# Introduction to Clinical Hematopoietic Cell Transplantation (HCT)

George Chen, MD Friday, May 12, 17

### **Goals for Today**

- What is HCT?
- How is HCT done and how is it tailored to fit the patient's disease and circumstances?
- What are some of the clinical problems in HCT?

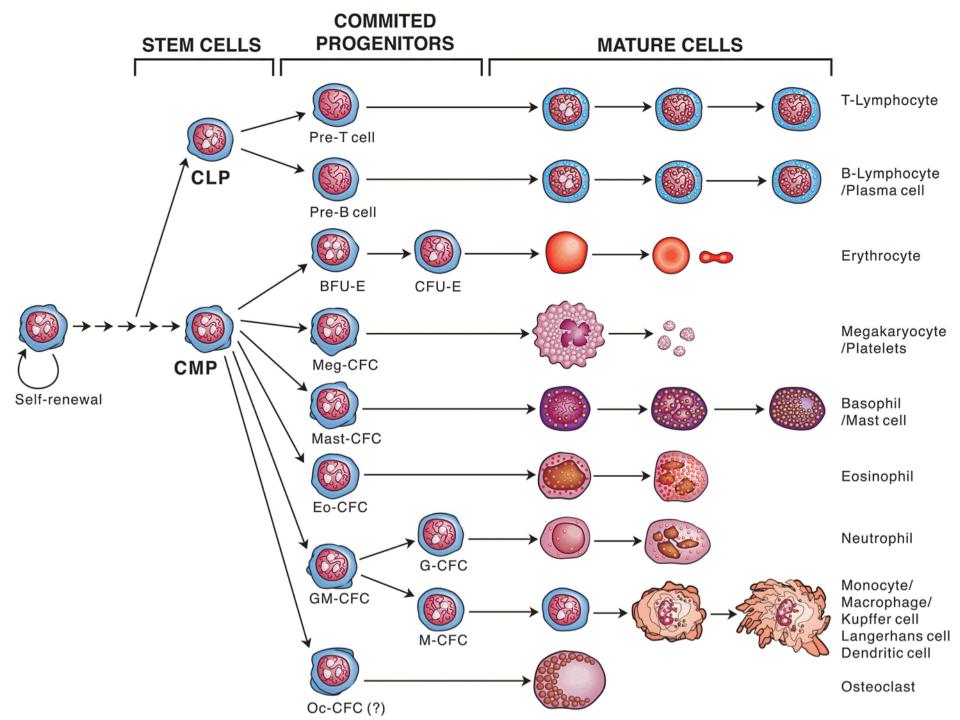
### Important Concepts

- Autologous vs allogeneic HCT
- Myeloablative vs reduced intensity conditioning regimens
- Autologous, syngeneic, matched related, matched unrelated, mismatched and haploidentical donors
- Acute vs. chronic graft versus host disease
- Donor chimerism

#### What is HCT?

The transfer of hematopoietic progenitor and stem cells for therapeutic purposes

- Bone marrow transplant
- Hematopoietic stem cell transplant
- Hematopoietic progenitor cell transplant
- Peripheral blood stem cell transplant

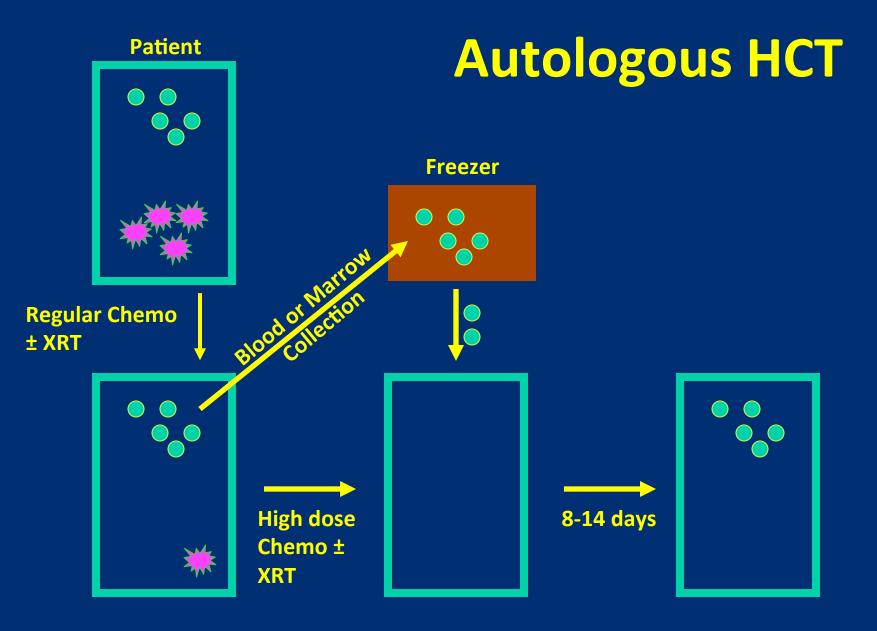


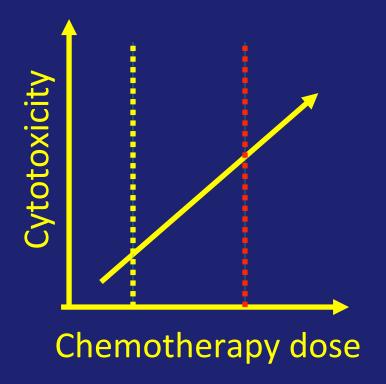
### **Important Concepts**

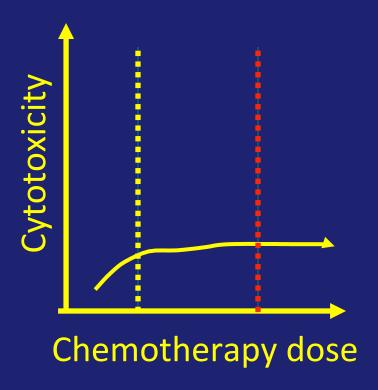
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### **Basic Definitions**

- Autologous HCT A transplant using a patient's own cells for the graft.
- Allogeneic HCT A transplant using another person's cells for the graft.







### Indications for autoHCT

- Diseases in which cytoreduction (by chemotherapy) is effective and dose dependent
  - -Germ cell tumors (testicular)
  - -Large cell lymphoma
  - -Mantle cell lymphoma (usually)
  - -Myeloma
- Replacement of hematopoiesis (rescue therapy)

### **Patient Donor** Allogeneic **HCT Regular Chemo ± XRT High dose** 14-21 Time Chemo ± days **XRT**

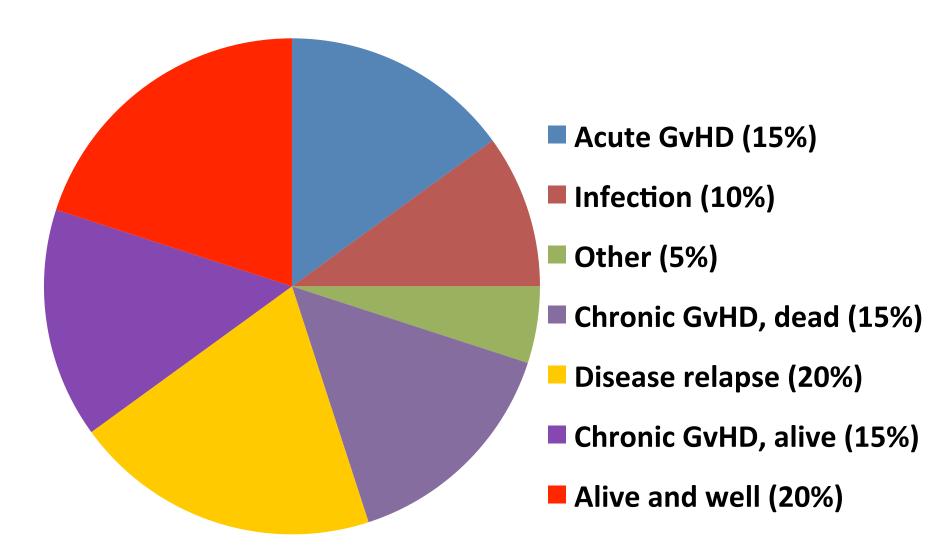
### Indications for alloHCT • Replacement of hematopoiesis

- -Aplastic anemia
- Immune mediated effect against the underlying malignancy
- Prevention of relapse
  - -Acute and chronic leukemia
  - -Myelodysplastic syndrome
  - -Indolent lymphomas

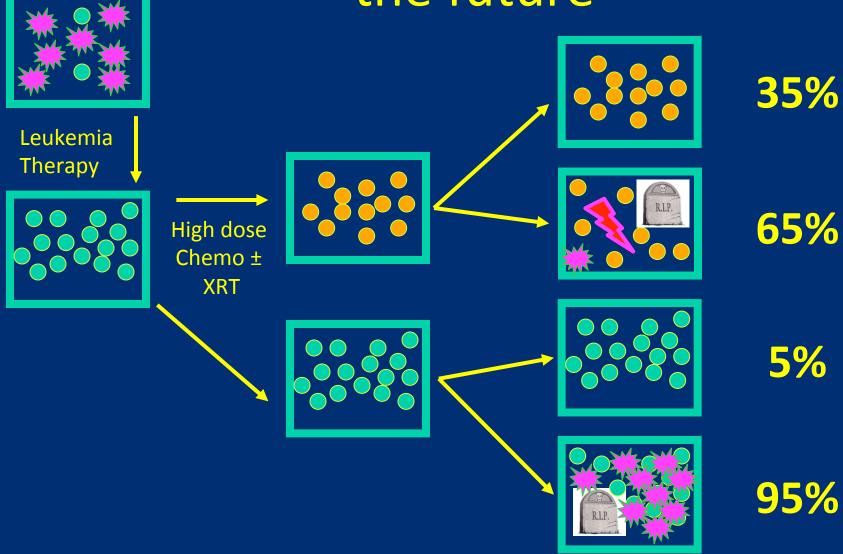
### Something to think about

- What tumor characteristics are amenable to autologous versus allogeneic transplantation?
- For later: What tumor characteristics lend themselves to myeloablative versus reduced intensity conditioning?

