



You have unique needs as a cancer survivor — we can help.

# SURVIVORSHIP

AT ROSWELL PARK  
COMPREHENSIVE CANCER CENTER

Our team approach to your care continues beyond completion of your cancer treatment.



[RoswellPark.org](http://RoswellPark.org)

 **1in5** cancers are found in people who have had a previous cancer.

# LIFE AFTER CANCER

Our **Survivorship Program** brings together many of Roswell Park's clinical and supportive services, specifically designed for people like you, as you face forward and learn to embrace a new normal.

## OUR SURVIVORSHIP TEAM CAN HELP:

### DETECT and MANAGE



Detect and manage any side effects from your disease or its treatment.

### RESTORE YOURSELF



Restore your body and soul with rehabilitative therapy, nutrition counseling, and emotional support and guidance.

### SCREEN and MONITOR



Screen and monitor you for ongoing cancer detection.

### CREATE a PLAN



Create a plan that will be your roadmap to your healthiest lifestyle possible.

## Why It Matters

Cancer treatments are harsh on the body, and many cancer survivors face a higher risk for medical and psychosocial effects, such as:

- **Secondary cancers**
- **Issues with sexual function**
- **Cardiovascular complications**
- **Anxiety, distress and depression**
- **Chronic pain or neurological symptoms**
- **Fatigue, sleep disorders and insomnia**
- **Financial problems**
- **Stress of your caregivers**



**Teresa Johnson**  
Medical Social Worker



## You may benefit from these tests.

We'll help arrange the ones you need.

- ✓ Full body skin check
- ✓ Bone density scan
- ✓ Mammogram
- ✓ Colonoscopy
- ✓ Heart and lung function tests
- ✓ Pap test
- ✓ Lung cancer screening

## How we can help

Our team will develop a personalized, long-term care plan according to your specific diagnosis and treatment history.

### WE PROVIDE:

**MEDICAL AND PREVENTIVE CARE**, including an annual clinic visit, timely cancer screenings and surveillance scans; vaccinations; nutrition counseling; and management of symptoms such as fatigue, sleep issues, and difficulty with intimacy and/or fertility.

**SOCIAL SUPPORT AND GUIDANCE**, including spiritual care, support groups and one-on-one counseling to address post-treatment adjustment, anxiety and stress.

**PAIN MANAGEMENT** to help you find relief from new or ongoing symptoms.

**REHABILITATION SERVICES**, including physical, occupational and speech therapy and lymphedema treatment.

**LEGAL AND FINANCIAL ASSISTANCE** to help you sort through issues with returning to work, collecting disability benefits, securing health and/or life insurance and completing an advance directive, living will and health care proxy.

**REFERRALS TO SMOKING CESSATION** to help you kick the habit through classes, counseling or nicotine replacement personalized to your needs.

**PEDIATRIC, ADOLESCENT AND YOUNG ADULT SURVIVORSHIP SERVICES** designed specifically for those who had cancer as a child, teen or young adult.

**WELLNESS SERVICES TO IMPROVE OVERALL WELL-BEING**, such as support groups, reiki, yoga, qi gong and more.



**Dr. Andrew Ray**  
Rehabilitation Specialist

Andrew Ray, PT, PhD  
Physical Therapy

MAKE AN APPOINTMENT  
FOR YOUR CONSULTATION CALL

**1-800-ROSWELL**  
(1-800-767-9355)



**NOW OFFERING SURVIVORSHIP SERVICES AT THREE LOCATIONS:**



**DOWNTOWN**

Elm & Carlton Streets  
Buffalo, NY 14263



**WILLIAMSVILLE**

100 College Parkway  
Williamsville, NY 14221



**JAMESTOWN**

21 Porter Avenue  
Jamestown, NY 14701  
716-664-1909

**RoswellPark.org • 1-800-ROSWELL (1-800-767-9355)**



National Cancer Institute-Designated Comprehensive Cancer Center | National Comprehensive Cancer Network Member  
Blue Distinction® Center for Cellular Immunotherapy - CAR-T | Blue Distinction® Center for Cancer Care | Blue Distinction® Center for Transplants