

## Nurture Your Hope Planning Team



### **Mary Lynn Acee, LCSW**

Mary Lynn returned to Roswell Park Cancer Institute in 2009, where she is a Licensed Clinical Social Worker in the Psychosocial Oncology Department. A 1988 graduate of the State University of New York at Buffalo – School of Social Work. Mary Lynn interned at Roswell Park in 1987 after receiving the American Cancer Society Oncology Social Work Fellowship. She worked at Crisis Services as a Trainer/Supervisor and for many years as a Medical Social Worker at Buffalo General Hospital. In recent years, Mary Lynn was a group facilitator at the former Gilda's Club of WNY for the Lung Cancer Networking Group, Family and Friends Networking Group and Bereavement Group. Mary Lynn is a long time cancer survivor and believes her experience, both personal and professional, only enhances her interactions with people living with cancer and caregivers. She is humbled and grateful to be a Social Worker at Roswell Park and is privileged to be a part of the "Nurture Your Hope" retreat.



### **Kathleen A. Field, RN, BSN**

Kathleen Field joined the staff at Roswell Park Cancer Institute in January 2005 after working in acute care and hospice settings as a staff nurse and administrator in the United States and Canada. She worked at Roswell as a Clinical Research Coordinator in the Department of Breast Oncology. She joined the Ambulatory Services team in 2007 and is currently the Nurse Manager of the Genitourinary, Soft Tissue Melanoma, Pain and Genetic Clinics. Ms. Field earned her Bachelor of Science Degree in Nursing from Niagara University in 1980. Ms. Field holds licensure as a Registered Nurse in the State of New York. She received certification as a Clinical Research Professional in 2007 and received her Oncology Nurse Certification in August 2008. Ms. Field is currently a member of the National Oncology Nursing Society and Western New York ONS Chapter. She is also a member of District 1 Professional Nurses Association, SUNA, and SOCRA.



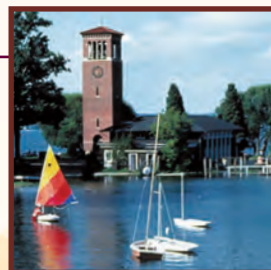
### **Molly Gold, BA, MS, ATR**

Molly Gold has been an Artist in Residence at Roswell Park Cancer Institute for the past four years. The program, established by the UB Center for the Arts, brings creative activities to patients and their caregivers, encouraging physical and emotional well-being. Molly uses music with relaxation techniques and art materials to assist in fostering a peaceful environment while stimulating creativity. She is a Licensed and Registered Art Therapist and has been serving the WNY community for over 25 years.



### **Renuka Iyer, MD**

Renuka Iyer, MD is a medical oncologist and is the Chief of the Section of GI Medical Oncology. She received her medical training at Grant Medical College in Mumbai, India, completed Internal Medicine training at Lincoln Medical and Mental Health Center in the Bronx, NY, and her Medical Oncology fellowship at Roswell Park Cancer Institute. She did postdoctoral research at Fox Chase Cancer Center for a year and has been a faculty member here for 10 years. She specializes in treating rare and complex cancers like liver, bile duct and neuroendocrine cancer and is member of the GI cancer care team at Roswell. She also develops new clinical trials and does laboratory research. Her career goal is to find ways to prevent better understand and treat liver cancer. Her personal goal is to be a better doctor, by understanding her patients' needs and using her compassion and skill to meet



those needs. When she isn't at Roswell or traveling for work, she is a mother to a 10 year old son and 6 year old dog and tries to paint, cook, plant flowers and spend time with family and friends. She is honored to be a guest and speaker at the event.

### **Rev. Richard Kaylor**



Rev. Richard Kaylor served Roswell Park as the Protestant Chaplain from 2000 to 2014. Currently he is an active volunteer on the Pastoral Care Team who visits both inpatients and outpatients weekly. He has a BA degree in Religious Studies and a BA degree in Religious Education. He has completed two units of CPE (Clinical Pastoral Education) in preparation for the Chaplaincy. He also serves as the Assistant Pastor at Fellowship Wesleyan Church in West Seneca, NY.



