

Discharge Instructions: Tunneled Catheter Placement with Sedation

What to expect

- Slight pain/soreness at the incision site
- Slight bloody drainage at the incision site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)

You can...

- ✓ restart your medications right away (hold blood thinners for 24 hours, this includes aspirin and ibuprofen/Advil®)
- ✓ take acetaminophen (Tylenol®) or other prescribed pain medications
- ✓ apply ice to insertion site if experiencing pain (on for 10 minutes, off for 20 minutes, and repeat while awake)
- ✓ restart your regular diet
- ✓ shower after 24 hours. Keep the dressing dry by using plastic wrap, press and seal, saran wrap, or similar product. After showering, dry the site thoroughly and apply a new, dry sterile dressing.

Restrictions

You received medication for pain and/or sedation. This may cause you to feel dizzy or sleepy, react slower than usual, feel unsteady on your feet, or have changes in your vision. It is not unusual for people to feel drowsy for the rest of the day after their procedure. You may have nausea or vomiting.

For the first **24 hours** after your procedure, **DO NOT**:

- X** drive or operate machinery
- X** ride a bike or perform any activities requiring balance
- X** drink alcohol
- X** sign any legal or financial documents

Catheter Care

- Always wash your hands before touching your catheter.
- Change dressing every 7 days or as needed if soiled or becomes loose.
- Inspect your dressing every day to make sure it is clean and dry. If it becomes wet or dirty – change the dressing immediately.

When and who to call

Call 911 or go to the nearest hospital emergency room for:

- difficulty breathing or shortness of breath
- chest pain
- heavy bleeding
- any symptoms of an allergic reactions such as itching, hives, tightness or pain in your chest, dizziness, palpitations, or swelling/tingling in your mouth, tongue, throat, or face

Call your primary team at Roswell Park if you have:

- nausea/vomiting that lasts more than 24 hours or are unable to drink or eat without vomiting
- pain that is not relieved with pain medication
- a **fever higher than 100.4°F (38°C)** or have a fever with chills for more than 24 hours
- swelling, numbness, or discoloration in your arm(s) or leg(s)
- excessive bleeding at the insertion site that does not stop after applying pressure
- any signs of infection at the insertion site after the first few days such as new or increased redness, pain (not relieved by pain medications) or pus-like drainage

Special Procedures/2 West: Open Monday – Friday 8:00 a.m. – 4:00 p.m.

Phone: 716-845-5992

After hours, call Roswell Park main number (open 24/7): 716-845-2300