TIP SHEET
Bladder Cancer

Are You at Risk for Bladder Cancer?

The following factors may increase your risk:

- **Smoking.** Smoking causes about half the cases of bladder cancer.

- **Male.** Men are about four times more likely than women to be diagnosed with bladder cancer.

- **Chemicals at work.** Some industries—dye, rubber, chemical, metal, painting, printing, hairdressing, textile and leather—involves cancer-causing chemicals.

- **Arsenic.** Found in some soil and minerals, arsenic has been used in pesticides and wood preservation. The U.S. banned arsenic in wood preservatives in 2002 and safety measures limit arsenic levels in public drinking water.

- **Prior cancer treatments** that involved certain drugs or radiation to the abdomen or pelvis.

- **Family history** of bladder cancer.

- **Hereditary conditions** such as hereditary nonpolyposis colon cancer (HNPCC) or Lynch Syndrome.

Symptoms to Tell Your Doctor

- Blood in your urine (may appear rusty or darker red)

- Urgent need to void to prevent leakage

- Frequent urination

- Painful urination

- Feeling the need to empty bladder without results

- Needing to strain (bear down) while urinating

1 in 26 men will be diagnosed with bladder cancer during their lifetime.

QUIT SMOKING? YES, YOU CAN!

Call the **New York State Smokers’ Quitline** at **1-866-NY-QUITS (1-866-697-8487)** or visit **www.nysmokefree.com** for free information, support and cessation aids.
Genitourinary surgeons with high-volume expertise in robot-assisted surgery for bladder cancer and urinary tract reconstruction.

Nationally recognized urology program. Roswell Park was named to Best Hospitals for 2015-16 by U.S. News & World Report, receiving special recognition for High Performance in the area of Urology.

Access to the latest therapies. The newest treatments, available through clinical research studies, are important options for many patients. About 50% of Roswell Park patients are eligible for a clinical study. Whether or not you choose to participate is entirely your choice.

Median age at diagnosis is 73

Bladder cancer is the 6th most common cancer in the United States.

Get a Second Opinion

Second opinions are important in cancer care. We can arrange for Roswell Park’s pathologists to review your biopsy and set up a consultation with a member of our bladder cancer team. If you seek a second opinion at Roswell Park, you are under no obligation to receive your care here.

Before you make any surgery or treatment decisions, please spend Just One Day With Us. Call 1-877-ASK-RPCI (1-877-275-7724) or visit JustOneDayWithUs.org.

Meet the Doctors
(above from left to right)

Urology
1) Khurshid Guru, MD
2) Eric Kauffman, MD
3) James Mohler, MD
4) Thomas Schwaab, MD, PhD
5) Willie Underwood III, MD, MPH, MSci

Medical Oncology
6) Gurkamal Chatta, MD
7) Amy Early, MD, FACP
8) Saby George, MD, FACP
9) Ellis Levine, MD, FACP

Radiation Oncology
10) Michael Kuettel, MD, PhD, MBA

Nuclear Medicine
11) Dominick Lamonica, MD

Pathology
12) Gissou Azabdaftari, MD
13) Norbert Sule, MD, PhD
14) Bo Xu, MD, PhD