

# LIFE RECORDED

A Project Inspired by StoryCorps Legacy

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**The Department of Pastoral Care** 

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The world is shaped by two things... stories told and the memories they leave behind.

- Vera Nazarian



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Roswell Park Cancer Institute

Pastoral Care Department
716-845-8051





Life Recorded is a program that offers individuals of all ages an opportunity to remember, reminisce, record and preserve the stories of their lives. Participants will have the choic e to either have their story audio taped or videotaped.



Life Recorded gives the opportunity to bring loved ones together to ask meaningful questions and to share memories and life experiences.

Your story tells your loved ones where you've come from, who you are, where you are going, and highlights your dreams, your hopes and your desires.

The Life Recorded staff will professionally facilitate your story telling opportunity. A typical story takes less than one hour to record or be videotaped. It has been our experience that the time spent telling your story generally goes faster than you might think.

Get the most out of your story telling experience! Here are some tips:

- Think about what you want to talk about before the recording session.
- Ask general, open-ended questions "Tell me about..." or "How did you feel?"
- Be yourself. Be curious. Keep an open heart.
- Continue the story telling after the recording.

# Why

Everyone has a story to share and Roswell Park Cancer Institute's Life Recorded program offers the opportunity to remember, celebrate and record the lives of love ones for generations to come.

# Who

This opportunity is for anyone and everyone: patients, families, volunteers and staff of Roswell Park Cancer Institute. We encourage individuals of all ages to share their stories; you are never too young or too old to tell your story.

## Where and When

Recordings are offered in a variety of settings – RPCI chapel, a patient's room, staff workplace, in community settings, or anywhere else at a mutually agreed upon time.

## What

A month after your Life Recorded Interview you will receive an electronic delivery of the recording and upon request a CD or thumb drive of your video recording can also be sent to you.

## How

It is easy! To learn more, visit roswellpark.org and search for "Life Recorded" or call RPCI's Pastoral Care Department at 716-845-8051.



# **Great Story Telling Questions**

These questions are merely suggestions for getting your story going. We encourage you to use the ones you like or come up with your own.

### What are your roots?

- When and where were you born?
- Who were your parents?
- Did you have a nickname?
- Who were your best friends?
- How would you describe a perfect day when you were young?
- Did you have any favorite relatives?
- Do you have any favorite stories from school?
- What are the classic family stories?
   Jokes? Songs?

## Who are you in a relationship with?

- When did you first fall in love?
- Can you describe the moment when you saw your child for the first time?
- Do you have any favorite stories you like to tell about your kids?
- Who do you feel closest to?
- Who are your friends today?

#### What strengths and gifts do you have?

- Tell me about how you got into your line of work?
- What lessons has your life taught you?
- Do you believe in God?
- What have you learned from life?
- What are you most proud of?

#### What are your struggles in life?

- Were you in the military?
- How did war change you?
- What is your cancer journey?

Is there anything that you've never told me but want to tell me now?