

Ibuprofen

Names	The generic name is ibuprofen (eye-bue-PROE-fen). Common brand names include Advil® and Motrin®. There may be other names for this medication and it may be found in combination drugs such as Advil® PM and Vicoprofen® (hydrocodone and ibuprofen).
Why Am I Taking Ibuprofen?	This medicine is an NSAID – a nonsteroidal anti-inflammatory drug. It is taken to relieve fever, pain, tenderness, and swelling.
How Do I Take This Medication?	<ul style="list-style-type: none">• Your doctor will tell you how much medicine to use. Do not use more than directed.• Prescription ibuprofen should come with a Medication Guide. Ask your pharmacist for the Medication Guide if you do not have one.• Follow the instructions on the medicine label if you are using this medicine without a prescription.• Take this medicine with food or milk if it upsets your stomach.• Oral liquid: Shake well just before using. Measure with a marked measuring spoon, oral syringe, or medicine cup.• Chewable tablet: Chew completely before you swallow it. Then drink some water to make sure you swallow all of the medicine.• Adults: Do not take more than 6 pills in 1 day (24 hours) unless your doctor tells you to.• Missed a dose? If you take this medicine on a regular basis and miss a dose, take it as soon as you can. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. Do not use extra medicine to make up for a missed dose.• Store the medicine in a closed container at room temperature, away from heat, moisture, and direct light. Do not freeze the oral liquid.• Drugs and Foods to Avoid: Some foods and medicine can affect how ibuprofen works. Tell your doctor if you are also using lithium, methotrexate, a blood thinner (such as warfarin), a steroid medicine (such as hydrocortisone, prednisolone, prednisone), a diuretic (water pill), or an ACE inhibitor blood pressure medicine.• Do not use any other NSAID medicine (aspirin, diclofenac, naproxen, or celecoxib) unless your doctor says it is okay.

How Do I Take
This Medication?
(cont.)

- Do not drink alcohol while you are using this medicine.
- Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins, and herbal products. This drug may interact with other medications. Tell your doctor and pharmacist about **all** prescription and over-the-counter medications, vitamins, and herbal or diet supplements that you are taking.
- **When This Medicine Should Not Be Used:** This medicine is not right for everyone. Do not use if you have had an allergic reaction (including asthma) to ibuprofen, aspirin, or another NSAID.

What Should I
Tell My Doctor
Before I Begin?

Tell your doctor if you:

- are allergic to ibuprofen or other NSAIDs or have any allergies
- have kidney or liver disease, asthma, a history of ulcers or other digestion problems lupus or a similar connective tissue disease, or
- smoke or use tobacco products
- have heart or blood circulation problems, including high blood pressure, heart failure (CHF), stroke, or bleeding problems
- have had recent heart surgery
- have diabetes
- Swelling (also called fluid retention or edema)
- are pregnant or breastfeeding (Talk to your doctor before taking ibuprofen during pregnancy.)

This drug may interact with other medications or cause harmful side effects. Tell your doctor and pharmacist about all prescription or over-the-counter medications, vitamins, herbal, or diet supplements that you are taking.

What Are Some
Possible Side
Effects?

Although side effects are not common, they can occur. Possible side effects include:

- Upset stomach, bloating, gas, heartburn, nausea
- constipation, diarrhea
- Headache
- Dizziness, nervousness
- skin itching or rash
- Blurred vision
- Ringing in the ears
- Sleepiness, problems falling or staying asleep

When Should I Call the Doctor?

Call your doctor right away if you have:

- signs of an allergic reaction, such as rash, itching or hives. Call 911 or go to the emergency room if you have swelling in your face or hands; swelling or tingling in your mouth or throat; difficulty breathing or shortness of breath; dizziness; or palpitations (the feeling of a fast or irregular heartbeat)
- blistering, peeling, or red skin rash
- change in how much or how often you urinate
- trouble breathing, nausea, unusual sweating, faintness, or chest pain that may spread to your arms, jaw, back, or neck
- weakness on one side of your body, severe headache
- trouble seeing or talking, pain in your lower leg
- dark urine or pale stools, nausea, vomiting, loss of appetite, stomach pain, yellow skin or eyes
- fever, neck pain, stiff neck
- severe stomach pain, blood in vomit, bloody or black, tarry stools
- swelling in your hands, ankles, or feet; rapid weight gain
- trouble seeing, blind spots, change in how you see colors
- unusual bleeding, bruising, or weakness

Talk with your doctor if you notice these less serious side effects:

- constipation, diarrhea, gas, mild upset stomach
- dizziness, headache, ringing in the ears

What Else Should I Know About Acetaminophen?

- Call your doctor if symptoms get worse, pain lasts more than 10 days, or fever lasts more than 3 days.
- This medicine might contain sugar or phenylalanine (aspartame).
- Tell any doctor or dentist who treats you that you are using this medicine.
- Keep all medicine out of the reach of children. Never share your medicine with anyone.

For more information

- talk to your doctor, nurse, or pharmacist
- visit the Food and Drug Administration (FDA) website: www.fda.gov/drugs, call the FDA at **1-888-INFO-FDA**, or e-mail questions to the FDA at druginfo@fda.hhs.gov