

EVERYONE HAS A STORY:

WHAT'S YOURS?

A **cancer diagnosis** can really make you stop and think about your life – it's meaning, it's value and it's purpose. Every life is remarkable. It's easy to say this about others, but how often do we stop to recognize that our own lives are worthy of attention? Allow yourself to be heard and speak your truth!



YOUR STORY

Life Recorded gives you the opportunity to bring loved ones together to share memories, thoughts, advice and insights. Your recording can tell others where you have come from, who you are now, and your future hopes and dreams. You can express how you feel at this time in your life or you can focus on another time. It's up to you!

YOU ARE SO MUCH MORE THAN THE CANCER

Each one of us has a uniquely inspiring path in life that has brought us to where we are today. Capture this moment, as well as memories from yesterday, or long ago. Give yourself the gifts of insight, healing and hope – with a side of love and laughter!

HERE'S WHAT SOME OF OUR PAST PARTICIPANTS HAVE SAID:

"I wanted to focus on the positive experiences in my life."

- Julie Ann

"I wanted to be remembered for generations to come."

- James

"There was a time when I wouldn't have [done something like this], but as I grow older, I realize that everyone does have a story and it's worth sharing."

- Cheryl

LIFE RECORDED

A Project Inspired by StoryCorps

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The Jayne and Phil Hubbell Family



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National Cancer Institute-Designated Comprehensive Cancer Center
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Spiritual Care Department

716-845-8051

Rev. Dr. Melody Rutherford, DMIN, MS
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Life Recorded Program Coordinator



SHARE YOUR STORY

LIFE RECORDED

— A Project Inspired by StoryCorps —

*Where your story, your voice,
your testimony become part of the
Roswell Park community narrative.*



Spiritual Care Department

716-845-8051



Where your individual voice becomes a part of the Roswell Park community story.

Your recording can be just for yourself, or you may choose to share it with loved ones. Only with your permission, we may share a brief clip of your recording to inspire others.

WHAT DOES A LIFE RECORDED SESSION LOOK LIKE?

Each 30 or 40-minute audio or video recording can feature you and / or anyone you would like to include in your session. Choose a family member, a friend, or a member of your care team.

THE STORYTELLER

This is all about you. What do you want to share with others who may be traveling a similar path in life? What do you definitely know for sure and what are you still working out? How do you see the world and how have your family members, friends, or life experiences helped to shape you into who you are? Who do you love? Who is your best friend? What makes you hopeful? Express yourself freely and perhaps discover something new about yourself.



THE INTERVIEWER(S) (OPTIONAL)

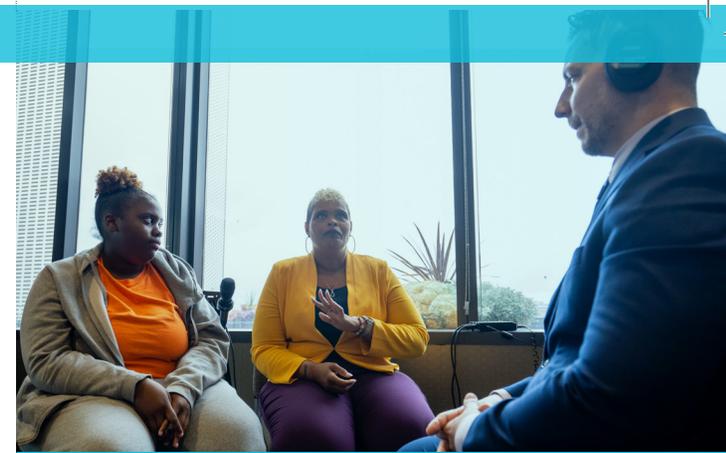
This role is for family members, caregivers, friends, co-workers, neighbors, or any other special people in the lives of the storyteller. With one or two interviewers, the session is an intimate conversation. Add a few more people, and it can become a family bonding activity as a way to mark a milestone celebrated with those most important to you.

THE FACILITATOR

It can be difficult to decide what themes or questions to focus on within your recorded conversation. Thanks to our friendly and professionally trained facilitators, you will have an expert and compassionate guide as you experience the positive benefits of sharing your voice. Your facilitator will help you prepare for your recorded conversation to ensure your comfort and authentic voice. They will be happy to answer any questions or concerns throughout the entire process.

"I want to be a source of inspiration for others"

-Bekkah



"Very cathartic. I let go of built up feelings."

- Eric

CHOOSE YOUR AUDIO/VIDEO RECORDING "STUDIO"

- Your In-patient room
- A recording space at Roswell Park's downtown campus
- A private space where you celebrate your spirituality or gather in community
- Your home

COPIES OF YOUR RECORDING

Your recording is our gift to you. Request any current format:

- CDs of your audio recording
- DVDs of your video recording
- USB drives with your audio or video recording
- Digital upload to your MyRoswell portal

WHO'S INVITED TO RECORD?

We welcome all Roswell Park patients, caregivers, employees, students, volunteers, blood donors, fundraisers – the list goes on! All you need is to be a part of the Roswell Park community.

Call us at **716-845-8051** or register online at **RoswellPark.org/spiritual-care/life-recorded**