Know which cancer screening tests you need — and when — and how to get them.



Dr. Tessa Flores, Medical Director of Cancer Screening and Survivorship, consults with a patient.

# AT ROSWELL PARK COMPREHENSIVE CANCER CENTER



RoswellPark.org/Screening

## WHICH TESTS? WHEN?

It can be difficult to keep track of which tests you need and when, and whether a personal or family member's cancer diagnosis affects your risk. We'll help arrange the screenings you need for these cancers:



For all women **age 40 to 70,** frequency depends on risk factors

BREAST MAMMOGRAPHY



schedule your mammogram at a convenient Roswell Park location: RoswellPark.org/Mammography or 1-800-ROSWELL

#### COLORECTAL



Colonoscopy for men and women

age 45 and older; earlier testing may

be needed for those with certain factors

### PROSTATE



Early detection counseling, digital rectal exam, PSA test (if desired) for men starting **at age 45;** and starting at **age 40** for African American men or those with family history

#### CERVICAL



Pelvic exam, Pap test and routine HPV testing for women **age 21 to 65** 

#### LUNG

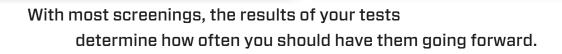
Low-dose CT scan for men and women **age 50 to 79** with more than **20 pack-years** of smoking history and have smoked in last 15 years



schedule your lung cancer screening at a convenient Roswell Park location: RoswellPark.org/HighRiskLung or 1-800-ROSWELL

#### **SKIN CANCER**

Full-body skin check for patients with any suspicious lesions



ELIGIBLE FOR A SCREENING, BUT NOT SURE WHERE TO START? Make an appointment for your cancer screening consultation in Buffalo, NY, by calling: **1-800-ROSWELL** (1-800-767-9355)

Understand your personal screening needs by completing the cancer screening questionnaire at **RoswellPark.org/Screening**.

## HOW WE CAN HELP

Not everyone will need every screening test. In order to focus on your cancer risk and testing needs, we provide:

#### **Cancer Screening Consultation**

This appointment with a medical provider will include:

- Questionnaire and discussion about your current health, and your personal and family history
- **Clinical examination** of your mouth and throat, thyroid, breasts, lymph nodes, abdomen and rectum
- Skin check to look for growths that should be removed
- Review by the provider to determine which screenings you should have

#### Referrals and appointments for screening tests

We'll arrange for you to have the tests you need right here at Roswell Park, or at a provider of your choice.

#### Assistance with health insurance coverage

Insurance plans do cover screening exams and tests, meaning no out-of-pocket cost to you. If you lack health insurance, we'll help you access the NYS Cancer Services Program to cover appropriate screening tests, and Medicare and Medicaid should you need treatment.

#### **Smoking cessation programs**

to help you kick the habit with education classes, counseling or nicotine replacement

#### Connection to other Roswell Park experts

If necessary, we'll connect you with Roswell Park's clinics that provide surveillance and preventive options, referral to genetic testing, or to a treatment team.

## HIGH-RISK CANCER PROGRAMS

Roswell Park also offers programs for people who have higher than normal risk for certain types of cancers such as:



Take our personal assessment at RoswellPark.org/Screening to better understand your risk factors for cancer

#### By Disease

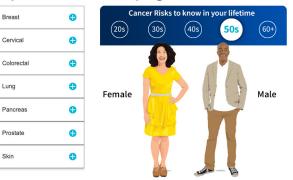
Breas

Cervical

Lung

Prostate

Skin



By Age and Gender

## **ELIGIBLE FOR A CANCER SCREENING, BUT NOT SURE WHERE TO START?**

The programs offer appropriate screening,

surveillance and

vour risk of

**OVARIAN** and **PANCREAS** CANCER.

BREAST

LUNG

preventive options

to help you manage

Make an appointment for your cancer screening consultation in Buffalo, NY, by calling:

1-800-ROSWELL (1-800-767-9355)

Please let us know if you need a language interpreter or assistance with transportation for your appointment. We can help.



#### Elm & Carlton Streets | Buffalo, New York 14263 www.RoswellPark.org | 1-800-ROSWELL (1-800-767-9355)

National Cancer Institute-Designated Comprehensive Cancer Center | National Comprehensive Cancer Network Member Blue Distinction® Center for Cancer Care | Blue Distinction® Center for Transplants | Blue Distinction® Center for Cellular Immunotherapy - CAR-T