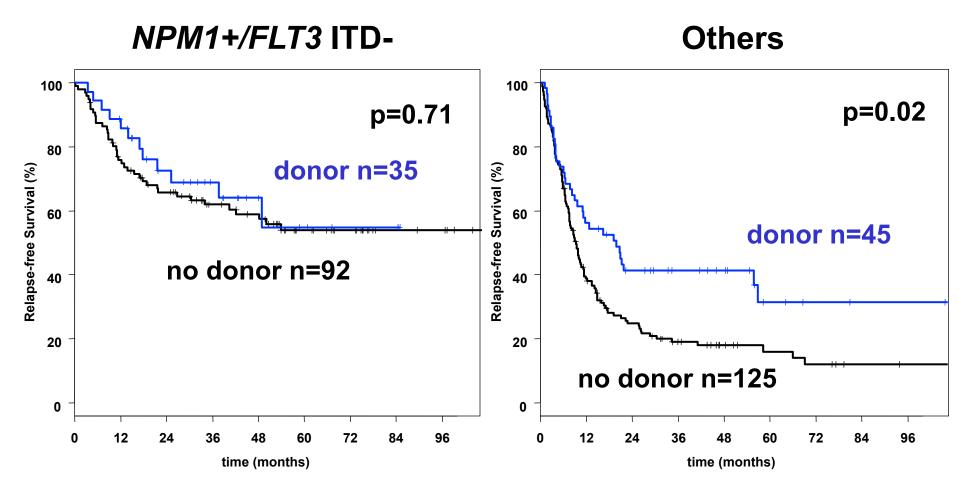
### **Allogeneic BMT Survival Outcomes (AML)**



### A transplant is a bet against the future

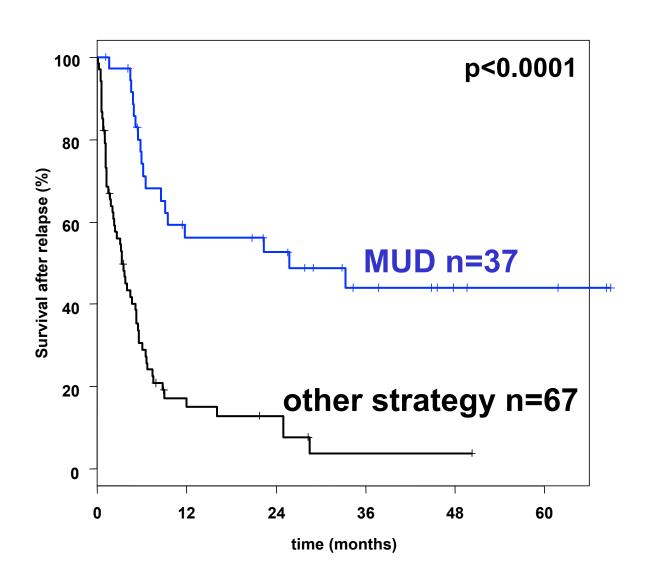


### **Genetic Subgroup Analysis: RFS**



Courtesy of Schlenk R et al, NEJM 2008

### MUD Transplantation in Relapsed Patients with Unfavorable Genotype



### Prognostic categories for AML

- Good
  - t(8:21), t(9:22), inv16, t(15:17)
  - NPM1
  - CEPB
- Medium
  - Normal karyotype
- Poor
  - Multiple karyotypic abnormalities
  - Flt3 ITD or TDK
- Clinical factors indicating a poor prognosis
  - Induction failure
  - Prior hematologic disorder

### **Important Concepts**

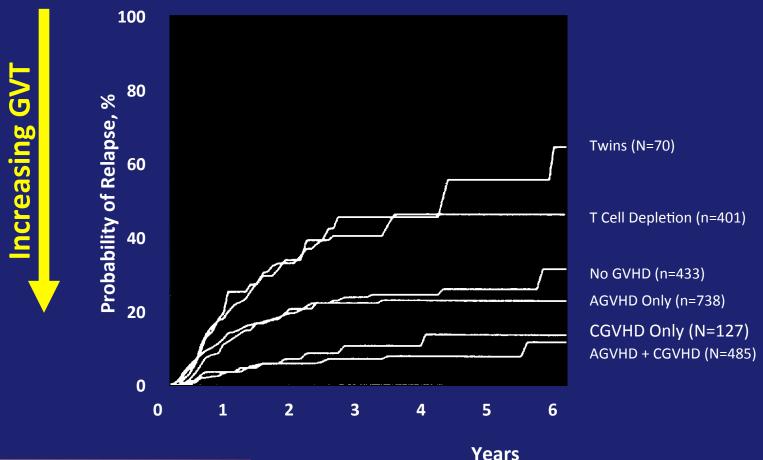
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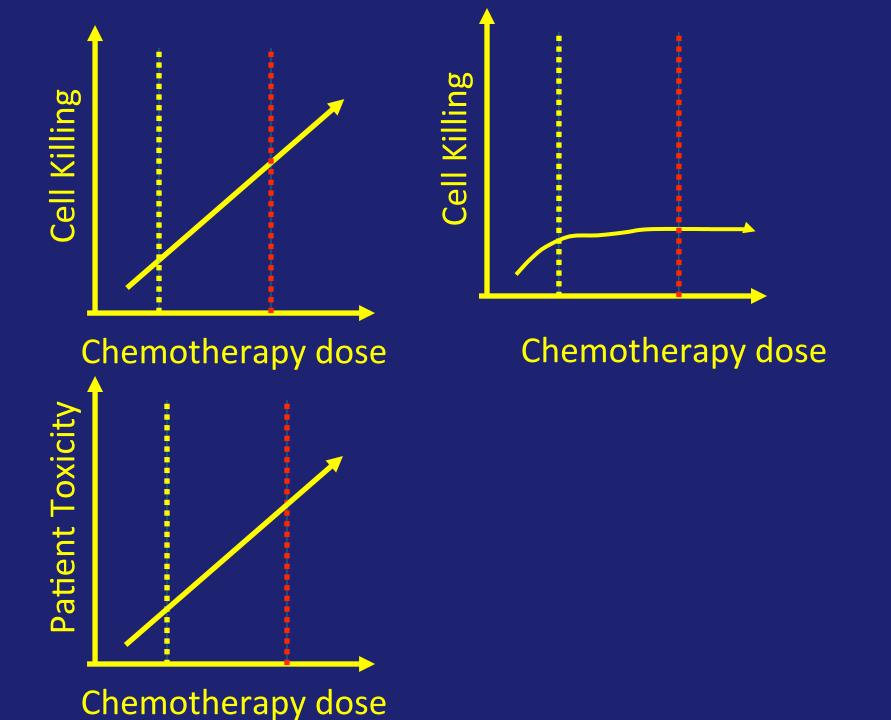
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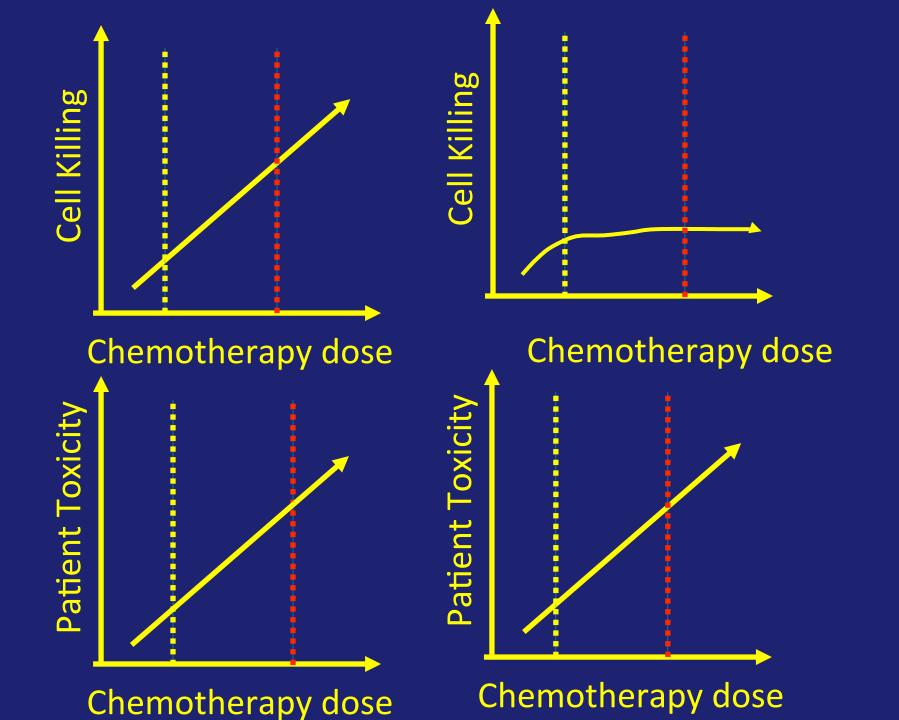
### Immunologic Effects of Allogeneic Grafts

- Graft-versus-Tumor Effects Reaction of the donor immune system against the recipient's malignancy
- Graft-versus-Host Effects Reaction of the donor immune system against the recipient's body tissues.
- Different sides of the same coin.

