

Discharge Instructions for Patients Treated with Pluvicto™ (Lu-177 vipivotide tetraxetan)

On _____, you received a treatment dose of 200 millicuries of the medication Pluvicto™ (lutetium Lu-177 vipivotide tetraxetan). The Food & Drug Administration (FDA) approved Pluvicto™ to treat adults with PMSA+, hormone resistant prostate cancer that has spread (metastasized) to other parts of the body. PMSA+ stands for prostate-specific membrane antigen–positive. Hormone-resistant, also called castration-resistant, means the cancer continues to grow even when testosterone levels are very, very low.

Your body will get rid of the radioactive material over the next several weeks. Most of it will be in your urine. All your bodily fluids (saliva, blood, semen, etc.), however, may contain radioactivity for a short time.

- You will need minor isolation instructions when you are discharged home. **Follow these instructions carefully to keep radiation exposure as low as possible for you and those close to you.**
- Keep these discharge instructions with you for at least 3 months after treatment.
- No special precautions are required after _____

From Day 1 (_____) to Day 3 (_____)

- Avoid close contact with others for long periods of time. Keep at least 3 feet between you and others.
- If you work, take medical leave for this period.
- Avoid direct or long periods of contact with children or pregnant women. Brief periods (few minutes) of closer contact are OK such as a quick hug or kiss on the cheek, or an at home dinner. Check with your provider if you are unsure about the distance safety.
- Avoid sexual contact, kissing, and sharing food or drinks.
- Sleep separately from anyone, including your partner or child.
- Drink plenty of fluids and try to urinate often during the first 2 days after therapy.
- Try to maintain daily bowel movements. Use laxative if needed.
- Pay special attention to your personal hygiene:
 - Sit to use the toilet. Use toilet paper. Flush the toilet 2 times after using.
 - Wash your hands thoroughly.
 - Rinse the bathroom sink and tub thoroughly after use.
 - Use separate towels & washcloths.

From Day 4 (_____) to Day 7 (_____)

- Stay 3 feet or more from others.
- Continue sleeping separately from your partner or child.
- Avoid long periods of contact with children or pregnant women.
- Avoid sexual contact.

What else should I know?

1. If you're helping a patient with special needs, wear gloves when handling any item contaminated with their bodily fluids. Throw away the gloves in a designated plastic trash bag and either bring it back to the hospital or hold onto it for 10 weeks and then add it to your regular trash.
2. Do not throw tissues contaminated with blood, nasal secretions, or urine into your regular garbage. If possible, use the toilet to dispose of tissues. If you can't flush tissues, put them in a designated plastic bag and follow the instructions in #1.
3. If the patient is hospitalized or if accidental death occurs, please notify us.

Night-time Restrictions	Days to follow restrictions
Sleep in separate bed from spouse or partner	7 days
Sleep in separate bedroom from pregnant partners	15 days
Sleep in separate bedroom from infants/children	15 days
Day-time Restrictions	Days to follow restrictions
Return to work	(after) 3 days
Avoid long periods of time in public places	3 days
Avoid close contact with children & pregnant women	7 days

Please do not hesitate to seek medical attention if necessary. Tell any provider you see that you've recently had Pluvicto treatment so that appropriate safety restrictions can be taken. **If you have a medical emergency, call 911.** If you have questions about symptoms, please contact your oncologist or the Nuclear Medicine Department as soon as possible. Nuclear Medicine is open Monday – Friday, 8a.m. – 5p.m.. Phone: **716-845-x3282. You can reach Roswell Park 24/7 at 1-800-ROSWELL (1-800-767-9355) or 716-845-2300.**

I have received a copy of the above instructions. I have read, understand and agree to follow the above recommendations.

Patient Signature

Date



Administering Physician

716- 845-3282

Nuclear Medicine Dept. Phone Number

These instructions are designed to meet the New York State Department of Health and U.S. regulations about reducing the radiation dose to people who come in contact with a patient treated with radioactive Lutetium-177 (Pluvicto™).