

Upper Endoscopy Preparation for EGD/ EUS/ERCP

Please call the Endoscopy Nurse at: **716-845-8546** or **716-845-1424** if you have any questions.

Medication Instructions

- Please tell your nurse about all the medications you are taking. They will instruct you to take certain medications with a sip of water the morning of your procedure.
- If you take any medications to treat or prevent blood clots, someone from the anesthesia team will review your medications.
- **If your doctor gives you different instructions, ALWAYS follow your doctor's instructions.**

<p>7 days (1 week) before the procedure, stop taking:</p> <ul style="list-style-type: none"> • vitamins, herbal medications, supplements 								
<p>3 days before the procedure, stop taking non-steroidal anti-inflammatory medications (NSAIDs) such as:</p> <table> <tr> <td>• diclofenac (Voltaren®)</td> <td>• meloxicam (Mobic®)</td> </tr> <tr> <td>• etodolac (Lodine®)</td> <td>• naproxen (Aleve®/Anaprox®)</td> </tr> <tr> <td>• ibuprofen (Advil®/Motrin®)</td> <td>• piroxicam (Feldene®)</td> </tr> <tr> <td>• ketoprofen</td> <td>• sulindac (Clinorol®)</td> </tr> </table>	• diclofenac (Voltaren®)	• meloxicam (Mobic®)	• etodolac (Lodine®)	• naproxen (Aleve®/Anaprox®)	• ibuprofen (Advil®/Motrin®)	• piroxicam (Feldene®)	• ketoprofen	• sulindac (Clinorol®)
• diclofenac (Voltaren®)	• meloxicam (Mobic®)							
• etodolac (Lodine®)	• naproxen (Aleve®/Anaprox®)							
• ibuprofen (Advil®/Motrin®)	• piroxicam (Feldene®)							
• ketoprofen	• sulindac (Clinorol®)							

The Day Before Your Procedure

- Eat a regular breakfast, a light lunch, and a light dinner. For light meals eat foods low in protein and carbohydrates. Avoid fatty, greasy, and fried foods.
- **Do not eat or drink anything after midnight except for a sip of water with the medications that the nurse or anesthesia team reviewed with you.**

The Day of the Procedure – At Home

- Take your medication as instructed by the Nurse or Anesthesia team.
- Remove all piercings and jewelry, including rings.
- Remove contact lens.
- **Remember to come with a responsible driver who can take you home or your procedure will be cancelled.**
- If your driver is not present, we will call to verify your ride.
- If you are coming by medical transportation or a cab, you must have a responsible adult accompany you.

The Day of the Procedure - At the Hospital

- If you are a new patient, please stop at the Registration Desk in the Main Lobby. Please bring photo ID and Insurance cards.
- Proceed to 3 West/Ambulatory Surgery Center on the third floor and check in with the receptionist.
- Be prepared to spend 3-4 hours at the hospital.

After Your Procedure

- Your doctor will discuss the results of the procedure with you after you are awake.
- **You will be given discharge instructions explaining how to care for yourself at home and when to call the doctor.**