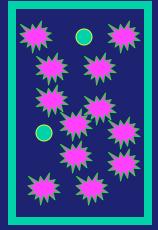
## Probability of Relapse After 2,254 HLA-identical Sibling Transplants for Early Leukemia





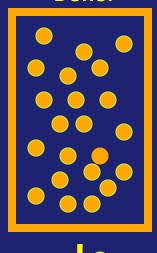


#### **Patient**

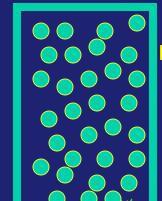


Regular Therapy

#### **Donor**

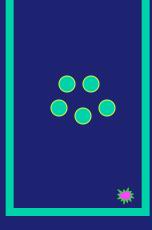


### Reduced Intensity AlloBMT

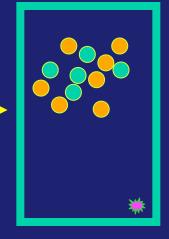


Immunosup pression

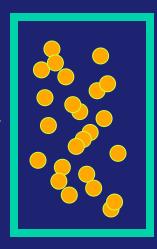
± Chemo ± XRT



14-21 days

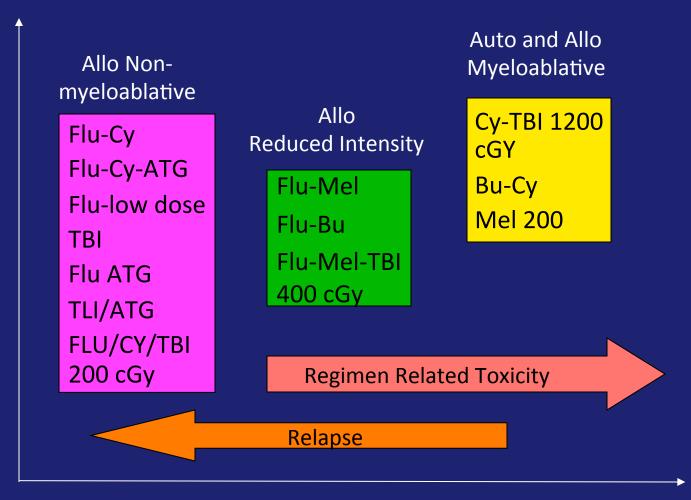


Time



### **Patient Donor** Allogeneic **BMT Regular Chemo ± XRT High dose** 14-21 Time Chemo ± days **XRT**

### **Transplant regimens**

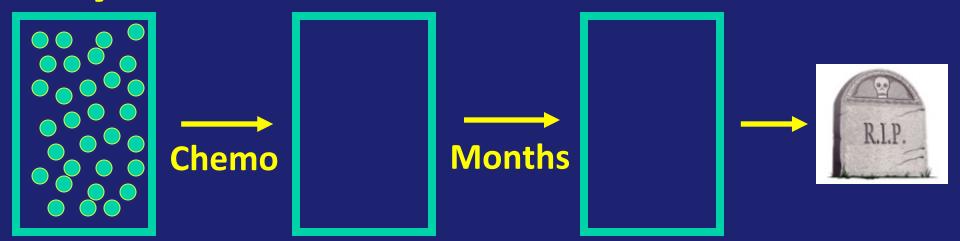


Later Graft-versus Disease Effect

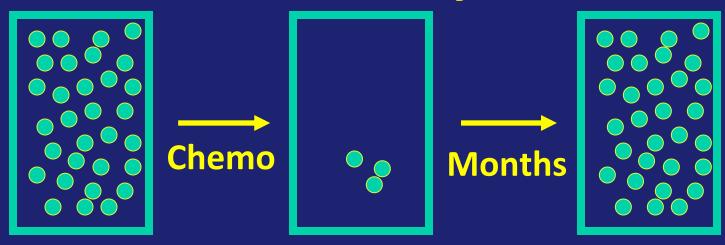
Earlier Anti-Disease Effect

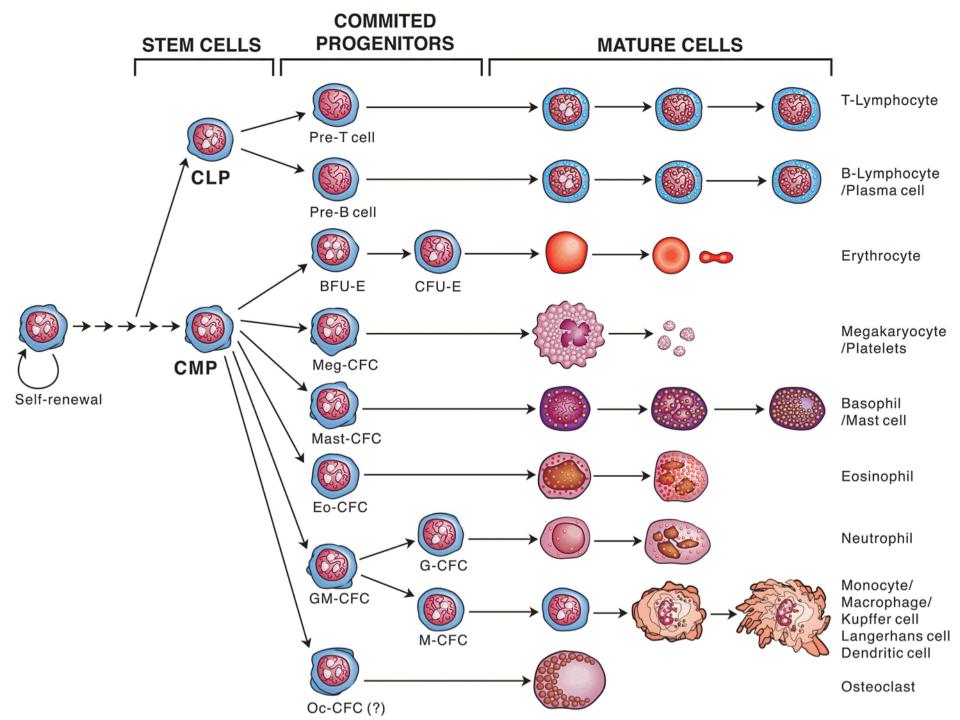
Myelosuppression

### Myeloablation

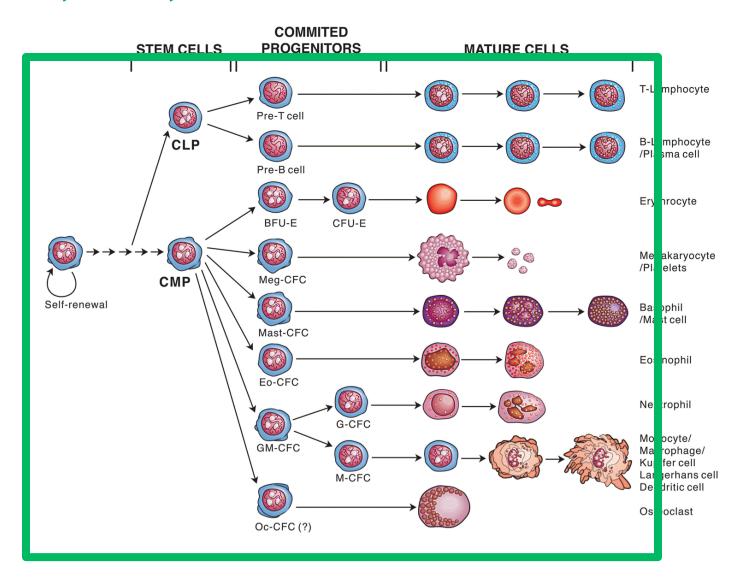


### **Reduced intensity**



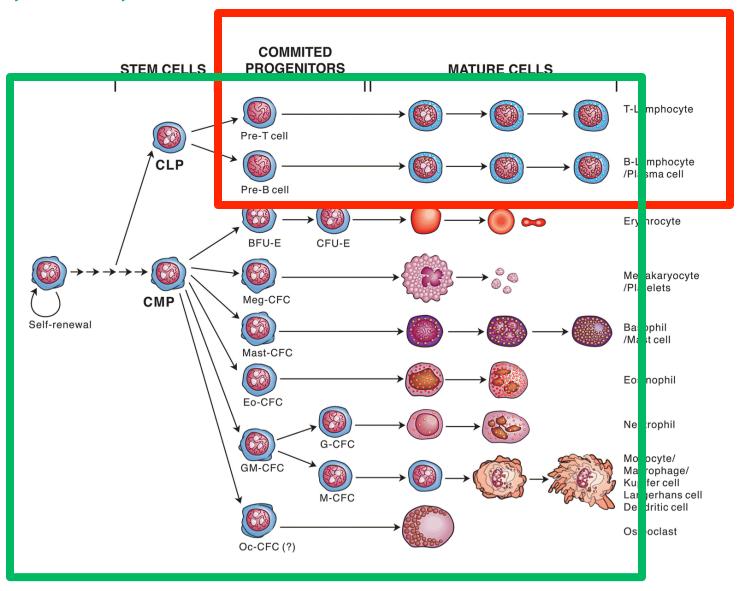


### Bu, Mel, full dose TBI



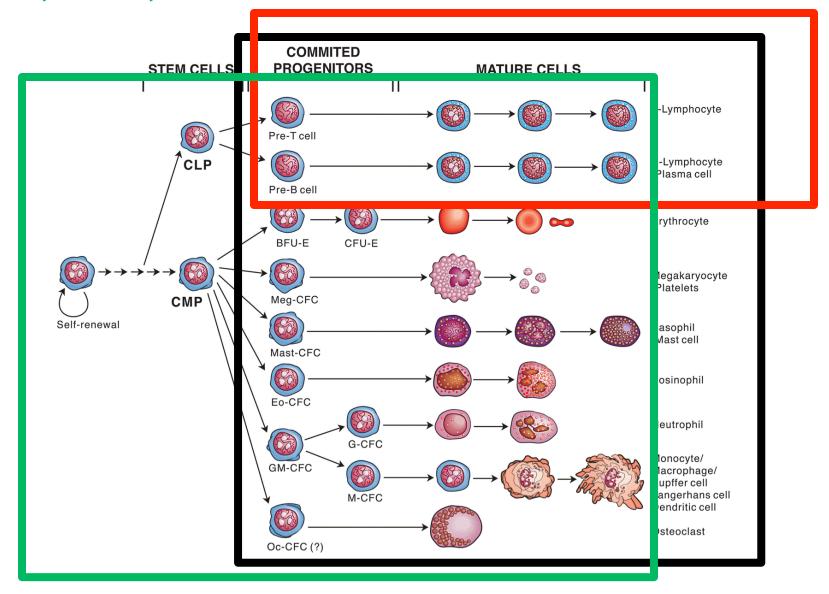
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#### **Fludarabine**

