BREAST CANCER SCREENING

by the **EXPERTS at ROSWELL PARK**

RoswellPark.org/EDDY

1-800-ROSWELL (1-800-767-9355)

ROSWELL PARK COMPREHENSIVE CANCER CENTER

Why SCREENING IS IMPORTANT

1. Breast cancer is easier to treat when found early.
2. You may feel fine, but cancer can still be there.
3. Early screening can **SAVE YOUR LIFE.**

Who SHOULD BE SCREENED?

ALL WOMEN

40 YEARS OR OLDER

should have a **mammogram**

EVERY YEAR!

HOWEVER, SOME WOMEN ARE AT **HIGHER RISK** FOR **BREAST CANCER**

Women at higher risk might need screening:

- ✓ at a **younger age**
- ✓ with a **breast MRI, too**

The survival rate for breast cancer that is detected early, before it spreads, is **99%**

1 in 8 women will develop breast cancer in her lifetime.

Who IS HIGH RISK?

Talk to your doctor if you have **ANY** of the following:

- ✓ A parent, sibling or child diagnosed with **breast cancer**
- ✓ A blood relative with **ovarian cancer**
- ✓ A family member who had breast cancer before menopause
- ✓ Multiple cancers within your family
- ✓ A known gene mutation, such as BRCA1, BRCA2, TP53, PTEN, PALB2, ATM, or CHEK-2 in your family
- ✓ You've had radiation treatment to the chest as a child, teen or young adult

Black women are **more likely** to **have advanced disease** when diagnosed with breast cancer – and **lower survival** than white women.

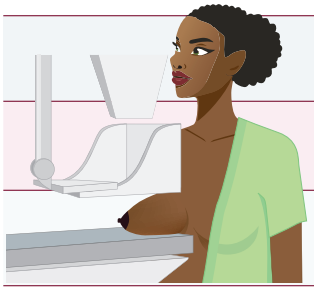
What IS THE THE SCREENING?

Breast cancer screening uses an advanced kind of X-ray called a mammogram to look for changes in breast tissue, even small lumps you can't feel.

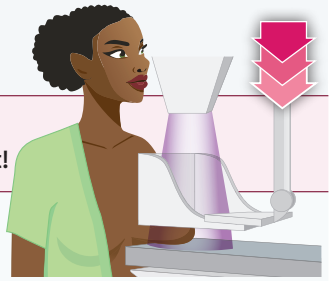
Mammography can detect cancer **BEFORE** it spreads and **lowers risk of dying** from **breast cancer** by **30-40%**

What TO EXPECT DURING YOUR MAMMOGRAM?

Mammograms are QUICK & EASY! Just seconds for each image.



1. Take off your top and bra
2. You will be given a gown to wear.
3. ✓ stand in front of the machine
   ✓ lay **ONE** breast on the plate
4. a top plate will lower, then press down for 10-15 seconds.
5. You'll feel discomfort, but it's a quick squeeze, then it's over, and so worth it!
6. Repeat steps three and four for each image



A screening mammogram usually takes two images of each breast, but more may be needed if you have large breasts or implants.

What IF MY RESULT IS **ABNORMAL?**

If your mammogram shows something abnormal, **it only means that you need follow-up imaging** like a focused mammogram or ultrasound. Most mammograms are normal. **Less than 10% need additional imaging**

If this occurs, we will call you and **you will be in good hands** with trusted experts to guide you through your next steps.

Get SCREENED with EDDY

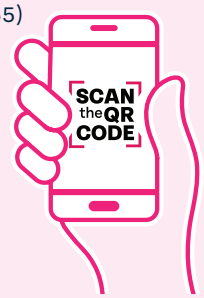
Early Detection Driven to You

To schedule YOUR screening

CALL **1-800-ROSWELL**
(1-800-767-9355)

OR

SCAN



For **QUESTIONS** or to learn when **EDDY** will be near **your neighborhood,** visit **RoswellPark.org/EDDY.**