CT-Guided Needle Lung Biopsy

- A CT-guided needle lung biopsy uses a CT scanner to help guide the radiologist (a doctor that specializes in the use of radiation for diagnosis and treatment) to obtain when he is taking a biopsy (tissue sample) of an abnormal or suspicious area in your lung.
- This is an outpatient procedure that requires a stay of 4-6 hours.
- This biopsy will help your doctors diagnose your condition.
- The procedure takes place in the Radiology Department on the second floor of the hospital.

Your Appointment

Your CT-guided needle lung biopsy is scheduled for ________________________________

Please arrive at ___________________________ (time) and go to

______________________________________________________________________________

If you have to change or cancel your appointment, please call the Thoracic Center at 716-845-3167.

How to Prepare for Your Procedure

Medications

Some over-the-counter and prescription medications can interfere with normal blood clotting and may increase the risk of bleeding. Follow the guidelines in the chart on the next page regarding when to stop taking certain medicines, vitamins, and supplements.

It is important to follow these instructions or your surgery may be delayed or rescheduled.

If your doctor gives you different instructions, always follow your doctor’s instructions.
### 7 days (1 week) before your procedure, stop taking:
- aspirin and products containing aspirin
- herbal supplements
- garlic tablets
- vitamins

### 5 days before your procedure, stop taking:
- warfarin (Coumadin® or Jantoven®)
- clopidogrel (Plavix®)
  Note: For certain procedures, your doctor may tell you to stop this medication 7 days before surgery

### 3 days before your procedure, stop taking:
- non-steroidal anti-inflammatory medications (NSAIDs):
  - ibuprofen (Advil®/Motrin®)
  - naproxen (Aleve®/Anaprox®)
  - meloxicam (Mobic®)
  - oxaprozin (Daypro®)
  - sulindac (Clinoril®)

### 1 day (24 hours) before your procedure, stop taking:
- enoxaparin (Lovenox®)

If you take medication to treat or prevent blood clots, talk to your doctor about when, or if, you should stop before surgery.

- apixaban (Eliquis®)
- cilostazol (Pletal®)
- dabigatran (Pradaxa®)
- dalteparin (Fragmin®)
- eptifibatide (Integritil®)
- fondaparinux (Arixtra®)
- lepirudin (Refludan®)
- prasugrel (Effient®)
- rivaroxaban (Xarelto®)
- ticagrelor (Brilinta®)
- ticlopidine (Ticlid®)
- tinzaparin (Innohep®)
- tirolopen (Aggrastat®)

**On the day of your procedure, do NOT take these medications:**

**On the day of your procedure, DO take these medications as instructed by your doctor:**

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• You may restart your medications the day after your biopsy.
• If you have diabetes: Ask your primary doctor (or surgeon if you don’t have a primary) about the medications and dosages to take the night before and morning of your procedure.

**If you will be having conscious sedation* for your procedure:**

- Stop eating and drinking anything except clear liquids (see last page) six (6) hours before your schedule procedure time.
- Stop clear liquids two (2) hours before your scheduled procedure time.

* Conscious sedation is medication that relaxes you and blocks pain but allows you to remain awake (though you may not remember the procedure).

**What to Expect on the Day of Your Procedure**

- An IV (intravenous) line will be started, usually in your arm.
- You may receive IV medication to make you sleepy or help with anxiety or discomfort.
- You will have a CT scan and be on the CT scan table for approximately 1 hour.
- The identified area on your chest will be numbed with medication. Once numb, a needle will be inserted into the abnormal area to get a small piece of tissue for biopsy.

**What You Can Expect After Your Procedure**

- You will recover in a special area on 2 West for 3-4 hours after your procedure.
- A chest x-ray will be taken after your procedure to make sure your lung has not collapsed.
- If the lung has collapsed, there is a chance you may need a small tube placed into the chest cavity to re-expand your lung.
- You may eat immediately after your biopsy as long as the x-ray does not show any difficulties. (If the lung has collapsed, eating may be delayed 2-4 hours).
- After your procedure, rest for the remainder of the day. You may have mild tenderness and swelling at the biopsy site.
- You may restart all of your medications unless otherwise directed.
- For a few days after your biopsy, avoid heavy lifting, strenuous exercise, or activity that will cause you to feel out of breath.
- Either we will give you a follow-up appointment with your lung doctor, or we will call you with the results of the biopsy and the next step in the plan of care.

**When to Call Your Doctor**

- Increased shortness of breath or difficulty breathing
- Chest pain
- Coughing up blood, if more than one teaspoon (about 5 milliliters)
- **Temperature of 100.4°F (38°C) or higher**
- Heart palpitations
- Redness, heat, increased swelling, or drainage where you had the biopsy done
Questions, Concerns, Symptoms

- If you have any questions about your procedure, please call the Thoracic Center at **716-845-3167**, Monday to Friday from **8:00 a.m. to 5:00 p.m.**
- After hours, our Call Center will assist you. If it is determined you need to be seen, you may be asked to come to our Assessment & Treatment Center (ATC), which is open 24/7. You need to be referred to the ATC by a provider; it is not a walk-in clinic.
- You can also reach Roswell Park 24/7 at **1-800-ROSWELL (1-800-767-9355)** or **716-845-2300**.

Clear Liquid Diet

Liquids that you can see through at room temperature (about 72°-78°) are considered clear liquids. Try to avoid red and purple liquids.

Beverages
- Soft drinks (orange, ginger ale, cola, lemon/lime, etc.)
- Gatorade® or Kool-Aid®
- Strained fruit juice without pulp (apple or lemonade)
- Water, flavored waters, tea or coffee (you can add sugar, but NO milk or creamers)

Soups
- Chicken, beef, vegetable broth or bouillon – no added meats, noodles, or vegetables

Desserts
- Hard candy
- Jell-O® (no fruit toppings or whipped cream)
- Popsicles or lemon ice (no sherbets, sorbets, or fruit bars)

Notes

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