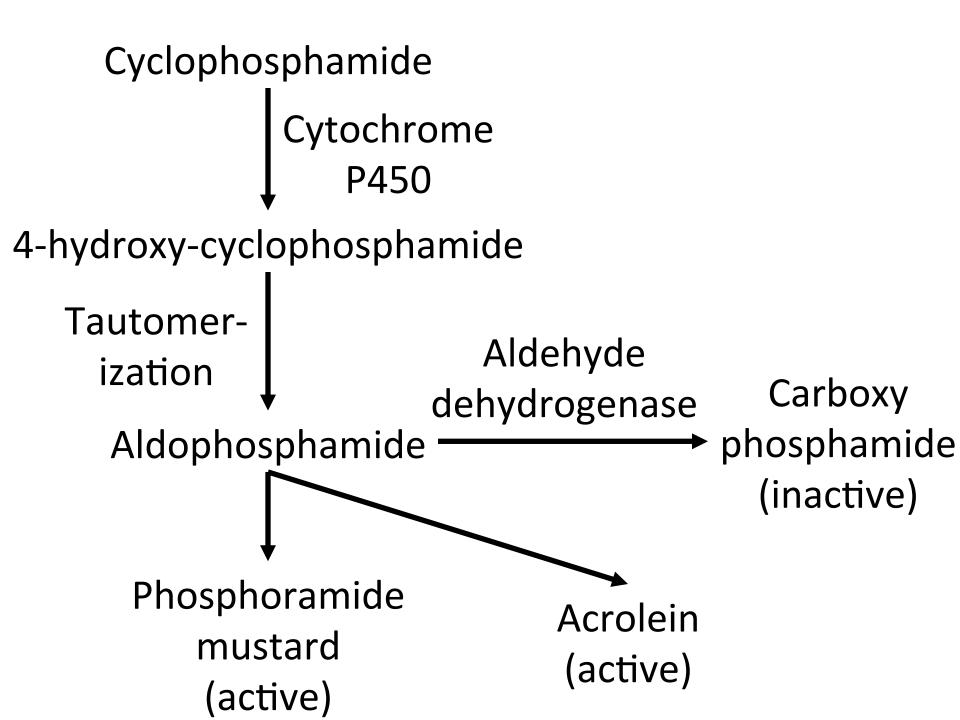


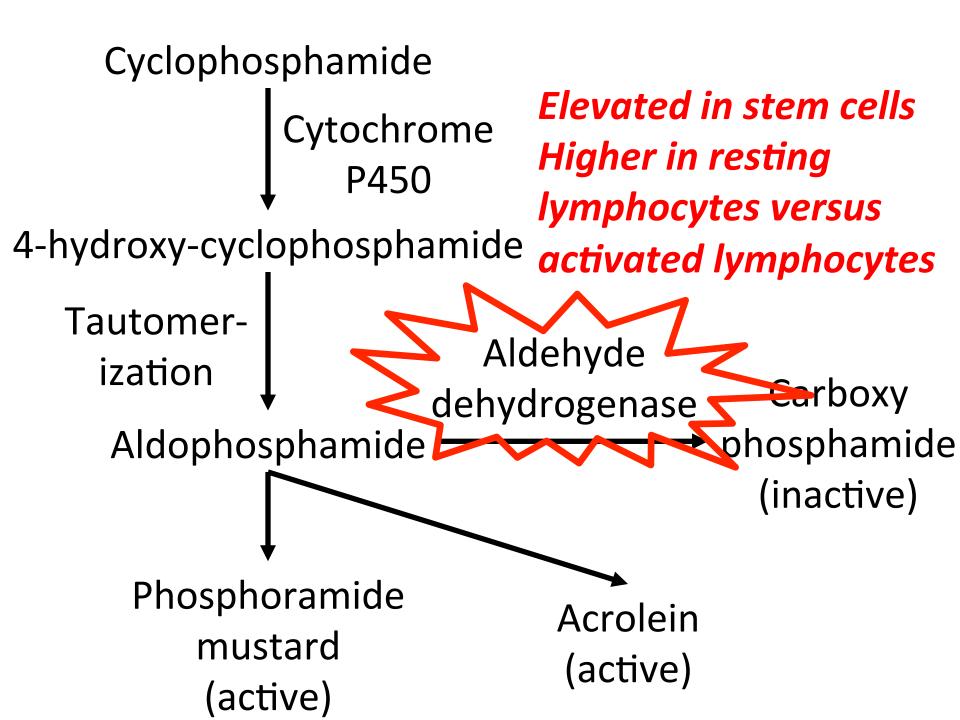
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### **Fludarabine**



Cyclophosphamide

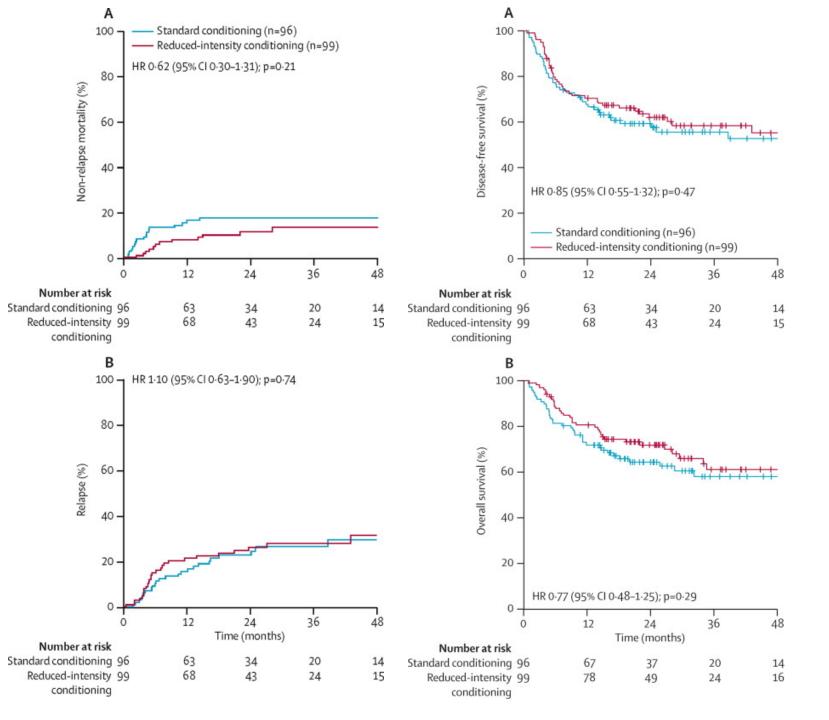


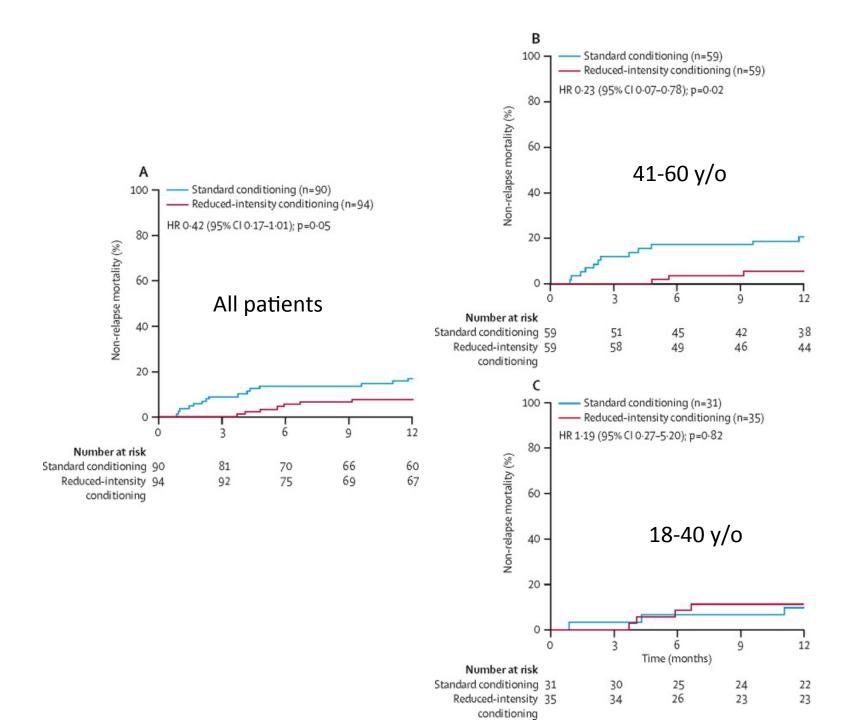


1st CR

**MRD** 

9/10 MUD





# Something to think about

 What tumor characteristics are amenable to myeloablative versus reduced intensity conditioning allogeneic transplantation?

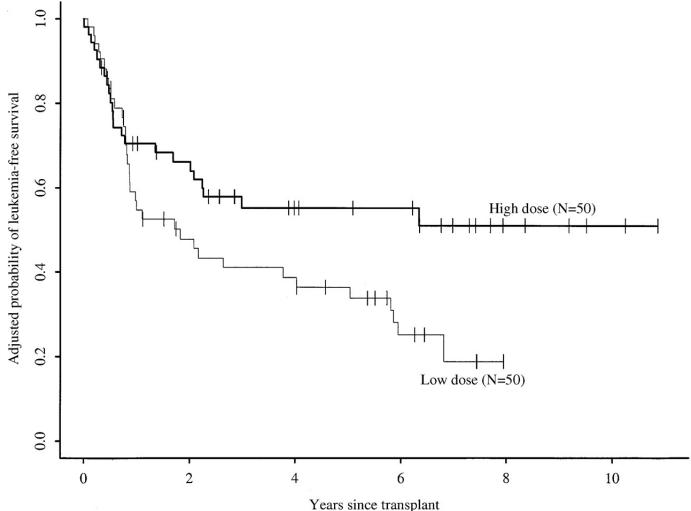
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# Donor source reflects purpose

	Rescue hematopoiesis	Immune therapy		
Autologous	XXX	?		
Allogeneic	XXX	XXX		

Adjusted probabilities of leukemia-free survival rates after identical twin bone marrow transplantations with high (more than 3 × 108 cells/kg) versus low (less than or equal to 3 × 108 cells/kg) cell doses.



