



# Acupuncture

at Roswell Park Comprehensive Cancer Center

Providing stress relief and supportive care during and after cancer treatment





# WHAT IS Acupuncture?

Acupuncture is a gentle, safe, and relaxing therapy that applies very fine needles to the skin at specific points on the body.

Research supports the use of acupuncture with various cancer treatments as a way to reduce treatment side effects, lessen anxiety, boost mood and support immune functions — without medication.

## WHAT TO EXPECT IN A TREATMENT

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The licensed acupuncturist will discuss your goals for treatment and create a customized plan to best suit your needs. The provider will be sure to avoid any sensitive body areas such as ports, tumor locations or areas with lymphedema. Once the needles are safely and gently applied, they are retained for up to 30 minutes.

## WHAT YOU SHOULD KNOW

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- You'll need a referral from your oncology team at Roswell Park.
- You may need more than one acupuncture treatment before you notice results. Most patients begin with weekly treatments and then come as needed.
- Acupuncture is offered at Roswell Park as an out-of-pocket service, paid for at the time of the appointment. The cost for an acupuncture treatment session is:

\$80 for a private outpatient treatment

\$40 for an inpatient treatment

\$40 for group or infusion chair treatment

Patients may apply for Financial Assistance to receive acupuncture at a discounted rate and/or request receipts for insurance reimbursement.

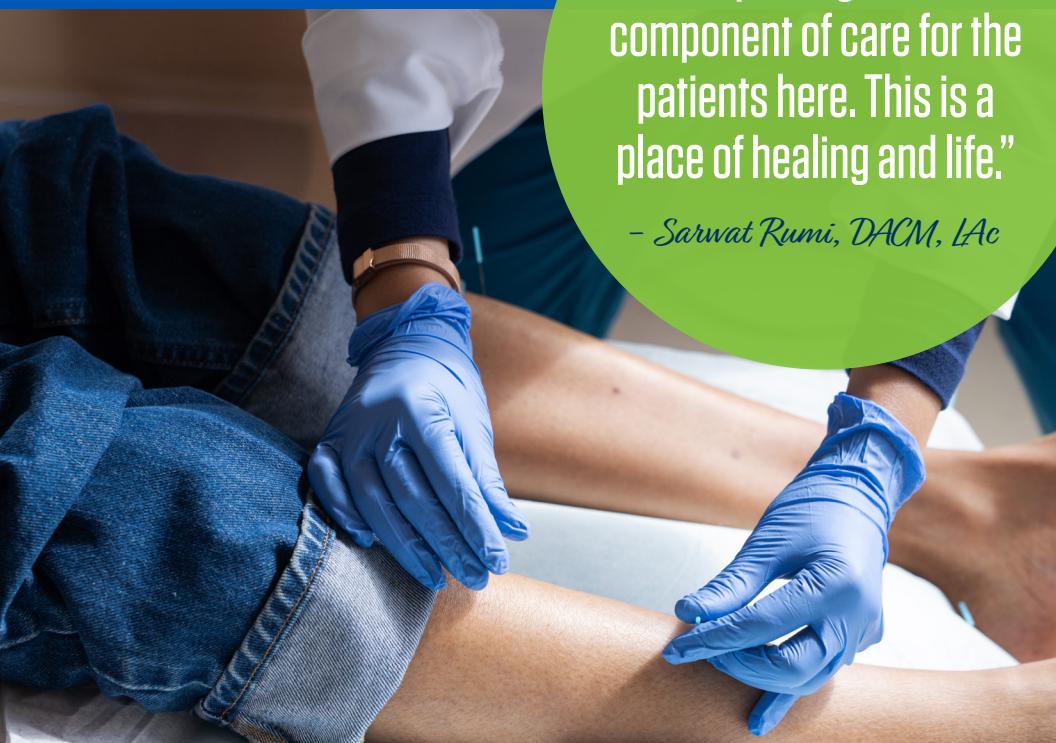
# HOW *Acupuncture* CAN HELP

Acupuncture may alleviate pain and discomfort associated with cancer and cancer treatments by promoting these effects:

- Reduce neuropathy in hands and feet
- Mitigate nausea and vomiting from chemotherapy
- Lessen anxiety and depression
- Reduce hot flashes associated with hormonal changes or treatments
- Improve sleep and quality of rest
- Support fertility
- Boost energy, reduce fatigue
- Support your immune system's natural healing abilities

**\*Acupuncture can be appropriate for patients from diagnosis through treatment and beyond\***

**For more information,**  
call 716-845-4800, option 1



**“** It is a privilege to be a component of care for the patients here. This is a place of healing and life.”

*- Sarwat Rumi, DACM, LAc*



*Sarwat Rumi, DACM, MS, LAc*

Survivorship and Supportive Care



*Hallie O'Gorman, DACM, MS, LAc*

Survivorship and Supportive Care

scan to learn  
more about other  
support services  
for patients



Roswell Park offers acupuncture as an integrative medicine program  
to patients from diagnosis through treatment and beyond.

**RoswellPark.org • 1-800-ROSWELL (1-800-767-9355)**



## **NOW OFFERING ACUPUNCTURE SERVICES AT TWO LOCATIONS:**

New patients please call 716-845-4800, option #1



### **DOWNTOWN**

Elm & Carlton Streets  
Buffalo, NY 14263  
716-845-1300 ext. 3700



### **WILLIAMSVILLE**

100 College Parkway  
Williamsville, NY 14221  
716-845-3200 option #1

National Cancer Institute-Designated Comprehensive Cancer Center

National Comprehensive Cancer Network Member

Blue Distinction® Center for Cellular Immunotherapy - CAR-T

Blue Distinction® Center for Cancer Care

Blue Distinction® Center for Transplants