### **Beth Lenegan, PhD**

Beth Lenegan has served as the Director of Pastoral Care at Roswell Park since June 1999. She holds a doctorate degree from the State University of New York at Buffalo in Counseling Education and a MA in Religious Education. Her responsibilities at Roswell include coordinating the End of Life/Bereavement Support Program. This program follows patients and families from time of terminal prognosis to a year following the death of the patient. Beth also coordinates the visitation of patients and families by 3 part time chaplains and 60 volunteers. She coordinates patient and caregiver retreats. She is currently involved in the development of pastoral care training programs for individuals, for hospital and home visitation. Beth has coordinated health care ministry education days, which occur two times a year for health care professionals and area clergy. Beth also is trained as a Red Cross Aviation/Disaster Chaplain and an adjunct faculty member at Buffalo State College and Niagara University.



*This retreat was funded by Infant of Prague Parish, Cheektowaga, NY*



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www.roswellpark.org  
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# Nurture Your Hope

*A Retreat for Cancer Patients and Caregivers*



September 12 & 13, 2014

Chautauqua Institution  
Chautauqua, New York

*Sponsored by:*  
**Roswell Park Cancer Institute**  
**Pastoral Care Department**





# You Are Invited

*Nurture Your Hope* is an ecumenical weekend of renewal, prayer, inspiration and personal reflection especially for people dealing with the challenges of cancer in their lives. The *Nurture Your Hope Retreat* will be held September 12 and 13, 2014, and people of all faiths are welcome.

The speakers for this retreat have personal and professional experiences with cancer. The weekend will include information on the healing process and identify resources to assist those dealing with cancer. Patients and their caregivers will also have time for separate group discussions. Time will also be allotted for solitude and personal reflection, small group conversation, and holistic therapy.

## Location

A retreat involves going off to a quiet place to reflect on the events in one's life. Therefore *Nurture Your Hope* will be held at Chautauqua Institution. We have reserved two facilities on the grounds – The Catholic House, 20 Palestine Avenue and the United Methodist House - 14 Pratt Avenue. The Chautauqua Institution founded in 1874 is located on beautiful Chautauqua Lake, near Jamestown, New York. Presentations will be held in both facilities. Overnight accommodations are available on the property in two separate buildings, which include full kitchens and private baths. Parking is available at both houses. Also, there is no entrance fee to get onto the grounds of the Institution.

## Registration Information

A registration form is included in this brochure. Space is limited to 24 persons and is served on a first-come, first-served basis. Those placed on a waiting list will be notified if space becomes available. Cancer patients must have one companion/support person attend with them.

**Please Note: preference will be given to first time registrants.**

You qualify to attend the retreat if:

- You have received a cancer diagnosis
- You are physically able to move between the buildings.

**Please Note: Roswell Park Cancer Institute is not responsible for loss of property, or personal injuries sustained while participating in the retreat at Chautauqua Institution.**

The cost for the retreat is \$25.00 per person. Transportation to and from the retreat is the responsibility of the participants. Vegetarian meals will be available upon request.

For information you can call the Department of Pastoral Care, 716 845-8051.



# Retreat Schedule

## Friday, September 12, 2014

4:30 pm  
**Arrival and Registration**

5:45 pm  
**Dinner and Introductions**

7:00 pm  
**Nurture Your Hope**  
Renuka Iyer, MD  
Medical Oncologist, Chief of the Section of GI Medical Oncology  
Roswell Park Cancer Institute

**Our Hopes for the Future**  
The Team

**Evening Meditation**  
Kathleen Shanahan PhD  
Director of Clinical Training  
Graduate Counseling and Psychology Department, Medaille College