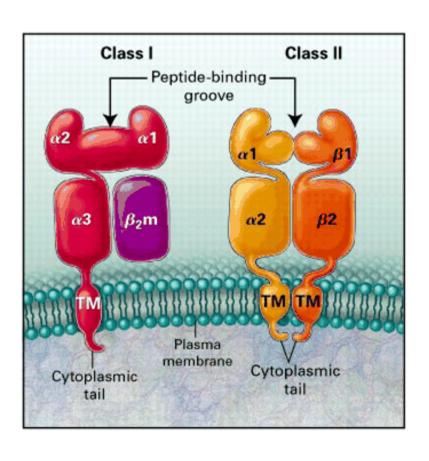




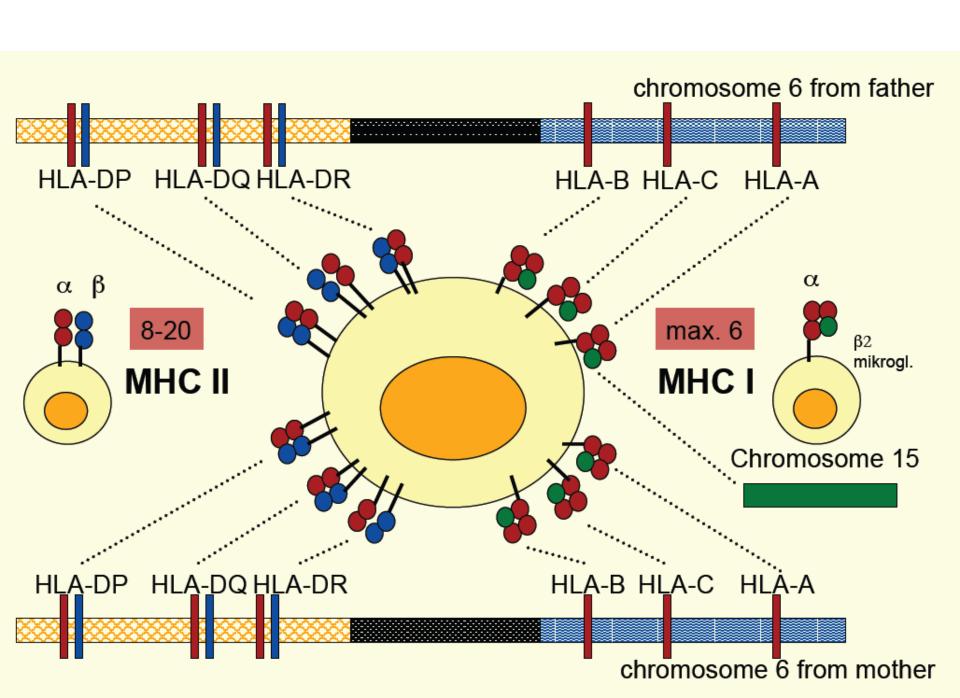
# Human Leukocyte Antigen (HLA)

- Proteins which present antigenic peptides to T cells
- On surface of most body cells
- The most important proteins in transplant
- Responsible for graft rejection and GvHD

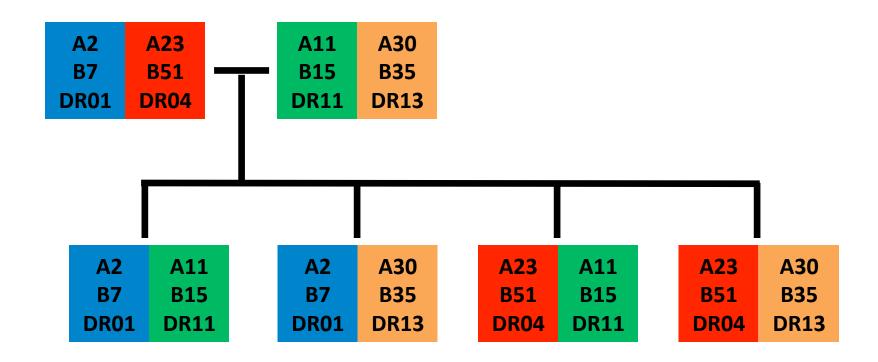
#### HLA



- Class I − A, B, C
- Class II DR, DQ, DP



#### **HLA Inheritance**



Chance of a matched sibling = 1 - 0.75 # of siblings

#### HLA

HLA	DRB1	A	В	C	DQB1
Alleles	400	370	660	190	62

- $(>1 * 10^{12} \text{ haplotypes})^2 = > 1 * 10^{24}$  combinations
- Frequencies are not equal distributed
- Not all alleles have been identified

# **HLA Expression Level**

- High expression level (HEL) antigens –
   DRB1, A, B, C
- Low expression level (LEL) antigens –
   DQ, DP, DRB3-5

#### Relative Mismatch Between Donor Sources

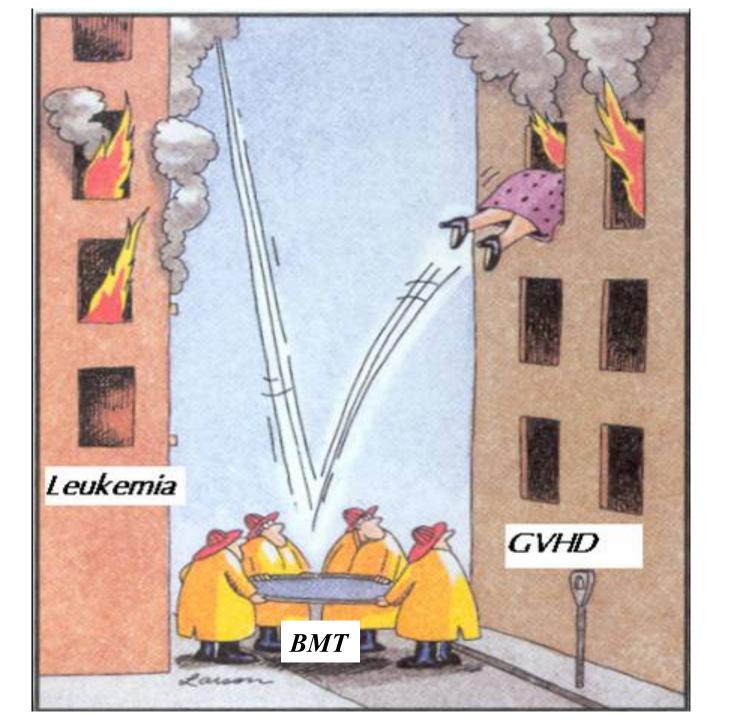
		Parent 1					Parent 2					
Donor	DR B1	В	Α	С	DQ	DP	DR B1	В	A	С	DQ	DP
Related	=	=	=				=	=	=			
Unrelated	=	=	=	=	=	=	=	=	=	=	=	=
LEL-MM	=	=	=	=	<b>≠</b>	=	=	=	=	=	<b>≠</b>	<b>≠</b>
HEL-MM	<b>≠</b>	=	=	=	=	=	=	=	=	=	=	=
Haplo	=	=	=				<b>≠</b>	<b>≠</b>	<b>≠</b>			

#### **Donor Selection**

- Human leukocyte antigen (HLA) matching
- Relatedness
- Cytomegalovirus status
- Age
- Gender (parity)
- Not blood ABO type (so far)

## **Important Concepts**

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# Billingham Criteria (1966)

- The graft must contain immunologically competent cells
- The host must possess important transplantation alloantigens that are lacking in the donor graft, so that the host appears foreign to the graft, and is, therefore, capable of stimulating it antigenically
- The host itself must be incapable of mounting an effective immunological reaction against the graft, at least for sufficient time for the latter to manifest its immunological capabilities; that is, it (the graft) must have the security of tenure

#### **Acute GvHD**

- Reaction of donor's immune system against the recipient's body tissues
- Manifests as diarrhea, skin rash, liver test abnormalities usually within the first 100 days.
- ~20-50% of allogeneic transplants will develop some aGvHD
- Associated with a 15-20% mortality



# Prevention/Control of aGvHD Is Important

Acute GvHD	100 Day Survival
Grade I	78-90%
Grade II	66-92%
Grade III	29-62%
Grade IV	23-25%

(Przepiorka et al, 1995)

- Prophylaxis Prevention of aGvHD
- Treatment Therapy of aGvHD

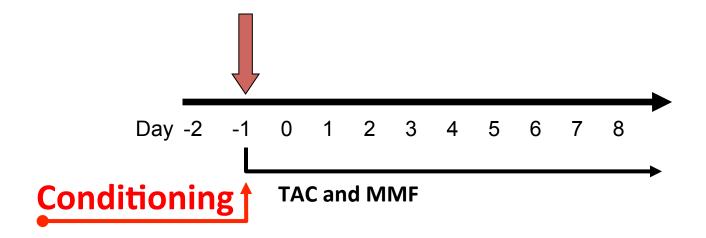
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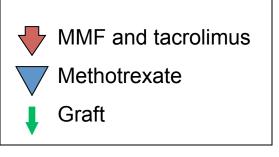
# Acute GvHD Prophylaxis

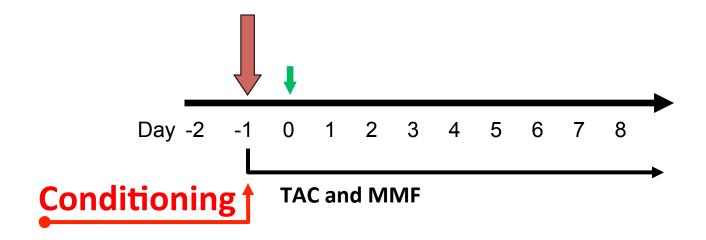
- Micro methotrexate
- Post transplant cyclophosphamide
- Alpha beta T cell depletion and CD34 selection

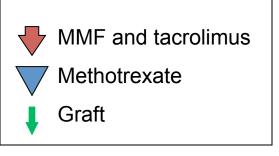
# Acute GvHD Prophylaxis – µMTX

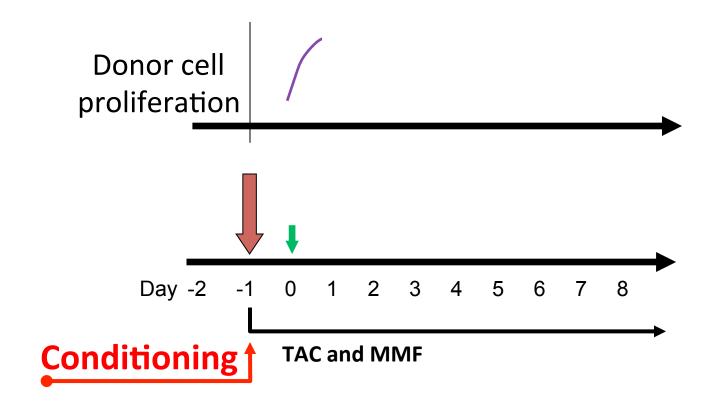
- Prophylaxis with tacrolimus (TAC), mycophenolate mofetil (MMF), and methotrexate
- Methotrexate (2.5 mg/m<sup>2</sup> is given on days 1, 3, 6
- MMF is given from day -1 until day 60
- TAC is given from day -1 until day 100. At day 100 tapering begins until day 180 when it is stopped.
- 21% of patients develop aGvHD despite prophylaxis

