

Planning for Your Discharge

You and your caregiver are the most important part of your discharge plan.

Here is an important **checklist** to help you plan for a safe discharge:

- I have a caregiver to help me with my care, and I let my medical team know who that is.
- I know who my home care agency is (if receiving homecare) and know how to reach them.
- I understand my medications, and I have my preferred pharmacy on file.
- I have a list of important phone numbers handy (friends, family, caregiver, insurance company, community resources, homecare company).
- I understand my discharge instructions and when my next appointment is.
- I have arranged for a caretaker to drive me home when the doctor says I am ready. I can have my ride set up to take me home by 10:00 am on discharge day.

Please ask your healthcare team any questions about your discharge.

We are here to help.



**PATIENT
EDUCATION**

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