

# CHG (Antimicrobial) Bathing Cloths



## The benefits of CHG bathing cloths

- Using special antimicrobial bathing cloths can help prevent infections during your hospital stay.
- These cloths contain chlorhexidine gluconate (CHG), which kills germs and fights infections.
- Studies show that using these cloths is effective at reducing the number of germs on your skin.
- The medication in these cloths last for 24 hours, so you will have to bathe every day for continuous protection.
- These warm, soothing cloths contain aloe vera, which you may notice on your skin until it dries.
- The nursing staff is here to help with your daily bathing needs.



Here at Roswell Park, we want to keep you safe and free from infection!

## How to Use CHG cloths

### ONLY USE CHG CLOTHS BELOW JAWLINE

- Use 1 cloth for each of the 6 areas marked on the diagram. Do NOT use on your face, or penis/vagina (area 3).
- Throw away each cloth after you use it. Do NOT flush them down the toilet.
- Your skin may feel sticky until the aloe vera dries (about 10 minutes or less). DO NOT wipe it off.
- Allow to air dry. It takes longer for the skin to dry in skin folds and creases.

