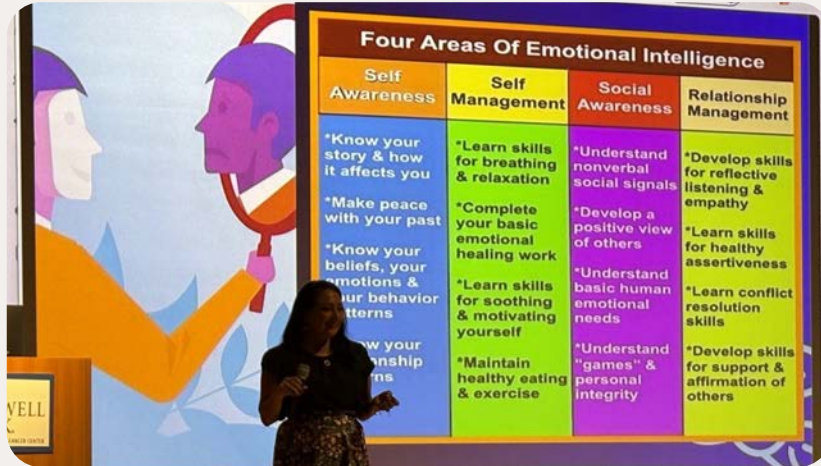


Buffalo Healthcare Exploration 2026 Yearbook



Week 1 Day 1 (7/27)

How to Interview Cancer Patients, Wheel of Emotions for Storyboard Project



Four Areas Of Emotional Intelligence

Self Awareness	Self Management	Social Awareness	Relationship Management
*Know your story & how it affects you *Make peace with your past *Know your beliefs, your emotions & your behavior patterns *Know your relationship patterns	*Learn skills for breathing & relaxation *Complete your basic emotional healing work *Learn skills for soothing & motivating yourself *Maintain healthy eating & exercise	*Understand nonverbal social signals *Develop a positive view of others *Understand basic human emotional needs *Understand "games" & personal integrity	*Develop skills for reflective listening & empathy *Learn skills for healthy assertiveness *Learn conflict resolution skills *Develop skills for support & affirmation of others



Week 1 Day 2-3 (7/28-7/29)

**Interview Sessions with Cancer Patients
& Storyboard Project**





Week 2 Day 1 (8/3)

Become a Healthcare Marketer



ATLAS Studios



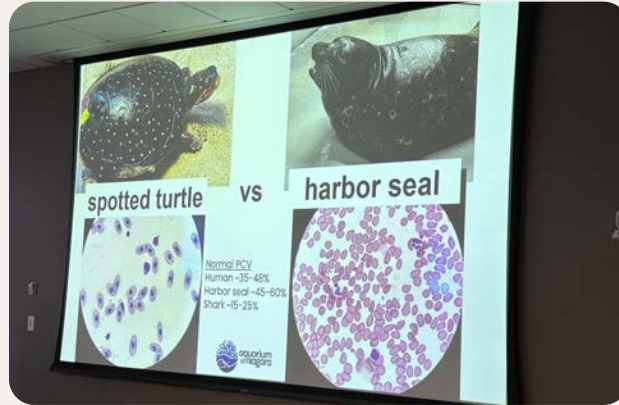
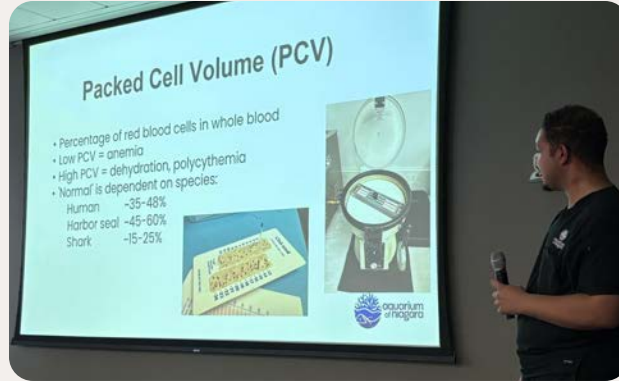
Week 2 Day 1 (8/3)



Aquarium of Niagara



Week 2 Day 1 (8/3)

