

HOW TO PROPERLY

Wear and Remove a Mask

Face masks are only helpful if worn properly. Follow these important guidelines at all times when wearing a mask:

Wearing Your Face Mask

1



Mask should not be worn hanging around the neck or under the chin. It must be fully on in all patient care areas.

2



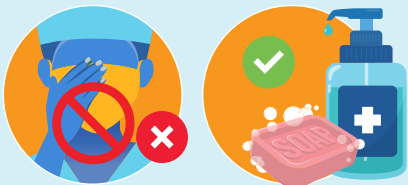
Mask must fully cover the nose and mouth, pinched across the nose with no gaps between the mask and face.

3



All ear loops or ties must be worn as intended by the mask's design.

4



Avoid touching your face or repositioning the mask; if you do, clean your hands with alcohol-based sanitizer or soap and water.

Removing Your Face Mask

1



Maintain a physical distancing of at least six feet from other people when possible, including during the removal of your procedure mask.

2



Remove the mask by the earloops. Try not to handle the mask itself.

3



After removing your mask, place it in a designated receptacle for reuse, such as a paper bag with your name on it.

4

Take care of your mask and discard it only if it has been soiled, contaminated or damaged, or if it is the end of your shift.



Always

Clean your hands with alcohol-based sanitizer or soap and water before putting on and after removing your mask, and after touching your face or mask.

