

## PLANNING TEAM



**Mary Lynn Acee, LCSW**

Mary Lynn returned to Roswell Park Cancer Institute in 2009, where she is a Licensed Clinical Social Worker in the Psychosocial Oncology Department. A 1988 graduate of the State University of New York at Buffalo – School of Social Work, Mary Lynn interned at Roswell Park in 1987 after receiving the American Cancer Society Oncology Social Work Fellowship. She worked at Crisis Services as a Trainer/Supervisor and for many years as a Medical Social Worker at Buffalo General Hospital. In recent years, Mary Lynn was a group facilitator at the former Gilda's Club of WNY for the Lung Cancer Networking Group, Family and Friends Networking Group and Bereavement Group. Mary Lynn is a long time cancer survivor and believes her experience; both personal and professional only enhances her interactions with people living with cancer and caregivers. She is humbled and grateful to be a Social Worker at Roswell Park and is privileged to be a part of the "Nurture Your Hope" retreat.



**Kelly C. Englert, RN, BSN**

Kelly Englert joined the staff at Roswell Park Cancer Institute (RPCI) in March 2007 after working in acute care as a staff nurse for over 25 years. Kelly started in the Intensive Care Unit and she currently works as a Nursing Staff Development Instructor at the Institute. Mrs. Englert earned her Bachelor of Science in Nursing from D'Youville College and is currently working on her Masters in Nursing through Chamberlain College of Nursing. Mrs. Englert currently has been involved with Nursing Education Department at RPCI mentoring student interns for the past three summers in the PACU. RPCI Perioperative Department recently became a Designated Education Unit (DEU) and is currently working with the University of Buffalo on the first Perioperative DEU pilot program in the United States. She started working with the students at the initiation of the program as a mentor in the PACU department. Kelly is a cancer survivor herself and is grateful to be a part of the "Nurture Your Hope" retreat.



**Renuka Iyer, MD**

Renuka Iyer, MD is a medical oncologist and is the Chief of the Section of GI Medical Oncology. She received her medical training at Grant Medical College in Mumbai, India, completed Internal Medicine training at Lincoln Medical and Mental Health Center in the Bronx, NY, and her Medical Oncology fellowship at Roswell Park Cancer Institute. She did postdoctoral research at Fox Chase Cancer Center for a year and has been a faculty member here for 11 years. She specializes in treating rare and complex cancers like liver, bile duct and neuroendocrine cancer and is member of the GI cancer care team at Roswell. She also develops new clinical trials and does laboratory research. Her career goal is to find ways to prevent better understand and treat liver cancer. Her personal goal is to be a better doctor- by understanding her patients' needs and using her compassion and skill to meet those needs. When she isn't at Roswell or traveling for work, she is a mother to a 12 year old son and 8 year old dog and tries to paint, cook, plant flowers and spend time with family and friends. She is honored to be a guest and speaker at the event.



**Beth Lenegan, PhD**

Beth Lenegan has served as the Director of Pastoral Care at Roswell Park since June 1999. She holds a doctorate degree from the State University of New York at Buffalo in Counseling Education and a MA in Religious Education. Her responsibilities at Roswell include Coordinating the End of Life /Bereavement Support program. This program follows patients and families from time of terminal prognosis to a year following the death of the patient. Beth also coordinates the visitation of patients and families by 1 full time chaplain, 3 part time chaplains and 65 volunteers. She coordinates patient and caregiver retreats. She is currently involved in the development of pastoral care training programs for individuals for hospital and home visitation. Beth coordinates health care ministry education days, which occur two times a year for health care professionals and area clergy. Beth also is trained as Red Cross Aviation/Disaster Chaplain and an adjunct faculty member at Buffalo State College.



**Carolyn Robinson, RN, BSN, OCN**

Carolyn is a Registered Nurse who has been with Roswell Park for more than 2 years and is currently working at our Niagara Falls satellite clinic. She received her Bachelors of Science in Nursing from SUNY at Buffalo's College of Nursing (2012) and achieved Oncology Nurse Certification in 2014. She is a member of Oncology Nurse Society and Sigma Theta Tau International Honor Society of Nursing. She is currently enrolled in University of Phoenix's Masters of Nursing Education program. Carolyn is a 21-year cancer survivor and former patient of RPCI. She also holds a Bachelor of Arts in Language from West Virginia University (1999) and served as an Arabic cryptologic linguist in the US Army (2002-2007).



**Rev. Melody Rutherford M.Div.**

Rev. Melody I. Rutherford, M.Div., serves as a fulltime Chaplain at Roswell Park Cancer Institute and an Associate Minister at a local congregation. Rev. Melody holds a Bachelor's Degree from SUNY's Empire State College, a Masters of Divinity Degree from Northeastern Seminary and a Palliative Care Chaplaincy Specialty Certificate. With 27 previous years of healthcare experience she has worked in areas such as Chaplaincy Services, Clinical Pastoral Education and Mission Services. Having a heart of ministry for those who are facing disease, depression and despair, her desire is to walk with them on their journey while offering a peaceful, caring and uplifting presence. A wife of 27 years, a mother of one son and two daughters and a proud grandmother of three very active boys and one granddaughter, this Chaplain certainly has a full ministry ahead of her.

Elm & Carlton Streets | Buffalo, New York 14263  
[www.RoswellPark.org](http://www.RoswellPark.org)  
1-877-ASK-RPCI (1-877-275-7724)

A National Cancer Institute-Designated Comprehensive Cancer Center  
A National Comprehensive Cancer Network Member  
A Blue Distinction Center for Complex and Rare Cancers®  
A Blue Distinction Center for Transplants®



You Are Invited

# Nurture Your Hope

A RETREAT FOR CANCER PATIENTS,  
SURVIVORS AND CAREGIVERS

September 30 –  
October 1, 2016

Chautauqua Institution  
Chautauqua, New York



SPONSORED BY  
The Department of Pastoral Care



Nurture Your Hope is an ecumenical weekend of renewal, prayer, inspiration and personal reflection especially for people dealing with the challenges of cancer in their lives. The Nurture Your Hope Retreat will be held September 30 and October 1, 2016, and people of all faiths are welcome.

