

Nurture Your Hope Planning Team



Mary Lynn Acee, LCSW

Mary Lynn returned to Roswell Park Cancer Institute in 2009, where she is a Licensed Clinical Social Worker in the Psychosocial Oncology Department. A 1988 graduate of the State University of New York at Buffalo – School of Social Work. Mary Lynn interned at Roswell Park in 1987 after receiving the American Cancer Society Oncology Social Work Fellowship. She worked at Crisis Services as a Trainer/Supervisor and for many years as a Medical Social Worker at Buffalo General Hospital. In recent years, Mary Lynn was a group facilitator at the former Gilda's Club of WNY for the Lung Cancer Networking Group, Family and Friends Networking Group and Bereavement Group. Mary Lynn is a long time cancer survivor and believes her experience, both personal and professional, only enhances her interactions with people living with cancer and caregivers. She is humbled and grateful to be a Social Worker at Roswell Park and is privileged to be a part of the "Nurture Your Hope" retreat.



Kelly C. Englert, RN, BSN

Kelly Englert joined the staff at Roswell Park Cancer Institute (RPCI) in March 2007 after working in acute care as a staff nurse for over 25 years. She started in the Intensive Care Unit and currently works in the PACU as a staff nurse. Mrs. Englert earned her Bachelor of Science in Nursing from D'Youville College and is currently working on her Masters in Nursing through Chamberlain College of Nursing. Mrs. Englert is currently involved with the Nursing Education Department at RPCI mentoring student interns for the past three summers in the PACU. RPCI Perioperative Department recently became a Designated Education Unit (DEU) and is currently working with the University of Buffalo on the first Perioperative DEU pilot program in the United States. She started working with the students at the initiation of the program as a mentor in the PACU department. Kelly is a cancer survivor herself and is grateful to be a part of the "Nurture Your Hope" retreat.



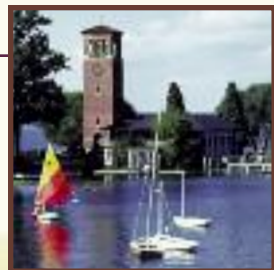
Renuka Iyer, MD

Renuka Iyer, MD is a medical oncologist and is the Chief of the Section of GI Medical Oncology. She received her medical training at Grant Medical College in Mumbai, India, completed Internal Medicine training at Lincoln Medical and Mental Health Center in the Bronx, NY, and her Medical Oncology fellowship at Roswell Park Cancer Institute. She did postdoctoral research at Fox Chase Cancer Center for a year and has been a faculty member here for 11 years. She specializes in treating rare and complex cancers like liver, bile duct and neuroendocrine cancer and is a member of the GI Cancer care team at Roswell. She also develops new clinical trials and does laboratory research. Her career goal is to find ways to prevent, better understand and treat liver cancer. Her personal goal is to be a better doctor, by understanding her patients' needs and using her compassion and skill to meet those needs. When she isn't at Roswell or traveling for work, she is a mother to a 11 year old son and 7 year old dog and tries to paint, cook, plant flowers and spend time with family and friends. She is honored to be a guest and speaker at the event.



Beth Lenegan, PhD

Beth Lenegan has served as the Director of Pastoral Care at Roswell Park since June 1999. She holds a doctorate degree from the State University of New York at Buffalo in Counseling Education and a MA in Religious Education. Her responsibilities at Roswell include Coordinating the End of Life /Bereavement Support program. This program follows patients and



families from time of terminal prognosis to a year following the death of the patient. Beth also coordinates the visitation of patients and families by 1 full time chaplain, 2 part time chaplains and 60 volunteers. She coordinates patient and caregiver retreats. She is currently involved in the development of pastoral care training programs for individuals for hospital and home visitation. Beth coordinates health care ministry education days, which occur two times a year for health care professionals and area clergy. Beth also is trained as Red Cross Aviation/ Disaster Chaplain and an adjunct faculty member at Buffalo State College.



Carolyn Robinson, RN, BSN, OCN

Carolyn is a Registered Nurse who has been with Roswell Park for more than 2 years and is currently working at our Niagara Falls satellite clinic. She received her Bachelor of Science in Nursing from SUNY at Buffalo's College of Nursing (2012) and achieved Oncology Nurse Certification in 2014. She is a member of Oncology Nurse Society and Sigma Theta Tau International Honor Society of Nursing. She is currently enrolled in University of Phoenix's Masters of Nursing Education program. Carolyn is a 21-year cancer survivor and former patient of RPCI. She also holds a Bachelor of Arts in Language from West Virginia University (1999) and served as an Arabic cryptologic linguist in the US Army (2002-2007).



Rev. Melody Rutherford M.Div.

Rev. Melody I. Rutherford, M.Div., serves as a fulltime Chaplain at Roswell Park Cancer Institute and an Associate Minister at a local congregation. Rev. Melody holds a Bachelor's Degree from SUNY's Empire State College, a Masters of Divinity Degree from Northeastern Seminary and a Palliative Care Chaplaincy Specialty Certificate. With 27 previous years of healthcare experience she has worked in areas such as Chaplaincy Services, Clinical Pastoral Education and Mission Services. Having a heart of ministry for those who are facing disease, depression and despair, her desire is to walk with them on their journey while offering a peaceful, caring and uplifting presence. A wife of 26 years, a mother of one son and two daughters and a proud grandmother of three very active boys, this Chaplain certainly has a full ministry ahead of her.



