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| Wednesday, April 13th 2022  | Ostomy NewsLatest news and bulletin updates Let’s Get Physical … | Issue # 4  |
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| Wound Ostomy Continence Nursing Department Updates and Changes * Say Hello to Our Team. We are here to help!

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Check the Roswell Park Ostomy Support Group Website, 1st Floor Cafeteria Billboard, your e-mail, and/or the Ground Floor Billboard by the main elevators for updates through the year.* **Attendance:**

Don’t forget to sign in and provide your e-mail if you haven’t already.* **New Flyers**

Please pick up a new Flyer for updated dates and location! |   |  Physical Therapy! |
|  | **Discussion Topic of the Day:****Incorporating Physical Therapy for a healthy core and lifestyle.** |
| Spring has sprung! With fresh air, warmer temperatures, and more sunshine comes the need for gardening, lawncare, and some therapeutic walks to take in season, just to name a few. Roswell’s Physical Therapy Team is a perfect resource for keeping your core strength a priority so you can enjoy the things that matter most to you.Table  Description automatically generated |