## SEBORRHEIC KERATOSIS

- A seborrheic keratosis is a common noncancerous skin growth.
- People tend to get more of them as they get older.
- Seborrheic keratoses are usually brown, black or light tan and can look waxy, scaly, and slightly raised.
- They usually appear on the head, neck, chest, or back.
- Seborrheic keratoses are harmless and not contagious. They do not need treatment but you may decide to have them removed if they become irritated by clothing or if you do not like how they look.

## After Removal by Cryotherapy

- You can wash and shower as usual.
- If the area blisters, leave it alone and let it heal itself. Call us if the blister area has not healed in 3 weeks.



## DERMATOLOGY

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