

Roswell Park Tobacco Treatment Specialist Training

General Workshop Agenda

DAY ONE

7:30-8:00	Breakfast; sign in
8:00-8:30	Welcome and Introductions
8:30-9:00	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing, and Module 10: Law and Ethics <i>Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics, and Credentialing</i>
9:00-9:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Comprehensive Tobacco Control Programs</i>
9:45-10:00	Break
10:00 – 10:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Evidence-Based Tobacco Dependence Treatment Approaches</i>
10:45 -11:15	Module 2: Comprehensive Approaches to Tobacco Control <i>Lecture: Health Care Delivery Systems Approaches</i>
11:15-11:45	Module 2: Comprehensive Approaches to Tobacco Control <i>Activity: Evaluating a Health Care Delivery Systems-Level Tobacco Treatment Intervention</i>
11:45 – 12:30	Lunch Break
12:30-1:00	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Film: The Evolving Cigarette</i>
1:00– 3:00	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco Products: Design, Packaging, and Marketing</i>
3:00 - 3:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Activity: Tobacco Products Word Scramble Challenge!</i>
3:15 – 3:30	Break
3:30 – 4:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Product Design and Vaporizers</i>
4:15 – 5:15	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Electronic Nicotine Delivery Systems (ENDS)</i>
5:15 - 5:30	Submit Program Evaluations for the Day

DAY TWO

7:30 – 8:00	Breakfast; sign in
8:00 – 8:45	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences Lecture: Tobacco Use Prevalence Rates
8:45 – 9:30	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences Lecture: Incidence of Tobacco-Related Diseases
9:30 – 9:45	Break
9:45 – 10:30	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences Lecture: Tobacco-Related Disparities, Activity: Disparities Awareness
10:30 – 10:45	Module 3: Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences Activity: Health Consequences Crossword Puzzle Challenge!
10:45 – 12:00	Module 4: A Biopsychosocial Approach to Understanding and Treating Tobacco Use Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use
12:00 – 12:45	Lunch Break
12:45 – 1:45	Module 5: Comprehensive Clinical Assessment of the Tobacco User Lecture: The Fundamentals of Assessment: Essential Characteristics
1:45 – 2:45	Module 5: Comprehensive Clinical Assessment of the Tobacco User Lecture: The Fundamentals of Assessment: Other Important Factors
2:45 – 3:00	Module 5: Comprehensive Clinical Assessment of the Tobacco User Activity: Assessment of the Tobacco User Crossword Puzzle Challenge!
3:00 – 3:15	Break
3:15 – 4:15	Module 5: Comprehensive Clinical Assessment of the Tobacco User Activity: Intake Assessment Integration and Treatment Planning - Scoring and Interpretation
4:15 – 5:15	Module 5: Comprehensive Clinical Assessment of the Tobacco User Activity: Intake Assessment Integration and Treatment Planning - Case Conceptualization and Treatment Planning
5:15 – 5:30	Submit Program Evaluations for the Day

DAY THREE

7:30 – 8:00	Breakfast; sign in
8:00 – 8:45	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies Lecture: Motivational Interviewing Fundamentals
8:45 – 9:30	Activity: Persuasion and Contrast Role Plays
9:30 – 10:00	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Activity: Motivational Interviewing Demonstration
10:00 – 10:15	Activity: Motivational interviewing Matching Challenge!
10:15 – 10:30	Break
10:30 – 11:00	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies Lecture: Fundamentals of Cognitive Behavioral Therapy
11:00 – 11:15	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies Activity: Trigger-Urge-Response Cycle Three Column Exercise Sarah Pearson-Collins, MS, NCTTP
11:15 – 12:15	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies Lecture: Behavioral Principles
12:15 – 1:00	Lunch Break
1:00 – 1:45	Module 6: Principles of Evidence-based, Patient-Centered, Behavior Change Treatment Strategies Lecture: Relapse Prevention and Recovery
1:45 – 2:30	Module 7: Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning Lecture: Fundamentals of Pharmacotherapy
2:30 – 2:45	Module 7: Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning Activity: Hands-on Demonstration and Experience with the FDA-Approved Cessation Medications
2:45 – 3:00	Break
3:00 – 4:00	Module 8: Treatment Processes Lecture: Understanding How a Treatment Plan Progresses: Therapeutic Goals and Objectives
4:00 – 4:30	Module 8: Treatment Processes Lecture: Effective, Collaborative Goal Setting During Treatment Activity: Role Play: Practicing SMART Goals
4:30 – 5:15	Module 8: Treatment Processes Lecture: Baby and Me Tobacco Free
5:15 – 5:30	Submit Program Evaluations for the Day

DAY FOUR

7:30 – 8:00	Breakfast; sign in
8:00 – 9:00	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 1</i> <i>Activity: Leading the Trigger-Urge-Response Cycle Three Column Exercise</i>
9:00 – 10:00	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 2</i> <i>Activities: Exploring Important Topics in Treatment</i>
10:00– 10:15	Break
10:15 – 11:15	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 3</i> <i>Activities: Teaching Diaphragmatic Breathing to Patients</i>
11:15 – 12:15	Module 8: Treatment Processes Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 4 <i>Activities: Leading the SOLVE Problem Solving Exercise</i>
12:15-1:00	Lunch
1:00 – 2:00	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 5</i> <i>Activities: Leading the Big Picture Thinking Exercise</i>
2:00 – 3:00	Module 8: Treatment Processes <i>Lecture: Delivering an Evidence-Based, Manualized Treatment - Session 6</i> <i>Activities: Leading the Everyday Discrimination and Stress Exercise</i>
3:00– 3:15	Break
3:15 – 4:45	Module 9: Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Documentation, Coding and Billing for Tobacco Treatment Interactions and Program Evaluation</i>
4:45 – 5:15	Activity: Practice Test Question Review
5:15 – 5:30	Submit Program Evaluations for the Day

DAY FIVE

7:30 – 8:00	Breakfast; sign in
8:00 -10:00	Module 7: Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Lecture: Advanced Pharmacotherapy</i>
10:00-10:15	Break
10:15- 11:30	Module 7: Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Activity: Pharmacotherapy Treatment Planning Case Studies</i>
11:30- 12:15	Lunch Break
12:15-1:15	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing and Module 10: Law and Ethics <i>Lecture: Professional Development, Law, and Ethics</i>

1:15-1:45	Module 1: Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing and Module 10: Law and Ethics <i>Lecture: National Tobacco Treatment Credentialing</i>
1:45- 2:00	Closing Remarks Submit Program Evaluations for the Day and Overall Program Evaluations

Please note the location of the training will take place in the Gaylord Cary or Zebro Conference room Monday – Friday.