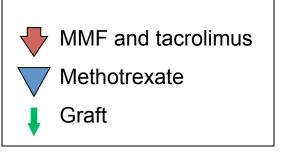


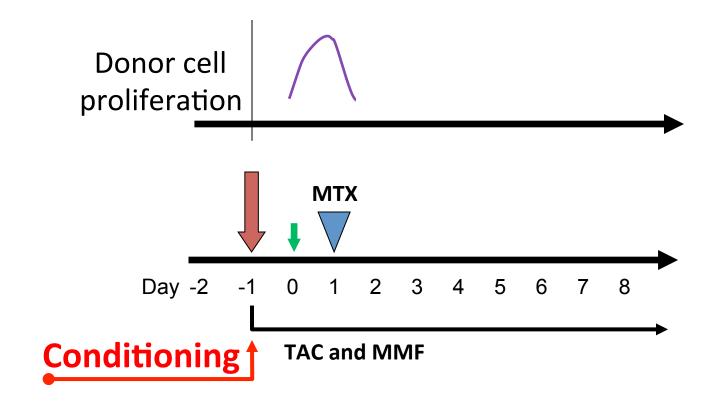


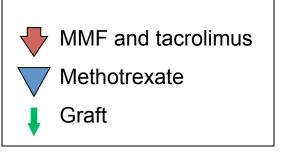


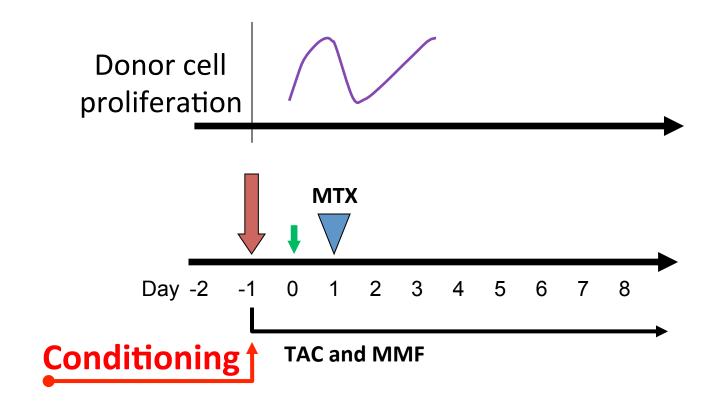


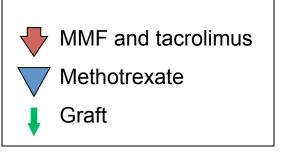


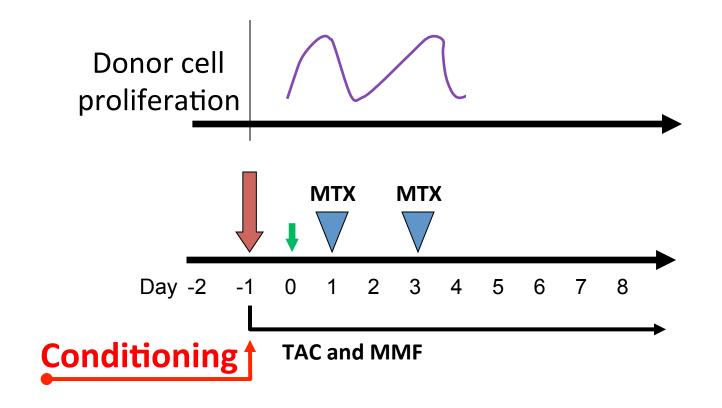


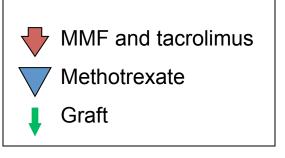


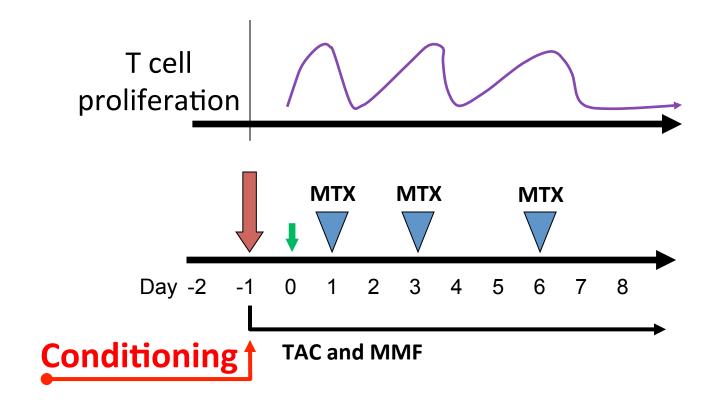


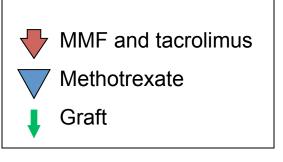






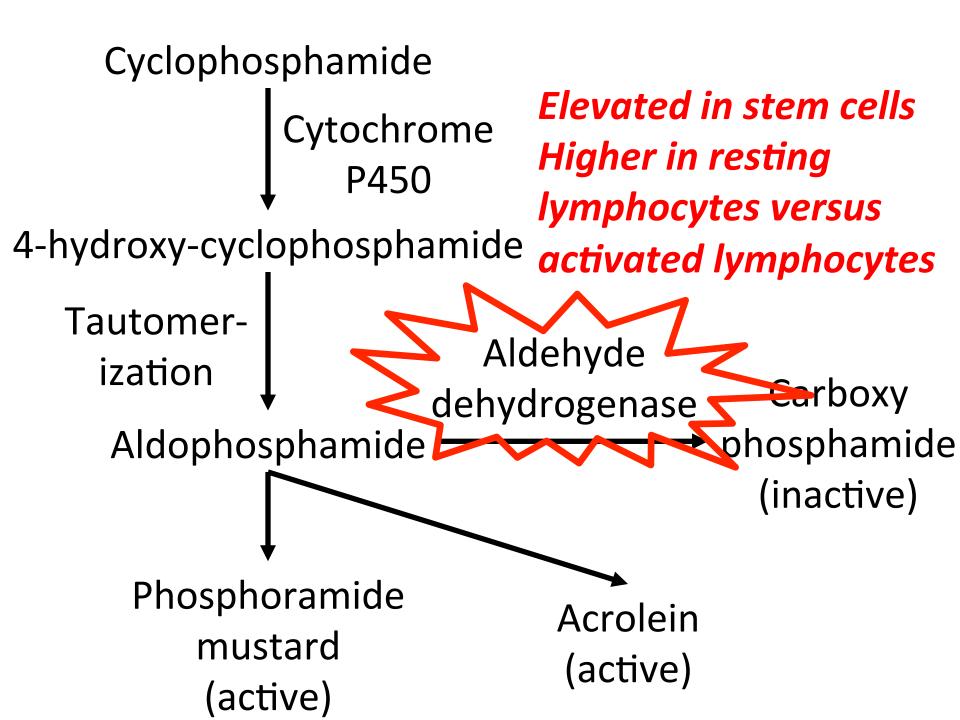


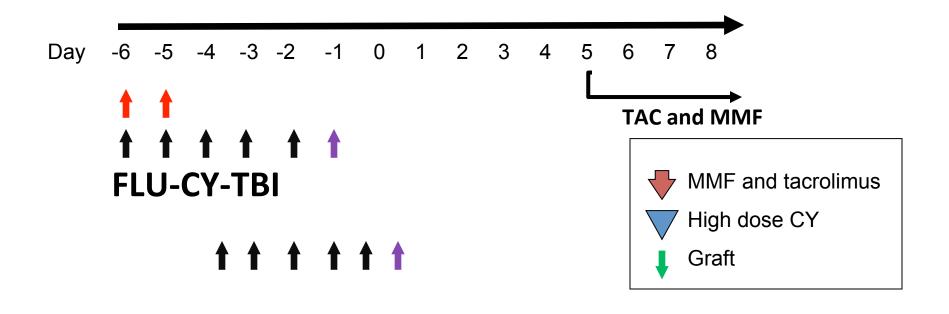


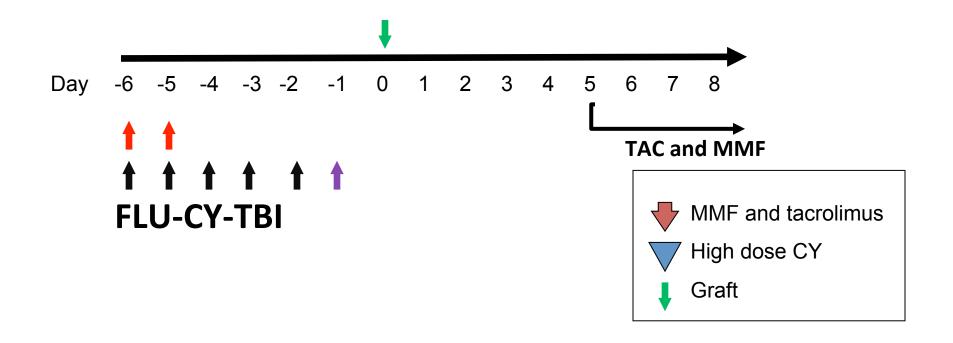


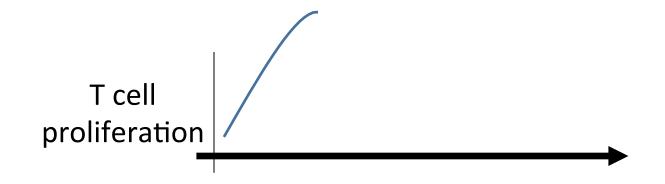
