

# Denture Wear and Care Instructions

The appliance that you have received replaces all your missing upper teeth, lower teeth, and the soft tissues that were supporting the teeth. The teeth are made of a crosslinked plastic, and the base of the denture that is pink in color made of acrylic, which is a strong plastic.

## To begin

- The denture is new, you will have to wear it regularly for it to become comfortable in your mouth.
- For the first week, wear it to get used to the denture, to look good and to learn to speak and swallow fluids.
- Some areas of the denture may cause soreness in your mouth or else the way the teeth meet does not feel right. These problems can be adjusted. See the dentist again in a week, when you know which portions of the denture you would like to have adjusted
- Once the denture has been adjusted and is comfortable in your mouth you can start using it to eat your food.
- Start with foods that are easy to eat. Gradually add more chewy foods that require a little more effort to eat.
- You may require a second adjustment to the dentures once you are using them for eating your food please see your dentist one more time.
- Your mouth also needs some rest from wearing the denture. The oral tissues need to recover from the pressure exerted by the denture. Constantly wearing the denture may result in fungal infection in the mouth.
- Do not wear the denture at night when you go to bed.
- Clean your mouth and clean the denture and put it in a denture cup.

## Cleaning

- Cleaning your denture can be done with ordinary dish soap detergent and a brush made for the denture.
- Brushing helps remove the food debris that may stick to the denture, and plaque deposits that form because the denture is in your mouth.
- Always clean a denture over a small tub of water, so that if the denture falls the water buffers the impact and the denture does not break.
- Once a week the denture can be soaked overnight in a mild solution of bleach.
- Do not place your dentures in a dishwasher and do not clean your dentures with hot boiling water.
- Do not keep your dentures within reach of pets and children.
- Please see your dentist at least once a year for an oral examination. The dentist will check the tissues under the denture and assess any adjustment to your denture that may be required. This will keep your denture functioning well for a long time.

# Acrylic Partial Denture Wearing and Caring Instructions

The appliance that you have received is a partial denture. It replaces the teeth that are missing and the soft tissues that support the teeth. The teeth are made of a crosslinked plastic, and the base of the denture that is pink in color is also made up of acrylic which is a strong plastic. The denture may have wire clasps or flexible clasps to hold the denture in your mouth.

## To begin

- The denture is new, you will have to wear it regularly for it to become comfortable in your mouth.
- For the first week, wear it to get used to the denture, to look good and to learn to insert, remove, speak, and swallow fluids.
- Some areas of the denture may cause soreness in your mouth or else the way the teeth meet does not feel right. These problems can be adjusted. See the dentist again in a week, when you know which portions of the denture you would like to have adjusted
- Once the denture has been adjusted and is comfortable in your mouth you can start using it to eat your food. Start with foods that are easy to eat. Gradually add more chewy foods that require a little more effort to eat. You may require a second adjustment to the dentures once you are using them for eating your food please see your dentist one more time.
- Your mouth needs some rest from wearing the denture. The oral tissues need to recover from the pressure exerted. Constantly wearing the denture may result in fungal infection in the mouth or cavities in the teeth that are remaining.
- Do not wear the denture at night when you go to bed.
- Clean your mouth and clean the denture and put it in a denture cup.

## Cleaning

- Cleaning your denture can be done with ordinary dish soap detergent and a brush made for the denture.
- Brushing helps remove the food debris that may stick to the denture, and plaque deposits that form because the denture is in your mouth.
- Always clean a denture over a small tub of water, so that if the denture falls the water buffers the impact and the denture does not break.
- Be careful not to change the shape of the clasps during cleaning as it may affect the fit of the denture.
- Once a week the denture can be soaked overnight in the mild solution of bleach.
- Do not place your dentures in a dishwasher and do not clean your dentures with hot boiling water.
- Do not keep your dentures within reach of pets and children.
- Please see your dentist at least once a year for an oral examination. The dentist will check the tissues under the denture and assess any adjustment to your denture that may be required. This will keep your denture functioning well for a long time.

## Cast Partial Denture Wearing and Caring Instructions

The appliance that you have received is a cast partial denture. It is a precise appliance made to fit your mouth and teeth accurately. It replaces the teeth that are missing and the soft tissues that support the teeth. The teeth are made of a crosslinked plastic, and the base of the denture is made of cast metal to fit your mouth only. There is pink acrylic around the teeth to mimic your gums, which is a strong plastic. The denture has cast clasps to retain it in your mouth. These clasps have been made with great care for their size, shape, and position. Do not change them or adjust them while wearing, cleaning, or storing the denture.

### To begin

- The denture is new, you will have to wear it regularly for it to become comfortable in your mouth.
- For the first week, wear it to get used to the denture, to look good and to learn to insert, remove, speak, and swallow fluids.
- Some areas of the denture may cause soreness in your mouth or else the way the teeth meet does not feel right. These problems can be adjusted. See the dentist again in a week, when you know which portions of the denture you would like to have adjusted
- Once the denture has been adjusted and is comfortable in your mouth you can start using it to eat your food. Start with foods that are easy to eat. Gradually add more chewy foods that require a little more effort to eat. You may require a second adjustment to the dentures once you are using them for eating your food please see your dentist one more time.
- Your mouth needs some rest from wearing the denture. The oral tissues need to recover from the pressure exerted. Constantly wearing the denture may result in fungal infection in the mouth or cavities in the teeth that are remaining. Do not wear the denture at night when you go to bed. Clean your mouth and clean the denture and put it in a denture cup.

### Cleaning

- Cleaning your denture can be done with ordinary dish soap detergent and a brush made for the denture.
- Brushing helps remove the food debris that may stick to the denture, and plaque deposits that form because the denture is in your mouth.
- Always clean a denture over a small tub of water, so that if the denture falls the water buffers the impact and the denture does not break.
- Be careful not to change the shape of the clasps during cleaning as it may affect the fit of the denture.
- Do not place your dentures in a dishwasher and do not clean your dentures with hot boiling water.
- Do not keep your dentures within reach of pets and children.
- Please see your dentist at least once a year for an oral examination. The dentist will check the tissues under the denture and assess any adjustment to your denture that may be required. This will keep your denture functioning well for a long time.