

Tips for Visiting a Patient in a Contact and Contact Plus Isolation Room



**PATIENT
EDUCATION**



Isolation precautions are used to prevent the spread of germs from patients to healthcare workers and visitors, and from one patient to another.

Contact


Visitors: Please check in at the Nurses' Station for information before entering the room.

Staff: In addition to Standard Precautions:


- A private room required
- Dedicated non-critical equipment required
- Gown and gloves required!
- Perform hand hygiene with either soap and water OR hand sanitizer after removing PPE




PRIVATE ROOM




DEDICATED NON-CRITICAL EQUIPMENT



GOWN REQUIRED



GLOVES REQUIRED



What to Do Before You Enter a **Contact** or **Contact Plus** Isolation Room

You will see one of these signs when you enter a contact or contact plus isolation room.

Contact Plus

Visitors: Please check in at the Nurses' Station for information before entering the room.

Staff: In addition to Standard Precautions

- A private room required
- Dedicated non-critical equipment required
- Gown and gloves required!
- Hand hygiene performed with SOAP AND WATER
- Cleaning must be done using CLOROX BLEACH WIPES



PRIVATE ROOM



DEDICATED NON-CRITICAL EQUIPMENT



GOWN REQUIRED



GLOVES REQUIRED



Please follow the following directions when entering these rooms:

1. Wash your hands using soap and water. Sinks are located in hallways. Or, perform hand hygiene with alcohol-based hand sanitizer. Dispensers are located near the door outside of a patient's room.
2. Gowns and gloves are not required for visitors if they are just sitting and visiting with the patient on Contact Isolation.
3. If there is an **orange Contact Plus** sign on the door then everyone must wear gowns and gloves.

What to Do Before You Leave an Isolation Room

1. If you are wearing a gown and gloves remove the gown first then the gloves.
2. **Always** perform hand hygiene when you leave a patient's room. If there is an **orange Contact Plus** sign on the door or you have assisted the patient with toileting or the bed pan wash your hands with soap and water. Otherwise, you can wash your hands with soap and water or use an alcohol-based hand sanitizer.

Important Rules to Follow in Isolation Room

DOs

- DO wear a gown and gloves if you are touching the patient or helping the patient with bathing, assisting with toileting or bed pan, and/or feeding the patient.
- DO remove the gown and gloves when you are done with the bathing, assisting with toileting or bedpan, and/or feeding the patient. If there is an **orange Contact Plus** sign on the door you should then put on clean gown and gloves for the rest of your visit.
- DO wash your hands.

DON'Ts

- DO NOT leave the room wearing the gown and gloves.
- DO NOT sit on the bed.
- DO NOT use the patient's bathroom.
- DO NOT eat in the patient's room.
- DO NOT store food brought in for the patient in the Unit Nutrition refrigerator once it has left the patient's room.
- DO NOT visit other patient rooms.
- DO NOT remove anything from the patient's room without asking the nurse.
- If you have any questions or concerns, please ask the nursing staff.