The benefits of CHG bathing cloths

- Using special antimicrobial bathing cloths can help prevent infections during your hospital stay.
- These cloths contain chlorhexidine gluconate (CHG), which kills germs and fights infections.
- Studies show that using these cloths is effective at reducing the number of germs on your skin.
- The medication in these cloths last for 24 hours, so you will have to bathe every day for continuous protection.
- These warm, soothing cloths contain aloe vera, which you may notice on your skin until it dries.
- The nursing staff is here to help with your daily bathing needs.
- If you prefer to shower, you may, and use the cloths afterward for their germ fighting benefits.
- After your shower, dry yourself completely and then apply CHG bathing cloths as directed.

Here at Roswell Park we want to keep you safe and free from infection!
How to Use CHG cloths

ONLY USE CHG CLOTHS BELOW JAWLINE

- Use 1 cloth for each of the 6 areas marked on the diagram. Nursing staff can help with your back or hard to reach places (area 6).
- Throw away each cloth after you use it. Do NOT flush them down the toilet.
- Your skin may feel sticky until the aloe vera dries (about 10 minutes or less). DO NOT wipe it off.
- Allow to air dry. It takes longer for the skin to dry in skin folds and creases.

Congratulations! You are done for the day!