



TIP SHEET Breast Cancer

Who Gets Breast Cancer?

Anyone can get breast cancer, even men. The causes of breast cancer remain unclear, but some factors place you at **high risk** for the disease such as:

- A family history of breast cancer among your parents, siblings or at least two other close relatives
- A personal or family history of ovarian cancer
- Multiple cancers within your family
- A relative diagnosed with breast cancer before menopause
- A known mutation, such as BRCA1, BRCA2, TP53, or PTEN in your family
- An abnormal breast biopsy
- Prior radiation to the chest
- Increased breast density

WNY Breast Cancer Resource Center

Call (716) 845-4432

Located on the 1st floor of the Scott Bieler Clinical Sciences Center, the center provides a wide range of breast cancer information and resources, including:

- A lending library of both print and visual materials.
- Free wigs, scarves, hats for patients facing hair loss.
- Referrals to Look Good Feel Better makeover programs sponsored by the American Cancer Society.
- Referrals to breast prosthesis and undergarment fitters.
- Information and referrals to other RPCI and community services such as support groups, financial assistance, and transportation resources.

1 in 8
women will
develop breast
cancer during
her lifetime.

Mammography Services

GET THIS IMPORTANT CANCER SCREENING FROM THE CANCER EXPERTS AT RPCI

- ✓ Mammography saves lives. A mammogram is the *only* test proven to reduce risk of dying from breast cancer.
- ✓ If you've been told you have *dense* breast tissue, talk to us about having a **3D mammogram**, a new type of scan that improves cancer detection and reduces need for additional imaging.

We have evening appointments and free parking for screening participants. Call us to schedule your screening today, **1-877-ASK-RPCI (1-877-275-7724)**.

Where We Stand

RPCI recommends women begin annual mammography screening at **age 40**. Talk to your healthcare provider about whether your personal risk factors warrant earlier or more frequent screening.

ARE YOU AT HIGH RISK FOR BREAST CANCER?

RPCI's **Breast Cancer Risk Assessment and Prevention Program** provides a

comprehensive assessment, surveillance exams and imaging, risk reduction and prevention options, genetic counseling and testing and access to clinical trials focused on prevention.

NOT SURE?

Call 1-877-ASK-RPCI (1-877-275-7724), or take our assessment quiz at: www.roswellpark.org/cancer/breast/about/risk-assessment-form

Breast Cancer is the second-leading cause of cancer-related deaths among women in New York State.



Why Roswell Park Cancer Institute?

Nationally Recognized. RPCI is a National Cancer Institute (NCI) designated Comprehensive Cancer Center, the only one in New York State outside of New York City.

Convenient Satellite Locations. Breast patients may receive some of their care at our centers in Amherst or Olean, NY, or Bradford, PA.

Lymphedema Program. Specialized treatment for prevention and management of this complication at WNY's only physician managed lymphedema clinic.

Comprehensive Support Services. Include nutrition, smoking cessation, pain management, pastoral care, rehabilitation, psychosocial services, and music, art and pet therapy programs.

Meet the Doctors

(above from left to right)

Surgical Oncology

- 1) Helen Cappuccino, MD, FACS
- 2) Stephen Edge, MD, FACS
- 3) Kazuaki Takabe, MD, PhD, FACS
- 4) Jessica Young, MD

Medical Oncology

- 5) Amy Early, MD, FACP
- 6) Tracey O'Connor, MD
- 7) Ellis Levine, MD
- 8) Mateusz Opyrchal, MD, PhD

Mammography

- 9) Ermelinda Bonaccio, MD
- 10) Prasanna Kumar, MD
- 11) Sara Majewski, MD
- 12) Roger Smith, Jr., MD

Radiation Oncology

- 13) Kilian Salerno, MD
- 14) John Powell, MD

Plastic & Reconstructive Surgery

- 15) Robert Lohman, MD, MBA
- 16) Wong Moon, MD, FACS
- *17) Can Ozturk, MD
- 18) Cemile Nurdan Ozturk, MD
- 19) Paul Tomljanovich, MD

(*In conjunction with Drs. Lohman, Moon, Tomljanovich and Cemile Ozturk)

Treatment the RPCI Way

We believe every patient is unique and we approach cancer treatment on an individual and personal basis, treating the whole person, not just the cancer.

We offer the highest level of breast cancer care, including:

- **A comprehensive multidisciplinary approach** by a team of breast cancer surgeons, medical and radiation oncologists, psychologists, social workers, geneticists, plastic & reconstructive surgeons, and other experts who work collaboratively—all under one roof.
- **Radioactive seed localization**, an innovative procedure to help your surgeon locate cancers and other breast abnormalities too small to feel. Roswell Park is the only WNY center to offer this new, more patient-friendly approach to pinpointing and removing very small breast cancers.
- **Breast conserving surgery** for the majority of patients with Stage I and II disease and one-third of patients with Stage III cancer.
- **Specialty radiation therapies** including brachytherapy (radioactive seeds), External Beam Radiotherapy (EBRT) and Accelerated Partial Breast Irradiation.
- **The latest treatments available** including targeted therapy, immunotherapy, hormone therapy and clinical research studies.
- **Treatments for metastatic disease** such as Gamma Knife, bone strengthening treatments, antiestrogen therapy, radiotherapy to distant sites.



About 1,300 women in Western New York will be diagnosed with breast cancer this year.