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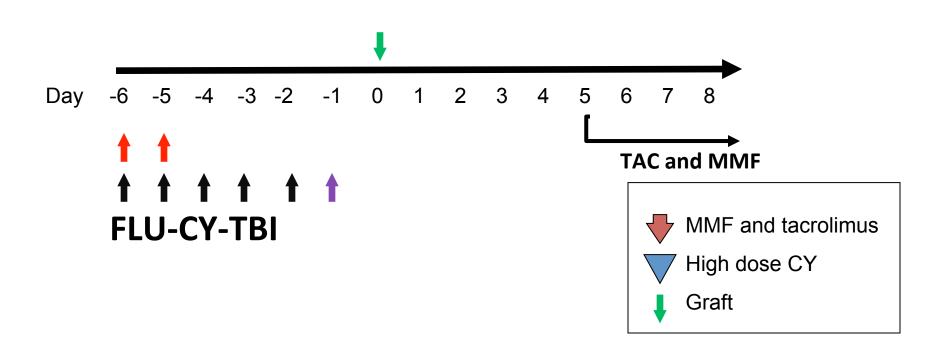
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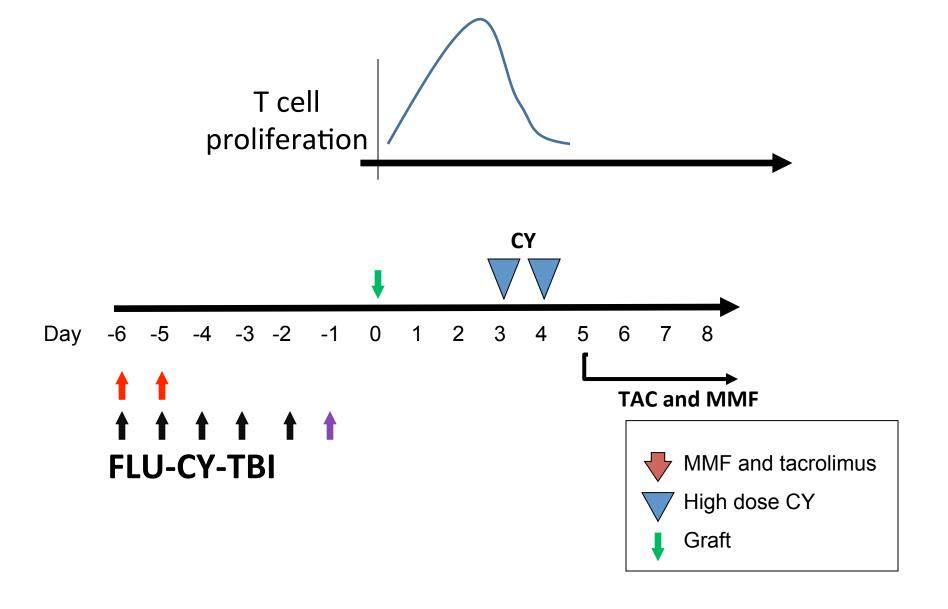


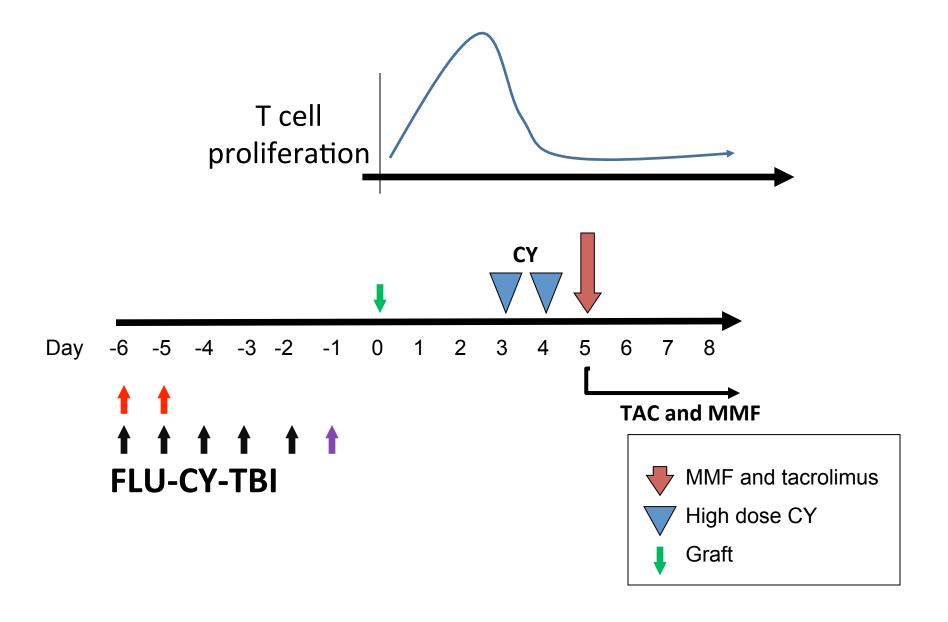




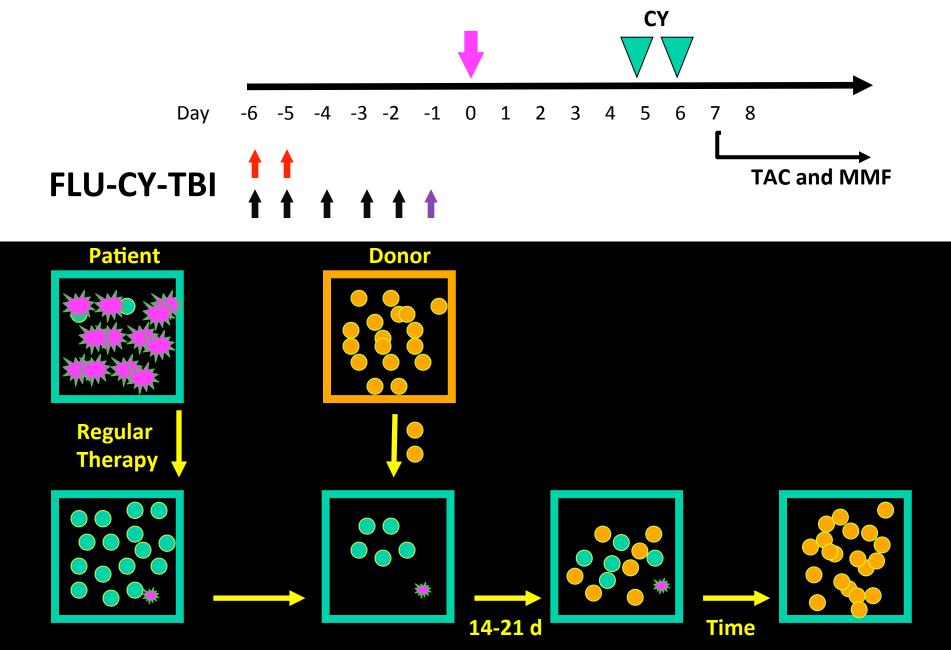




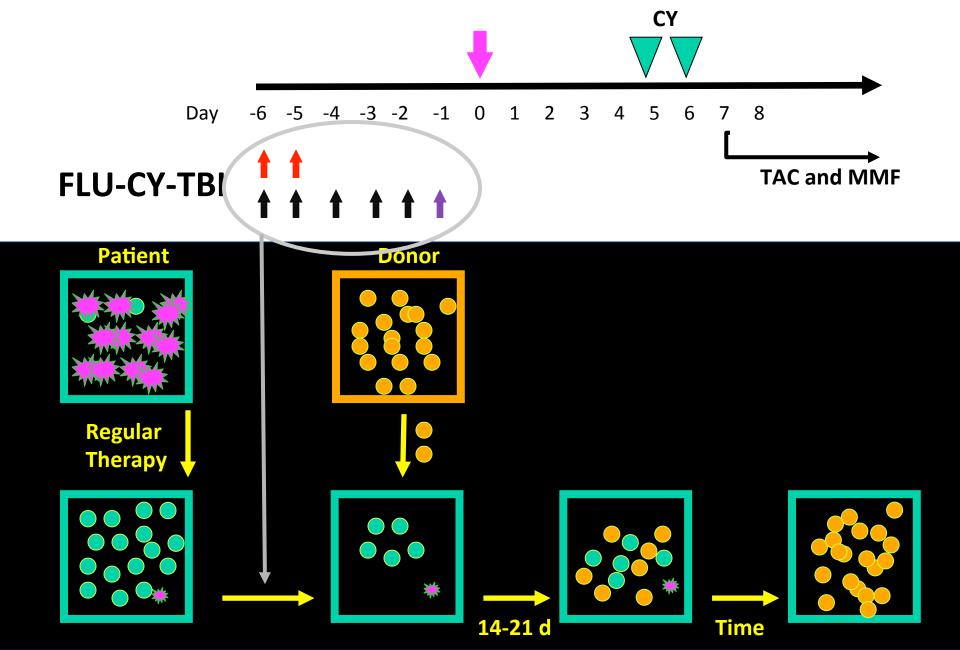




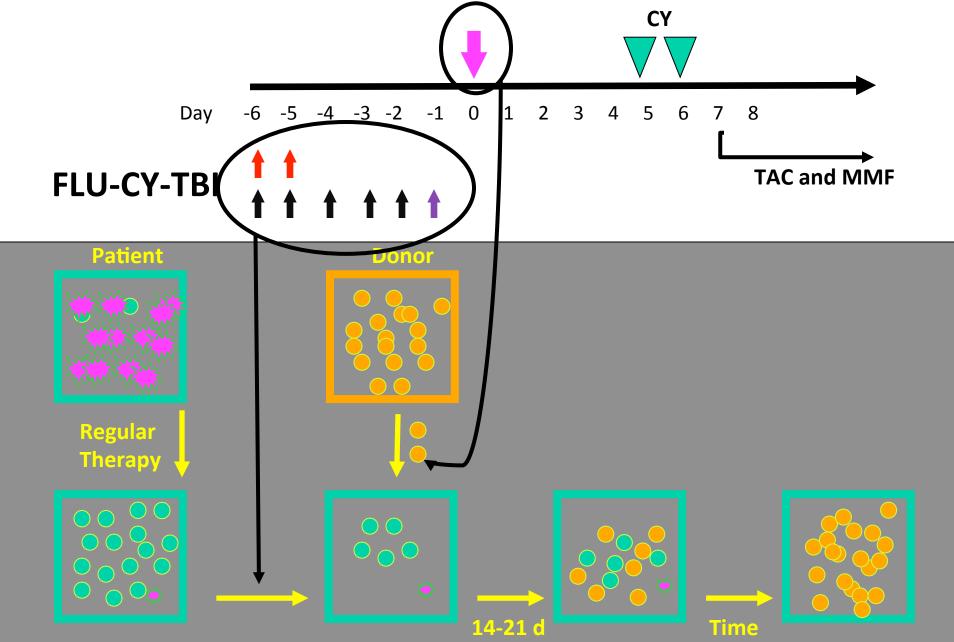
# High dose cyclophosphamide



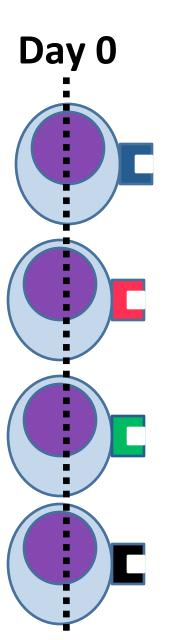
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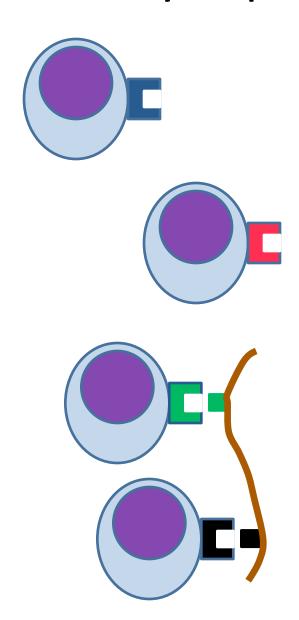


