

## **CANCER SCREENING CENTER**

AT ROSWELL PARK COMPREHENSIVE CANCER CENTER



RoswellPark.Org

#### WHAT IS CANCER SCREENING?

Cancer screening tests help detect warning signs of the disease, or conditions that could lead to cancer, long before symptoms appear. Cancers that are discovered through routine screenings are generally smaller and at an early stage when treatment is most effective. Our Cancer Screening Center can help:

# Educate you about your cancer risk

and what you can do to prevent or reduce your risk for the disease.

### **Provide screening tests**

that are performed and interpreted by experts who specialize in detecting and treating cancer.

### Create a plan

to help you stay on track with appropriate screenings and healthier lifestyle efforts.

#### WHICH TESTS? WHEN?

How often do you need a colonoscopy? When should you begin mammograms? It can be difficult to keep track of which tests you need and when, and whether a personal or family member's cancer diagnosis affects your risk. We'll help arrange the screenings you need for these cancers:

- **√** Breast
- Mammography, yearly screening for women at average risk, starting at age 40
- √ Cervical

Pelvic exam, Pap test and routine HPV testing for women age 21 to 65

√ Colorectal

Colonoscopy for men and women age 50 and older

✓ Lung

Low-dose CT scan for men and women age 55 to 79 with more than 30 pack-years of smoking history and have smoked in last 15 years

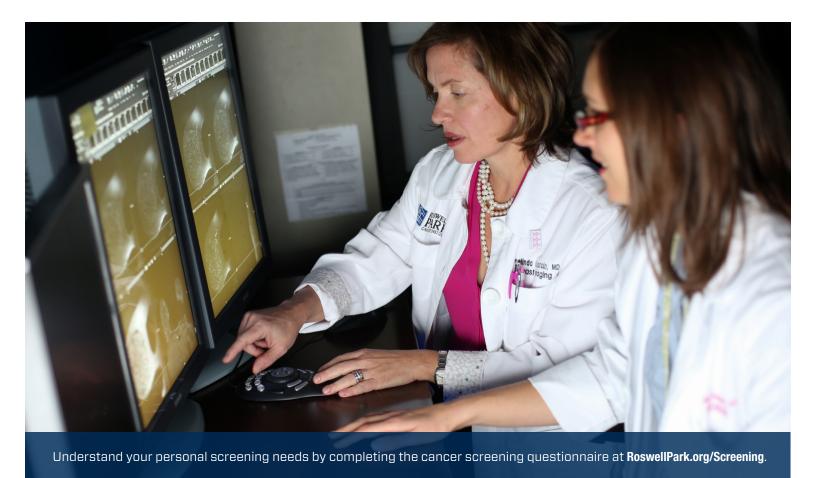
✓ Prostate

Digital rectal exam, counseling about PSA early detection, and PSA testing if desired for men age 50 and older

√ Skin

Full-body skin check for patients with any suspicious lesions

With most screenings, the results of your tests determine how often you should have them going forward.



#### **HOW WE CAN HELP**

Not everyone will need every screening test. In order to focus on your cancer risk and testing needs, we provide:

#### **Cancer Screening Exam**

This appointment with a medical provider will include:

- Questionnaire and discussion about your current health, and your personal and family history
- Clinical examination of your mouth and throat, thyroid, breasts, lymph nodes, abdomen and rectum
- **Skin check** to look for growths that should be removed
- Review by the provider to determine which screenings you should have

# Referrals and appointments for screening tests

We'll arrange for you to have the tests you need right here at Roswell Park, or at a provider of your choice.

## Assistance with health insurance coverage

Insurance plans do cover screening exams and tests, meaning no out-of-pocket cost to you. If you lack health insurance, we'll help you access the NYS Cancer Services Program to cover appropriate screening tests, and Medicare and Medicaid should you need treatment.

### **Smoking cessation programs**

We can help you kick the habit with education classes, counseling or nicotine replacement.

# Connection to other Roswell Park experts

If necessary, we'll connect you with Roswell Park's clinics that provide surveillance and preventive options, referral to genetic testing, or to a treatment team.



Please let us know if you need a language interpreter or assistance with transportation for your appointment. We can help.



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