Wednesday,
April 13th 2022

Ostomy News

Latest news and bulletin updates

Issue # 4

Wound Ostomy Continence Nursing Department

Updates and Changes

- Say Hello to Our Team. We are here to help!

Meganne Conrad RN, BSN, CWOCN

Michelle Dalka RN, BSN, CWOCN

Amy Menegay, RN, BSN, CWOCN

Katie O'Hearn, RN, BSN, CWOCN

- **Keeping connected:**
  Check the Roswell Park Ostomy Support Group Website, 1st Floor Cafeteria Billboard, your e-mail, and/or the Ground Floor Billboard by the main elevators for updates through the year.

- **Attendance:**
  Don't forget to sign in and provide your e-mail if you haven't already.

- **New Flyers**
  Please pick up a new Flyer for updated dates and location!

Let's Get Physical …

Physical Therapy!

Discussion Topic of the Day:

Incorporating Physical Therapy for a healthy core and lifestyle.

Spring has sprung! With fresh air, warmer temperatures, and more sunshine comes the need for gardening, lawncare, and some therapeutic walks to take in season, just to name a few. Roswell's Physical Therapy Team is a perfect resource for keeping your core strength a priority so you can enjoy the things that matter most to you.

NOTES