Sara Schultz MA, Synagogue Associate  
Restorative Yoga Specialist

9:00 pm  
**Informal Gathering/Social**

1:45 pm  
**Restorative Yoga**  
Sara Schultz, MA

**Healing Touch**  
Molly Flynn, BA, MS, ATR

**Fighting Fatigue Building Strength and Endurance**  
Joe Fox  
TrainSMART Personal Fitness

**Massage Relaxation**  
Fran Weir, LMT  
Massage Therapist

3:30 pm  
**Stretch Break**

3:45 pm  
**Remember to Nurture Your Hope**  
Renuka Iyer, MD

4:30 pm  
**Closing Reflections and Prayer**  
The Team

5:45 pm  
**Dinner**

## Saturday, September 13, 2014\*

8:00 am  
**Breakfast**

9:00 am  
**Creating Wellness: A Sacred Circle**  
Molly Gold BA, MS, ATR  
Artists in Residence Program  
Roswell Park Cancer Institute

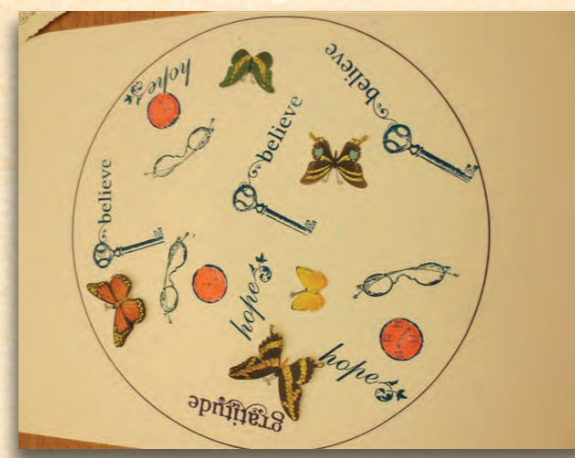
10:00 am  
**Stretch Break**

10:15 am  
**The Journey Patient/Survivor**  
Kathleen Shanahan, PhD  
Kathleen Field, RN, BSN

**The Journey Family/Caregiver**  
Mary Lynn Acee LCSW

11:30 am  
**Break**

Noon  
**Lunch**  
Clean Rooms/Take a Walk



\*Prior to the start of the retreat and throughout the day on Saturday, Mary Ann Bartels, Chaplain, Roswell Park Cancer Institute will invite people to participate in a StoryCorps interview. See enclosed information.

# Registration Form

Registration due by August 29, 2014

*Nurture Your Hope – Retreat for Cancer Patients and Caregivers*  
September 12 & 13, 2014

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): (\_\_\_\_\_) \_\_\_\_\_

## Mandatory companion/support person

Guest: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (including area code): (\_\_\_\_\_) \_\_\_\_\_

I understand that Roswell Park Cancer Institute is not responsible for loss of property or personal injuries sustained while participating in the retreat at Chautauqua Institution. I acknowledge that activities such as yoga, massage therapy, walking, etc may involve certain risks of injury and I am voluntarily participating in such activities at the retreat and assume all risks associated with my participation.

Patient Signature: \_\_\_\_\_

Please indicate for you and your caregiver the first and second choice for the Saturday afternoon sessions.  
**Please Note: your choices can change that day.**

## Session Choices

Patient:  Yoga  Healing Touch  Massage  Strength

Caregiver:  Yoga  Healing Touch  Massage  Strength

I am interested in Story Corps. Please contact me.

## Retreat Registration

\$50 enclosed (\$25 per person, includes meals, snacks and retreat resources)

I require a vegetarian diet  My guest requires a vegetarian diet

Please make check payable to RPCI Pastoral Care.  
Mail registration and payment by August 29, 2014 to:

BETH LENEGAN, PHD  
ROSWELL PARK CANCER INSTITUTE  
PASTORAL CARE DEPARTMENT  
ELM AND CARLTON STREETS  
BUFFALO, NY 14263

A letter of confirmation, a map with directions, and the release form will be mailed to you after your registration is received.