ACTINIC KERATOSIS

- Actinic keratosis, also known as solar keratosis, is a rough, scaly patch on your skin that develops from years of exposure to the sun.
- They are most commonly found on your face, lips, ears, back of your hands, forearms, scalp, or neck.
- Actinic keratosis enlarges slowly and usually causes no signs or symptoms other than a patch or small spot on your skin. These patches take years to develop, usually first appearing in people over 40 years old.
- A small percentage of actinic keratosis lesions can eventually become skin cancer. You can reduce your risk by minimizing your sun exposure and protecting your skin from ultraviolet (UV) rays.

After Removal by Cryotherapy

- You can wash and shower as usual.
- If the area blisters, leave it alone and let it heal itself. Call us if the blister area has not healed in 3 weeks.