



The world is shaped
by two things...
stories told and
the memories
they leave behind.

- Vera Nazarian



LIFE RECORDED

A Project Inspired by StoryCorps Legacy



Listening Is An Act of Love.

Ask Now, Listen Forever

What are you most proud of?

When did you first fall in love?

What are your hopes for the future?

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Roswell Park Cancer Institute
Department of Pastoral Care
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Life Recorded is a program that offers individuals an opportunity to remember, reminisce, record and preserve the stories of their lives. Participants will have the choice to either have their story audio taped or videotaped.

Why... everyone has a story to share and Roswell Park Cancer Institute's Life Recorded program offers the opportunity to remember, celebrate and record the lives of loved ones for generations to come.

Who... this opportunity is for anyone and everyone: patients, families, volunteers and staff of Roswell Park Cancer Institute.

Where and When... it is simple, quick and easy to do. Come to the Chapel at Roswell Park on the 1st floor, or record the conversation in the privacy of the patient's room, staff workspace, or somewhere else at a mutually convenient time.

What... a month after your Life Recorded interview you will receive a **CD if you choose to be audio taped** or a **DVD if you choose to be videotaped** that you can share with family and friends.

How... it is easy! Learn more: visit roswellpark.org and search for "Life Recorded" or call RPCI's Pastoral Care Department at **716-845-8051**.



Life Recorded gives the opportunity to bring loved ones together to ask meaningful questions and to share memories and life experiences.

Your story tells your loved ones where you've come from, who you are, where you are going, and highlights your dreams, your hopes and your desires.

The Life Recorded staff will professionally facilitate your story telling opportunity. A typical story takes less than one hour to record or be videotaped. It has been our experience that the time spent telling your story generally goes faster than you might think.



Get the most out of your story telling experience! Here are some tips:

- Think about what you want to talk about before the recording session.
- Ask general, open-ended questions "Tell me about..." or "How did you feel?"
- Be yourself. Be curious. Keep an open heart.
- Continue the story telling after the recording.



Great Story Telling Questions

These questions are merely suggestions for getting your story going. We encourage you to use the ones you like and come up with your own

- When and where were you born?
- What was it like?
- Who were your parents?
- Did you have a nickname?
- Who were your best friends?
- How would you describe a perfect day when you were young?
- Did you have any favorite relatives?
- Do you have any favorite stories from school?
- What are the classic family stories? Jokes? Songs?
- When did you first fall in love?
- Can you describe the moment when you saw your child for the first time?
- Do you have any favorite stories you like to tell about your kids?
- Tell me about how you got into your line of work?
- What lessons has your life taught you?
- Do you believe in God?
- What have you learned from life?
- Were you in the military?
- How did war change you?
- What are you most proud of?
- Is there anything that you've never told me but want to tell me now?