WHAT YOU SHOULD KNOW

Lymphomas are a group of blood cancers that develop in the lymphatic system — part of your immune system — that includes the tonsils, spleen, thymus, and the body-wide network of lymph nodes and vessels. Because lymphatic tissue is found in many body areas, lymphoma can start almost anywhere.

Two main lymphoma types are:

- **Hodgkin lymphoma.** Relatively rare, with an estimated 8,110 new cases of Hodgkin disease diagnosed this year, survival rates are high, especially for early-stage disease.
- **Non-Hodgkin lymphoma (NHL).** One of the most common cancer types in the United States, with an estimated 74,500 new cases this year, NHL is a leading cause of cancer death.

ARE YOU AT RISK?

Physicians seldom know why a person develops lymphoma, but research indicates these factors increase risk for non-Hodgkin lymphoma:

- **Weakened immune system,** due to inherited condition or medications.
- **Certain infections,** such as human immunodeficiency virus (HIV), Epstein-Barr virus (EBV), Helicobacter pylori (H. Pylori), human T-cell leukemia/lymphoma virus type 1 (HTLV-1) and hepatitis C.
- **Autoimmune disease,** such as rheumatoid arthritis, psoriasis or Sjögren’s syndrome.
- **Age.** Most people with non-Hodgkin lymphoma are older than 60; however Hodgkin disease most commonly occurs in early adulthood, ages 15 to 40.
- **Male gender.** More men than women develop lymphoma.
- **Exposure** to certain pesticides.
- **Previous treatment** for Hodgkin lymphoma.
WHY ROSWELL PARK FOR LYMPHOMA?

- **Nationally recognized.** We are among a select group of comprehensive cancer centers designated by the National Cancer Institute and the state’s only one outside of New York City.

- **Multidisciplinary care** by a team of lymphoma experts, including hematologists, oncologists, psychologists, dieticians, physical therapists and others who work together to provide comprehensive and integrated care — under one roof.

- **Access to the latest treatments.** The most promising new drugs, immunotherapies, targeted therapies and cellular therapies, available only through clinical trials, are important options for many patients.

- **Transplant & Cellular Therapy Center** that’s one of the nation’s top centers for blood and marrow transplant and other cellular therapies.

- **Holistic supportive services** to care for you, not just your cancer. Programs include art, music and pet therapy, acupuncture, massage, spiritual care, patient retreats and support groups.

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MEET OUR DOCTORS

Medical Oncology
1. Suchitra Sundaram, MD
2. George Chen, MD
3. Francisco J. Hernandez-Ilizaliturri, MD
4. Jens Hillengass, MD
5. Kelvin Lee, MD
6. Pallawi Torka, MD

Radiation Oncology
7. Anurag Singh, MD
8. Simon Fung-Kee-Fung, MD

Nuclear Medicine
9. Dominick Lamonica, MD

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SYMPTOMS TO TELL YOUR DOCTOR

- Swollen, enlarged lymph node(s) in the neck, armpit or groin
- Fever
- Drenching night sweats
- Unexplained weight loss
- Skin rash or itchy skin
- Coughing, difficulty breathing or chest pain
- Feeling weak or very tired
- Abdominal pain, swelling or fullness

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GET A 2nd OPINION

If you have a lymphoma diagnosis, you need a second opinion. We can arrange for our lymphoma experts to review your scans and pathology and schedule a consultation.

**WHY IT MATTERS** — In about 10% of cases we review, the diagnosis is changed, impacting your treatment options, decisions and the way forward.

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Lymphoma is more common in men than women and more common among Caucasians.

Roswell Park is an FDA-authorized treatment center for Yescarta™ and Kymriah™, two new immunotherapies for some patients with large B cell lymphoma.

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