

PROSTATE CANCER SCREENING

by the
EXPERTS *at*
**ROSWELL
PARK**

RoswellPark.org/EDDY

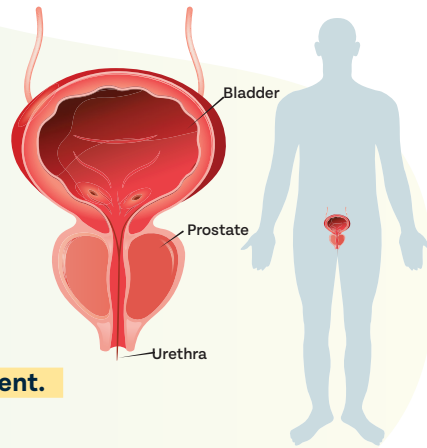
1-800-ROSWELL (1-800-767-9355)



What IS A PROSTATE?

The prostate is a walnut-sized organ in men near the bottom of the bladder. It makes some of the fluid found in semen that is important for sperm function.

Normal prostate cells can turn cancerous and may need treatment.



Why SCREENING IS IMPORTANT

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Prostate cancer is the 2nd leading cause of cancer death in men in the United States.

If detected early with screening, the survival rate is nearly 100%.

Because prostate cancer usually does not have symptoms, screening with a simple blood test can **save your life**.

Who SHOULD BE SCREENED?

**MEN AGE
45 to 75**

HOWEVER, MEN AT HIGH RISK,

such as African Americans or men with a family history of prostate cancer **should** start screening at age

40.

Who IS CONSIDERED HIGH RISK?

✓ **African American men**

African American men are more likely to be diagnosed with prostate cancer at a **younger age** so screening is especially important.

✓ **Men with a family history** of prostate cancer especially a brother or father.

Having a father or brother with prostate cancer doubles your risk for the disease.



Who DOES NOT NEED TO BE SCREENED?

Most men over 75 years old do not need prostate cancer screening but are welcome to connect with our experts to discuss if they will benefit from screening.

1 in 8 men will develop **prostate cancer** in their lifetime.



What TO EXPECT FROM YOUR SCREENING

NO PREPARATION IS REQUIRED. Screening for prostate cancer involves a quick and easy blood test for PSA:



PSA test

A blood sample is taken from your arm to check your PSA level.

Other optional tests to help detect prostate cancer may include a digital rectal exam, to feel the prostate, and imaging with ultrasound.

What is PSA?

PSA is a protein produced by normal cells in the prostate.

A small amount of PSA in your blood

is normal. If PSA levels rise, prostate cancer needs to be ruled out.



The PSA blood test was discovered at **ROSWELL PARK.**



What DO MY RESULTS MEAN?

A high PSA level, or a rising level over time, suggests you might have a problem with your prostate, but not necessarily cancer.

These tests **do not diagnose prostate cancer**, but they let the doctor know that **something is abnormal** and **needs a follow-up test** like an MRI scan or biopsy. If this occurs, we will call you and our trusted experts will guide you through your **NEXT STEPS.**

Get **SCREENED** with

EDDY

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Driven to You**



To schedule
YOUR screening

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OR

SCAN

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For **questions** or to learn when **EDDY** will be near **your neighborhood**, visit **RoswellPark.org/EDDY.**