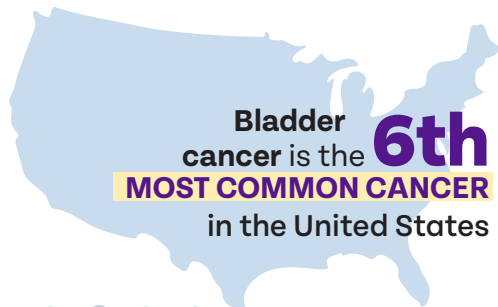




ROSWELL PARK COMPREHENSIVE CANCER CENTER

BLADDER CANCER *Info Sheet*



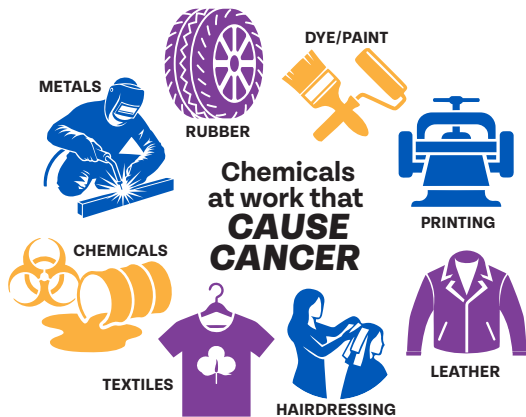
Men are about
4x more likely

to be diagnosed with
bladder cancer than women



Smokers
are **3x**
more likely

to develop bladder
cancer than nonsmokers



WHAT YOU SHOULD KNOW

The bladder is a hollow organ where your body stores its liquid waste, or urine. Made of muscular walls, your bladder stretches to hold your urine and contracts to empty itself through urination.

Bladder cancer occurs when cells that make up the bladder begin to grow and multiply out of control.

ARE YOU AT RISK?

Some factors may increase your risk for bladder cancer.



- ✓ **Smoking** causes about half the cases of bladder cancer.
- ✓ **Gender.** Men are about four times more likely than women to develop bladder cancer.
- ✓ **Chemicals at work.** Some industries — dye, rubber, chemical, metal, painting, printing, hairdressing, textile and leather — involve cancer-causing chemicals.
- ✓ **Age.** The average age of diagnosis is 73.
- ✓ **Prior cancer treatment** that involved certain drugs or radiation to the abdomen or pelvis.
- ✓ **Family history** of bladder cancer.
- ✓ **Hereditary conditions** such as hereditary nonpolyposis colon cancer (HNPCC) or Lynch Syndrome.

SYMPTOMS TO TELL YOUR DOCTOR

- ✓ Blood in your urine
- ✓ Urgent need to void to prevent leakage
- ✓ Frequent urination
- ✓ Painful urination
- ✓ Feeling the need to empty your bladder without results
- ✓ Needing to strain or bear down while urinating



1-800-ROSWELL (1-800-767-9355) | RoswellPark.org



WHY ROSWELL PARK FOR BLADDER CANCER?

- ✓ **Nationally recognized** as one of a select group of comprehensive cancer centers designated by the National Cancer Institute, and the only one in upstate New York.
- ✓ **Global leader in robot-assisted surgery** for bladder operations that reduces hospital stay and promotes faster recovery.
- ✓ **Surgeons with high-volume experience** in robot-assisted surgery for bladder cancer, performing 100% of cystectomies (bladder removal) robotically.
- ✓ **Prehabilitation program** created especially for bladder cancer patients to improve respiratory function and physical mobility before surgery in order to maximize recovery, function and quality of life post surgery.
- ✓ **Access to the latest treatments** including the newest drugs, immunotherapies and other options that may not be available from other providers.



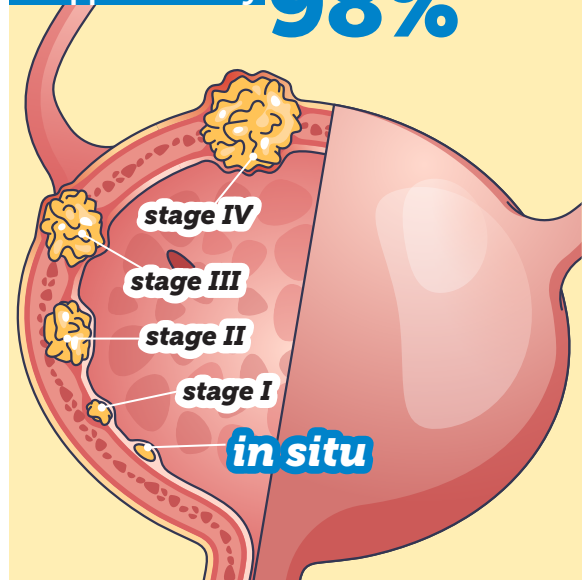
If you have a cancer diagnosis, you need a second opinion. We can arrange for Roswell Park's bladder experts to review your tests and set up a consultation with a member of our bladder cancer team.

Why it matters

In about **10% of cases** our pathologists review, the **diagnosis is changed**, impacting your treatment options, decisions and the way forward.

When bladder cancer is diagnosed at a very early stage – **called in situ** – the

5-year survival rate is approximately 98%



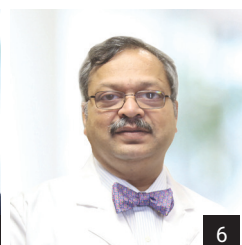
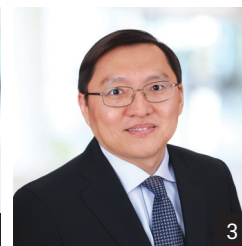
About **half** of bladder cancers are diagnosed at this stage.

**QUIT SMOKING?
YES, YOU CAN**



Call the New York State Quitline at **1-866-NY-QUITS** (1-866-697-8487) or visit **NYSmokeFree.com** for guidance, support and cessation aids.

Meet Our Doctors



Urology

1. Khurshid Guru, MD
2. Helen Cui, MD, PhD
3. Qiang John Li, MD, PhD

Medicine

4. Saby George, MD, FACP

Radiation

5. Varun Chowdhry, MD, MBA
6. Dheerendra Prasad, MD, MDH