Carolyn is a Registered Nurse who has been with Roswell Park for more than 2 years and is currently working at our Niagara Falls satellite clinic. She received her Bachelor of Science in Nursing from SUNY at Buffalo’s College of Nursing (2012) and achieved Oncology Nurse Certification in 2014. Carolyn is a member of Oncology Nurses Society and Sigma Theta Tau International Honor Society of Nursing. She is currently enrolled in University of Phoenix’s Masters of Nursing Education program. Carolyn is a 21-year cancer survivor and former patient of RPCI. She also holds a Bachelor of Arts in Language from West Virginia University (1999) and served as an Arabic cryptologic linguist in the US Army (2002-2007).

Beth Lemogen, PhD
Beth Lemogen has served as the Director of Pastoral Care at Roswell Park since June 1999. She holds a doctorate degree from the State University of New York at Buffalo in Counseling Education and a MA in Religious Education. Her responsibilities at Roswell include Coordinating the End of Life/Bereavement Support program. This program follows patients and families from time of terminal prognosis to a year following the death of the patient. Beth also coordinates the visitation of patients and families by 1 full time chaplain, 2 part time chaplains and 60 volunteers. She coordinates patient and caregiver retreats. She is currently involved in the development of pastoral care training programs for individuals for hospital and home visitation. Beth also develops health care ministry education days, which occur two times a year for health care professionals and area clergy. Beth also is trained as Red Cross Aviation/Disaster Chaplain and an adjunct faculty member at Buffalo State College.

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September 18 & 19, 2015
Chautauqua Institution
Chautauqua, New York
Sponsored by: Roswell Park Cancer Institute Pastoral Care Department

A Retreat for Cancer Patients and Caregivers
You Are Invited

Nurture Your Hope is an ecumenical weekend of renewal, prayer, inspiration and personal reflection especially for people dealing with the challenges of cancer in their lives. The Nurture Your Hope Retreat will be held September 18 and 19, 2015, and people of all faiths are welcome. The speakers for this retreat have personal and professional experiences with cancer. The weekend will include information on the healing process and identify resources to assist those dealing with cancer. Patients and their caregivers will also have time for separate group discussions. Time will also be allotted for solitude and personal reflection, small group conversation, and holistic therapy.

Location
A retreat involves going off to a quiet place to reflect on the events in one’s life. Therefore Nurture Your Hope will be held at Chautauqua Institution. We have reserved two facilities on the grounds – The Catholic House, 20 Palestine Avenue and the United Methodist House - 14 Pratt Avenue. The Chautauqua Institution founded in 1874 is located on beautiful Chautauqua Lake, near Jamestown, New York. Presentations will be held in both facilities. Overnight accommodations are available on the property in two separate buildings, which include full kitchens and private baths. Parking is available at the Catholic House at no charge as well as there is no entrance fee.

Registration Information
A registration form is included in this brochure. Space is limited to 24 persons and is served on a first-come, first-served basis. Those placed on a waiting list will be notified if space becomes available. Cancer patients must have one companion/support person attend with them.

Please Note: preference will be given to first time registrants.

You qualify to attend the retreat if:

You have received a cancer diagnosis
You are physically able to move between the buildings.

Please Note: Roswell Park Cancer Institute is not responsible for loss of property, or personal injuries sustained while participating in the retreat at Chautauqua Institution.

The cost for the retreat is $25.00 per person. Transportation to and from the retreat is the responsibility of the participants. Vegetarian meals will be available upon request.

For information you can call the Department of Pastoral Care, 716.845.4051.

Friday, September 18, 2015

4:30 pm Arrival and Registration
5:45 pm Dinner and Introductions
7:00 pm Nurture Your Hope
Remake Your MD
Medical Oncologist, Chief of the Section of GI Medical Oncology
Roswell Park Cancer Institute
Our Hopes for the Future
The Team
Evening Meditation
Kathleen Skumanich PhD
Director of Clinical Training
Graduate Counseling and Psychology Department, Medaille College
Res. Melody Katherford M.Div. Chaplain
9:00 pm Informal Gathering/Social

Saturday, September 19, 2015

7:30 am Breakfast
8:15 am Reflection on Hope
8:30 am Painting For Hope
Jeanette Poloncarz
John Creative Zone
10:30 am Stretch Break
11:00 am The Journey
Patient/Survivor
Kathleen Skumanich, PhD
Kelly Linford-AAS RN BSN

The Journey
Family/ Caregiver
Mary Anne Koon LAH

Noon
Break
12:30 pm Lunch
Charm Brown/Take a Walk
1:45 pm Yoga
Shane Procakal
Power Yoga Buffalo
Healing Touch
Rae Hims, PhD
Certified Healing Touch Practitioner (CHTP)
Movement as Medicine
Fighting Fatigue Building Strength and Endurance
Joe Fox
TrainSMART Personal Fitness
Massage Therapy
Christine Smith AMT
Transform Massage Studio
3:30 pm Stretch Break
3:45 pm Remember to Nurture Your Hope
Remake Your MD
4:30 pm Closing Reflections and Prayer

Retreat Registration

Registration due by August 28, 2015
Nurture Your Hope – Retreat for Cancer Patients and Caregivers
September 18 & 19, 2015

Patient Name:__________________________

Address:___________________________________________
City:__________________________ State:___________  Zip:_______________

Phone (including area code): (____________) _______________________________________

Patient Signature:________________________

Mail registration and payment by August 28, 2015 to:

Roswell Park Cancer Institute
Pastoral Care Department
501 E. Elm and Carlton Streets
Buffalo, NY 14263

$50 enclosed ($25 per person, includes meals, snacks and retreat resources)

Registration Form

Please indicate for you and your caregiver the first and second choice for the Saturday afternoon session.

Please Note: your choices can change that day.

Session Choices
Patient:  ❑ Yoga  ❑ Healing Touch  ❑ Massage  ❑ Strength
Caregiver: ❑ Yoga  ❑ Healing Touch  ❑ Massage  ❑ Strength

❑ I am interested in Story Corps. Please contact me.

Retreat Registration
❑ $50 enclosed ($25 per person, includes meals, snacks and retreat resources)
❑  ❑ I request a vegetarian diet
❑ My guest requires a vegetarian diet

Please make check payable to RPCI Pastoral Care.

Mail registration and payment by August 28, 2015 to:

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A letter of confirmation, a map with directions, and the release form will be mailed to you after your registration is received.

BETH LENEGAN, PHD
ROSWELL PARK CANCER INSTITUTE
PASTORAL CARE DEPARTMENT
EML AND CARLTON STREETS
BUFFALO, NY 14263