The speakers for this retreat have personal and professional experiences with cancer. The weekend will include information on the healing process and identify resources to assist those dealing with cancer. Patients/Survivors and their caregivers will also have time for separate group discussions. Time will also be allotted for solitude and personal reflection, small group conversation, and holistic therapy. A small meditation room will be available for quiet time.

### LOCATION

A retreat involves going off to a quiet place to reflect on the events in one's life. Therefore Nurture Your Hope will be held at Chautauqua Institution. We have reserved two facilities on the grounds – The Catholic House, 20 Palestine Avenue and the United Methodist House - 14 Pratt Avenue. The Chautauqua Institution founded in 1874 is located on beautiful Chautauqua Lake, near Jamestown, New York. Presentations will be held in both facilities. Overnight accommodations are available on the property in two separate buildings, which include full kitchens and private baths. Parking is available at the Catholic House at no charge as well as there is no entrance fee.

### REGISTRATION INFORMATION

A registration form is included in this brochure. Space is limited to 24 persons and is served on a first-come, first-served basis. Those placed on a waiting list will be notified if space becomes available. Patients/Survivors must have one companion/support person attend with them. **Please Note: preference will be given to first time registrants.**

You qualify to attend the retreat if:

- You have received a cancer diagnosis
- You are physically able to move between the buildings.

**Please Note: Roswell Park Cancer Institute is not responsible for loss of property, or personal injuries sustained while participating in the retreat at Chautauqua Institution.**

The cost for the retreat is \$25.00 per person. Transportation to and from the retreat is the responsibility of the participants. Vegetarian meals will be available upon request.

For information you can call the Department of Pastoral Care, 716 845-8051.



### RETREAT SCHEDULE

#### Friday, September 30, 2016

4:30 pm

#### Arrival and Registration

5:45 pm

#### Dinner and Introductions

7:00 pm

#### Nurture Your Hope

Renuka Iyer, MD  
Medical Oncologist, Chief of the  
Section of GI Medical Oncology  
Roswell Park Cancer Institute

7:00 pm (con't)

#### Our Hopes for the Future

The Team

#### Songs of Hope and Healing

Cory James Gallagher  
Tenor Vocalist  
“Concerts for the Soul”

9:30 pm

#### Informal Gathering/Social

#### Saturday, October 1, 2016

7:30 am

#### Breakfast

8:15 am

#### Reflection on Hope

8:30 am

#### Painting For Hope and Healing

Jeannette Pikturna  
Jetts Creative Zone

10:30 am

#### Stretch Break

11:00 am

#### The Journey (Survivor)

Kathleen Shanahan, PhD  
Kelly Englert, AAS, RN, BSN

#### The Journey (Family/Caregiver)

Mary Lynn Acee, LCSW Rev.  
Rev. Melody Rutherford, M.Div.

Noon

#### Break

12:30 pm

#### Lunch

#### Clean Rooms/Take a Walk

1:45 pm

#### Laughter Yoga

Caren M. Kolarski  
Certified Retreat & Life Coach  
Certified Laughter Yoga Teacher

#### Healing Touch

Sue Hess, PhD  
Certified Healing Touch Practitioner  
(CHTP)

#### Massage Relaxation

Christine Spuller, LMT  
Transform Massage Studio

#### Power of Meditation

Pastor Langdon “Buddy” Hubbard,  
D.Min  
Pastor, First Presbyterian Church  
Spiritual Director  
East Aurora, NY

3:30 pm

#### Stretch Break

3:45 pm

#### Remember to Nurture Your Hope

Renuka Iyer, MD

4:30 pm

#### Closing Reflections and Prayer

The Team

5:15 pm

#### Dinner

### REGISTRATION FORM

Registration due by September 16, 2016

Nurture Your Hope – Retreat for Cancer Patients and Caregivers  
September 30 – October 1, 2016

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): ( \_\_\_\_\_ ) \_\_\_\_\_

#### Mandatory companion/support person

Guest Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): ( \_\_\_\_\_ ) \_\_\_\_\_

\_\_\_\_ I understand that Roswell Park Cancer Institute is not responsible for loss of property or personal injuries sustained while participating in the retreat at Chautauqua Institution. I acknowledge that activities such as yoga, massage therapy, walking, etc may involve certain risks of injury and I am voluntarily participating in such activities at the retreat and assume all risks associated with my participation.

Patient Signature: \_\_\_\_\_

#### Retreat Registration

\_\_\_\_ \$25.00 per person, includes meals, snacks and retreat resources

\_\_\_\_ \$50.00 Enclosed

\_\_\_\_ I/We require a Vegetarian Diet

Please indicate for you and your caregiver the first and second choice for the Saturday afternoon session. **Please Note: your choices can change that day.**

Patient \_\_\_\_ Laughter Yoga \_\_\_\_ Healing Touch \_\_\_\_ Massage \_\_\_\_ Meditation

Caregiver \_\_\_\_ Laughter Yoga \_\_\_\_ Healing Touch \_\_\_\_ Massage \_\_\_\_ Meditation

Please make check payable to RPCI Pastoral Care and mail with registration form by September 16, 2016 to: Beth Lenegan, PhD, Roswell Park Cancer Institute, Department of Pastoral Care, Elm and Carlton Streets, Buffalo, NY 14263.

*A letter of confirmation, a map with directions and the release form  
will be mailed to you after your registration is received.*