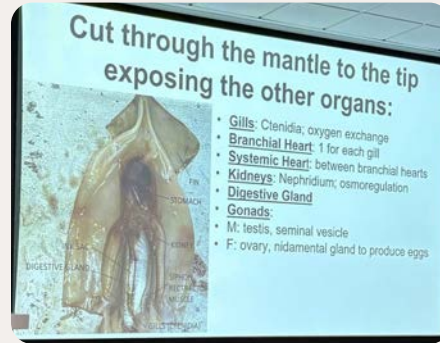
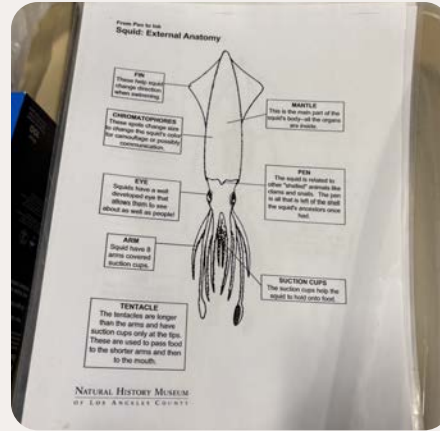


Aquarium of Niagara



Week 2 Day 1 (8/3)

Aquarium of Niagara



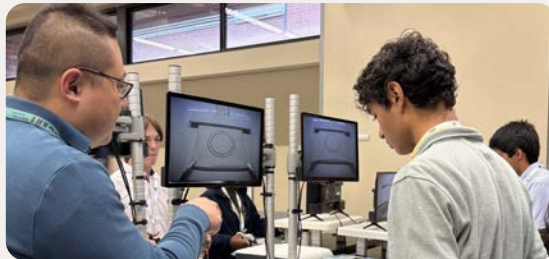








"Peg Transfer"



"Precision cutting"





Fundamentals of Endoscopic Surgery (FES)

Week 3 Day 1 (8/10)

Buffalo Go Green



Week 3 Day 1 (8/10)

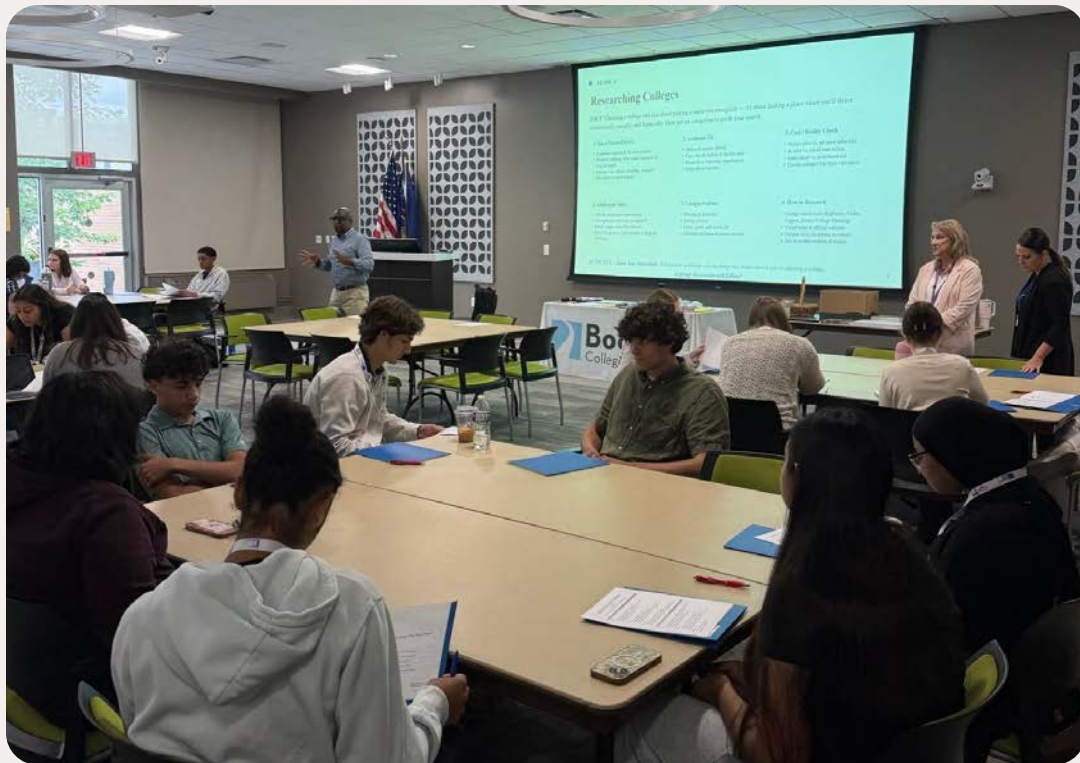
Buffalo Go Green




BuffaloGoGreen

Week 3 Day 2 (8/11)

College Planning & Life Skills Bootcamp





Week 3 Day 2 (8/11)

Seminar Sessions with Resiliency and EAP Department