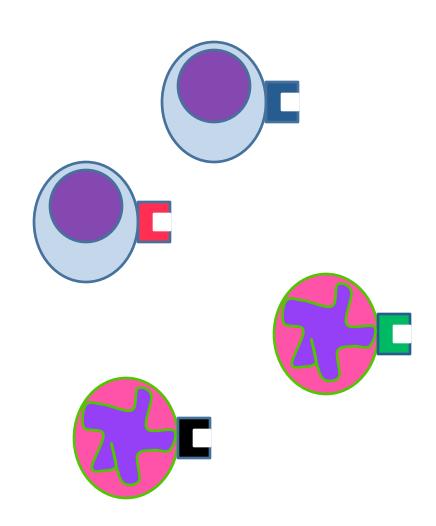
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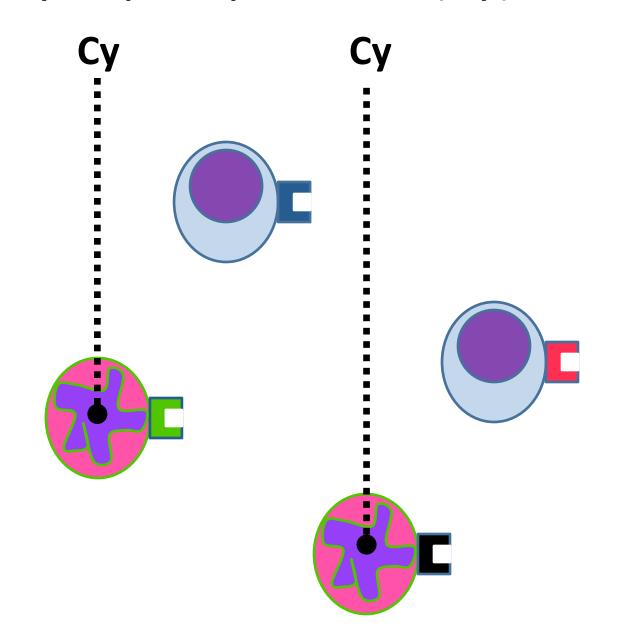


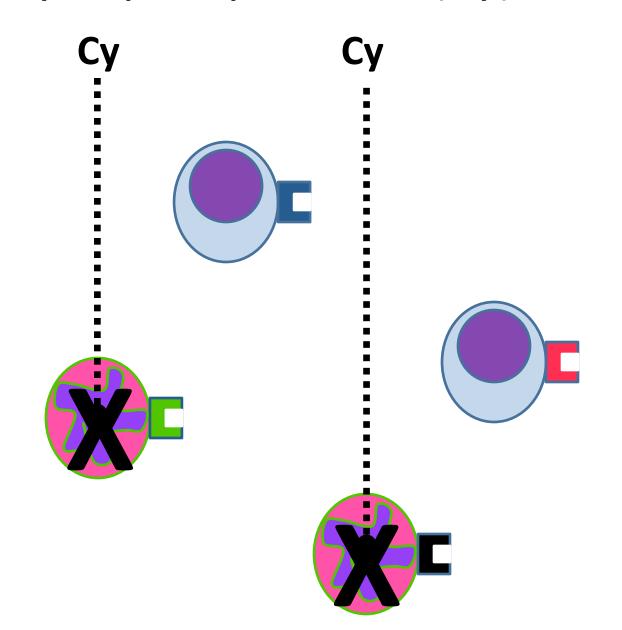
High dose cyclophosphamide CY -6 -5 <u>-4 -3</u> -2 Day -1 FLU-CY-TB( **TAC and MMF Patient** Donor Regular Therapy 14-21 d **Time** 



















## Acute GvHD Prophylaxis

- Micro methotrexate
- Post transplant cyclophosphamide
- Alpha beta T cell depletion and CD34 selection

# **RPCI Prophylaxis Regimens**

	Pt-Cy	uMTX
Active agent	Cyclophosphamide	Methotrexate
Target	Proliferating T cells	Proliferating T cells
Place of action	In vivo	In vivo
T cell	Depletion	Depletion
Other	Tacro Cellcept	Tacro Cellcept

## **HCT** for hematologic malignancy

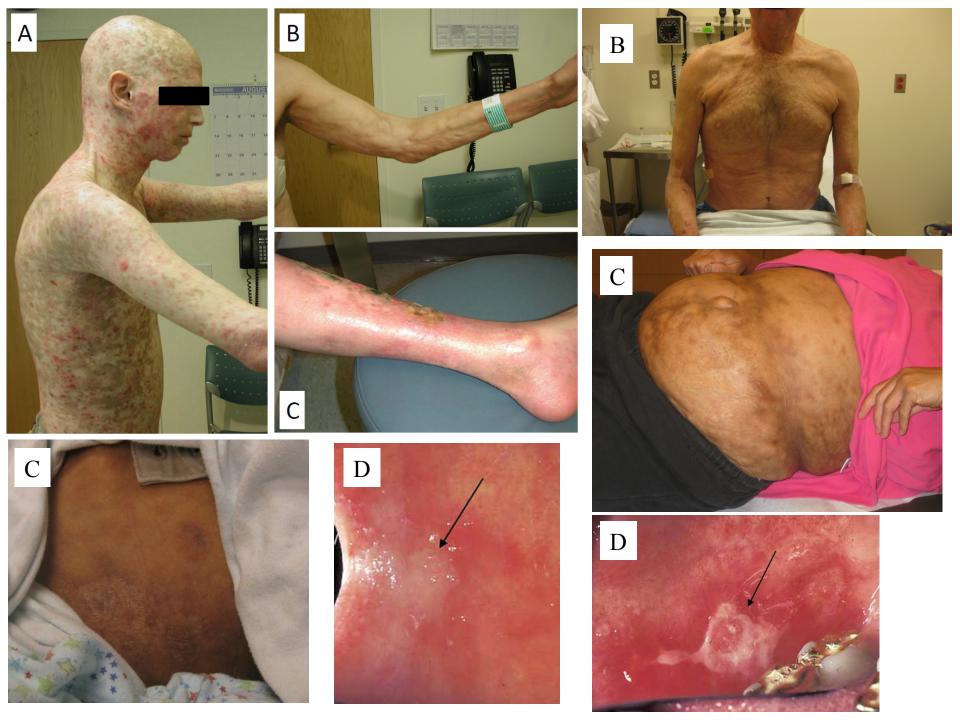
	Haplo*	Standard <sup>#</sup>
Conditioning	Flu/Cy/TBI	Flu/Mel/TBI
aGvHD prophylaxis	Cy/Tac/MMF	uMTX/Tac/ MMF
<b>Graft failure</b>	6%	0%
aGvHD Gr. III-IV	3% (day 180)	27% (day 100)
Progression free survival	37% (3 years)	44% (2 years)
Overall survival	46% (3 years)	47% (2 years)

## Something to think about

- How does Billingham's hypothesis explain how post-transplant cyclophosphamide prevents acute graft-versus-host disease?
- What property does cyclophosphamide have that enables its use after transplant without endangering the graft?

#### **Chronic Graft-versus-Host Disease**

- Post transplant complication usually occurring > 100 days characterized by
  - Fibrotic skin disease
  - Dry and gritty mouth eyes due to glandular destruction
  - Gastrointestinal fibrosis with malnutrition
- 50% of long term survivors will develop some form of cGvHD
- Chronic GvHD is the major cause of long term mortality other than relapse after transplant



## Important Concepts

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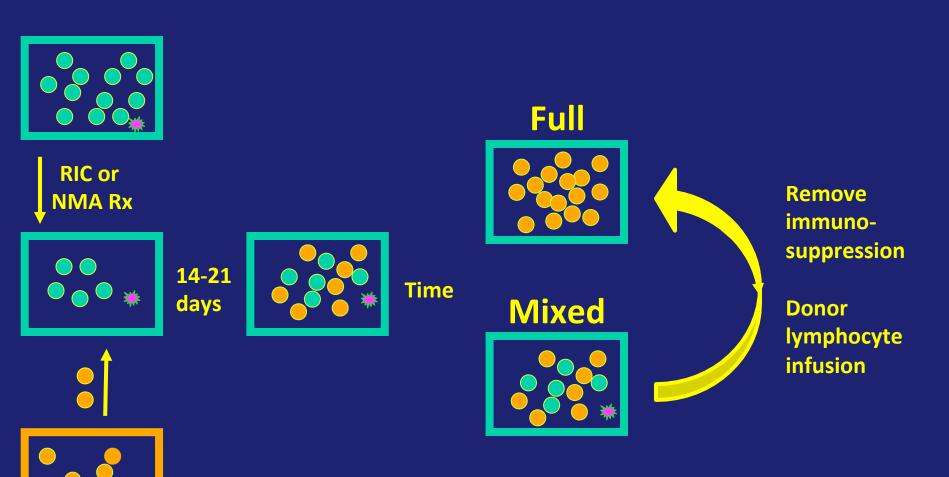
#### Chimera



KHIMAIRA (Greek) was a three headed, fire-breathing creature with the fore-parts of a lion, the hindquarters of a goat, and the tail of a serpent. The Chimera was slain by Bellerophon astride Pegasus.

http://www.theoi.com/Tartaros/Khimaira.html

#### **Donor Chimerism**



≥ 95% = Full chimerism