

The Rehabilitation team will work to maximize your physical abilities and comfort levels, to ensure the quickest, most effective recovery for you.

# REHABILITATION SERVICES

AT ROSWELL PARK  
COMPREHENSIVE CANCER CENTER



[RoswellPark.org](http://RoswellPark.org)

# OUR REHABILITATION SERVICES

encompass both inpatient and outpatient services to provide physical and occupational therapy specifically designed for cancer patients and survivors—before, during and after cancer treatment.

## OUR TEAM CAN HELP:

DECREASE  
**pain**



and



INCREASE  
**mobility**



IMPROVE  
**quality  
of life**



More than **80%** of cancer patients  
have side effects that **can be improved** with rehabilitation.

## Why it's important

Surgery, chemotherapy, radiation, transplant and other cancer treatments are harsh on the body. While many side effects do subside once treatment ends, others linger.

You don't have to wait to complete your cancer treatment before seeking relief. Many symptoms can be addressed and improved while you're in active treatment. In addition, some secondary effects — such as lymphedema — may not surface until years later.

### REHABILITATION THERAPY CAN HELP:

- Rebuild your muscle strength to correct weaknesses, improve balance
- Improve your range of motion and tolerance for exercise
- Combat effects of radiation therapy
- Relieve pain symptoms
- Reduce lymphedema
- Address incontinence and sexual side effects
- Reduce fatigue and depression

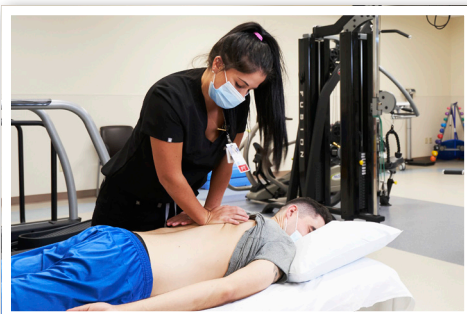






## How we can help

After an initial evaluation, our team will create a personalized plan of care to address your needs. This plan may encompass exercises for you to perform at home, activity modifications, and a schedule of continued therapy appointments in our clinic.



## We provide:

**Pretreatment screening** to assess ability to undergo surgery or transplant safely

**Prehabilitation therapy** to prepare your body for upcoming surgery or transplant and speed recovery

**Inpatient therapy** to address mobility and activities of daily living, and ensure a safe discharge

**Outpatient physical and occupational therapy** to improve strength, balance and mobility; relieve symptoms such as pain

**Pulmonary rehabilitation** including inspiratory training to strengthen the muscles involved in breathing.

**Lymphedema treatment** that includes manual lymph drainage, compression garments, skin care, and exercises

**Pelvic floor rehabilitation** to address incontinence and sexual side effects

## Important Pathway to an Active Lifestyle

Physical and occupational therapy can help start you on the road to a more active way of life, resuming prior activities or finding new ones. Staying physically active after a cancer diagnosis has beneficial effects for several aspects of survivorship, including weight management, quality of life, cancer recurrence or progression, and prognosis.

Ask your Roswell Park physician for a referral, and  
**LET US BEGIN HELPING YOU.**

MAKE AN APPOINTMENT  
FOR YOUR CONSULTATION CALL

**1-800-ROSWELL**  
(1-800-767-9355)

**Now offering Rehabilitation services  
at two locations:**



**DOWNTOWN**  
Elm & Carlton Streets  
Buffalo, NY 14263

**WILLIAMSVILLE**  
100 College Parkway  
Williamsville, NY 14221

**[www.RoswellPark.org](http://www.RoswellPark.org)**  
**1-800-ROSWELL (1-800-767-9355)**



National Cancer Institute-Designated Comprehensive Cancer Center | National Comprehensive Cancer Network Member  
Blue Distinction® Center for Cellular Immunotherapy - CAR-T | Blue Distinction® Center for Cancer Care | Blue Distinction® Center for Transplants