



You have unique needs as a cancer survivor — we can help.

SURVIVORSHIP

AT ROSWELL PARK
COMPREHENSIVE CANCER CENTER

Our team approach to your care continues beyond completion of your cancer treatment.



RoswellPark.org

 **1in5** cancers are found in people who have had a previous cancer.

LIFE AFTER CANCER

Our **Survivorship Program** brings together many of Roswell Park's clinical and supportive services, specifically designed for people like you, as you face forward and learn to embrace a new normal.

OUR SURVIVORSHIP TEAM CAN HELP:

DETECT and MANAGE



Detect and manage any side effects from your disease or its treatment.

RESTORE YOURSELF



Restore your body and soul with rehabilitative therapy, nutrition counseling, and emotional support and guidance.

SCREEN and MONITOR



Screen and monitor you for ongoing cancer detection.

CREATE a PLAN



Create a plan that will be your roadmap to your healthiest lifestyle possible.

Why It Matters

Cancer treatments are harsh on the body, and many cancer survivors face a higher risk for medical and psychosocial effects, such as:

- **Secondary cancers**
- **Issues with sexual function**
- **Cardiovascular complications**
- **Anxiety, distress and depression**
- **Chronic pain or neurological symptoms**
- **Fatigue, sleep disorders and insomnia**
- **Financial problems**
- **Stress of your caregivers**



Teresa Johnson
Medical Social Worker



You may benefit from these tests.

We'll help arrange the ones you need.

- ✓ Full body skin check
- ✓ Bone density scan
- ✓ Mammogram
- ✓ Colonoscopy
- ✓ Heart and lung function tests
- ✓ Pap test
- ✓ Lung cancer screening

How we can help

Our team will develop a personalized, long-term care plan according to your specific diagnosis and treatment history.

WE PROVIDE:

MEDICAL AND PREVENTIVE CARE, including an annual clinic visit, timely cancer screenings and surveillance scans; vaccinations; nutrition counseling; and management of symptoms such as fatigue, sleep issues, and difficulty with intimacy and/or fertility.

SOCIAL SUPPORT AND GUIDANCE, including spiritual care, support groups and one-on-one counseling to address post-treatment adjustment, anxiety and stress.

PAIN MANAGEMENT to help you find relief from new or ongoing symptoms.

REHABILITATION SERVICES, including physical, occupational and speech therapy and lymphedema treatment.

LEGAL AND FINANCIAL ASSISTANCE to help you sort through issues with returning to work, collecting disability benefits, securing health and/or life insurance and completing an advance directive, living will and health care proxy.

REFERRALS TO SMOKING CESSATION to help you kick the habit through classes, counseling or nicotine replacement personalized to your needs.

PEDIATRIC, ADOLESCENT AND YOUNG ADULT SURVIVORSHIP SERVICES designed specifically for those who had cancer as a child, teen or young adult.

WELLNESS SERVICES TO IMPROVE OVERALL WELL-BEING, such as support groups, reiki, yoga, qi gong and more.



Dr. Andrew Ray
Rehabilitation Specialist

Andrew Ray, PT, PhD
Physical Therapy

MAKE AN APPOINTMENT
FOR YOUR CONSULTATION CALL

1-800-ROSWELL
(1-800-767-9355)

**Now offering Rehabilitation
services at two locations:**



DOWNTOWN
Elm & Carlton Streets
Buffalo, NY 14263

WILLIAMSVILLE
100 College Parkway
Williamsville, NY 14221

www.RoswellPark.org
1-800-ROSWELL (1-800-767-9355)



National Cancer Institute-Designated Comprehensive Cancer Center | National Comprehensive Cancer Network Member
Blue Distinction® Center for Cellular Immunotherapy - CAR-T | Blue Distinction® Center for Cancer Care | Blue Distinction® Center for Transplants