



Help Prevent Medication Errors

In order to assure your safety, your Roswell Park team recommends you follow a few simple rules:

Keep a list of ALL the medications you are taking. Write down:

- ✓ the name of the medication and why you take it
- ✓ the strength of the medication (ex. 10 mg) and the dose you use
- ✓ how often you take it and how you take it (by mouth? by injection?)

Don't forget to include:

- ✓ over-the-counter products
- ✓ herbal and other types of supplements
- ✓ vitamins and minerals
- ✓ alternative, complementary, or enhancement products

Bring this list to all your healthcare appointments and share this information with your doctors, pharmacies, and other healthcare providers.

- ✓ Ask if you have any questions or concerns about your medications. When you pick up a refill at the pharmacy, look at the name and the medication. If it looks different or the name sounds different, ask the *pharmacist*, not the counter person.
- ✓ If you don't receive any information, ask your pharmacist for a copy.
- ✓ Use only 1 pharmacy (or 1 pharmacy chain) to fill your prescriptions, whenever possible.
- ✓ Report any side effects to your doctor.

Here's why it is so important to follow these simple tips to keep you safe during your cancer treatment:

- ✓ The medicines used to treat cancer can be very strong. You must use them exactly as your doctor prescribes.
- ✓ Drugs that prevent or manage side effects may also have some unpleasant side effects.
- ✓ A certain drug or dose may be life-saving for someone. That same drug or dose may cause someone else to become very sick or even die.
- ✓ Certain foods or other drugs may affect how your medication works. That may weaken, strengthen, or block the intended actions of a medication.