Elm & Carlton Streets • Buffalo, New York 14263
www.roswellpark.org
1-877-ASK-RPCI (1-877-275-7724)

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Nurture Your Hope

A Retreat for Cancer Patients and Caregivers



September 18 & 19, 2015

Chautauqua Institution
Chautauqua, New York

Sponsored by:
Roswell Park Cancer Institute
Pastoral Care Department



You Are Invited

Nurture Your Hope is an ecumenical weekend of renewal, prayer, inspiration and personal reflection especially for people dealing with the challenges of cancer in their lives. The ***Nurture Your Hope Retreat*** will be held September 18 and 19, 2015, and people of all faiths are welcome.

The speakers for this retreat have personal and professional experiences with cancer. The weekend will include information on the healing process and identify resources to assist those dealing with cancer. Patients and their caregivers will also have time for separate group discussions. Time will also be allotted for solitude and personal reflection, small group conversation, and holistic therapy.

Location

A retreat involves going off to a quiet place to reflect on the events in one’s life. Therefore ***Nurture Your Hope*** will be held at Chautauqua Institution. We have reserved two facilities on the grounds – The Catholic House, 20 Palestine Avenue and the United Methodist House - 14 Pratt Avenue. The Chautauqua Institution founded in 1874 is located on beautiful Chautauqua Lake, near Jamestown, New York. Presentations will be held in both facilities. Overnight accommodations are available on the property in two separate buildings, which include full kitchens and private baths. Parking is available at the Catholic House at no charge as well as there is no entrance fee.

Registration Information

A registration form is included in this brochure. Space is limited to 24 persons and is served on a first-come, first-served basis. Those placed on a waiting list will be notified if space becomes available. Cancer patients **must** have one companion/support person attend with them.

Please Note: preference will be given to first time registrants.

You qualify to attend the retreat if:

- You have received a cancer diagnosis
- You are physically able to move between the buildings.

Please Note: Roswell Park Cancer Institute is not responsible for loss of property, or personal injuries sustained while participating in the retreat at Chautauqua Institution.

The cost for the retreat is \$25.00 per person. Transportation to and from the retreat is the responsibility of the participants. Vegetarian meals will be available upon request.

For information you can call the Department of Pastoral Care, 716 845-8051.



Retreat Schedule

Friday, September 18, 2015

4:30 pm
Arrival and Registration

5:45 pm
Dinner and Introductions

7:00 pm
Nurture Your Hope
Renuka Iyer, MD
Medical Oncologist, Chief of the Section
of GI Medical Oncology
Roswell Park Cancer Institute

Our Hopes for the Future
The Team

Evening Meditation
Kathleen Shanahan PhD
Director of Clinical Training
Graduate Counseling and
Psychology Department, Medaille College

Rev. Melody Rutherford M.Div. Chaplain

9:00 pm
Informal Gathering/Social

Saturday, September 19, 2015

7:30 am
Breakfast

8:15 am
Reflection on Hope

8:30 am
Painting For Hope
Jeannette Pikturna
Jetts Creative Zone

10:30 am
Stretch Break

11:00 am
**The Journey
Patient /Survivor**
Kathleen Shanahan, PhD
Kelly Englert AAS RN BSN

**The Journey
Family/Caregiver**
Mary Lynn Acee LMSW
Rev. Melody Rutherford M.Div.

Noon
Break

12:30 pm
Lunch
Clean Rooms/Take a Walk

1:45 pm
Yoga
Steve Procknal
Power Yoga Buffalo

Healing Touch
Sue Hess, PhD
Certified Healing Touch Practitioner
(CHTP)

**Movement as Medicine
Fighting Fatigue Building Strength
and Endurance**
Joe Fox
TrainSMART Personal Fitness

Massage Relaxation
Christine Spuller LMT
Transform Massage Studio

3:30 pm
Stretch Break

3:45 pm
Remember to Nurture Your Hope
Renuka Iyer, MD

4:30 pm
Closing Reflections and Prayer
The Team

5:15 pm
Dinner



***Prior to the start of the retreat and throughout the day on Saturday, Mary Ann Bartels, Chaplain, Roswell Park Cancer Institute will invite people to participate in a Life Recorded interview. See enclosed information.*

Registration Form

Registration due by August 28, 2015
***Nurture Your Hope – Retreat for Cancer Patients and Caregivers
September 18 & 19, 2015***

Patient Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (including area code): (_____) _____

Mandatory companion/support person

Guest: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (including area code): (_____) _____

☐ I understand that Roswell Park Cancer Institute is not responsible for loss of property or personal injuries sustained while participating in the retreat at Chautauqua Institution. I acknowledge that activities such as yoga, massage therapy, walking, etc may involve certain risks of injury and I am voluntarily participating in such activities at the retreat and assume all risks associated with my participation.

Patient Signature: _____

*Please indicate for you and your caregiver the first and second choice for the Saturday afternoon sessions.
Please Note: your choices can change that day.*

Session Choices

Patient: ☐ Yoga ☐ Healing Touch ☐ Massage ☐ Strength

Caregiver: ☐ Yoga ☐ Healing Touch ☐ Massage ☐ Strength

☐ I am interested in Story Corps. Please contact me.

Retreat Registration

☐ \$50 enclosed (\$25 per person, includes meals, snacks and retreat resources)

☐ I require a vegetarian diet ☐ My guest requires a vegetarian diet

Please make check payable to RPCI Pastoral Care.
Mail registration and payment by August 28, 2015 to:

BETH LENEGAN, PHD
ROSWELL PARK CANCER INSTITUTE
PASTORAL CARE DEPARTMENT
ELM AND CARLTON STREETS
BUFFALO, NY 14263

A letter of confirmation, a map with directions, and the release form will be mailed to you after your registration is received.