



Discharge Checklist for **Pediatric Allogeneic TCT Patients***

***Exceptions to your individual discharge plan are possible**

- ☐ Count recovery: Your ANC (absolute neutrophil count**) is above 500 per microliter
- ☐ Good oral intake: You can eat, drink, and tolerate medications
- ☐ IV medications: You are off of IV nausea and pain medications for at least 24 hours
- ☐ Nausea, diarrhea, & pain: Minimal, and controlled with oral medications
- ☐ Fever: Generally, no fever for 24 hours & off of antibiotics
- ☐ Caregiver: In place, with teaching completed (medications, line care)
- ☐ Home/lodging: Is ready and confirmed by social worker
- ☐ Cleared by: Clinician, nurse, physical therapist, and dietician
- ☐ Prescriptions: Arranged by your TCT team and delivered to your room

On Discharge Day

- Primary caregiver should arrive at 9:00 a.m. day of discharge.
- Primary caregiver **must** be present for discharge instructions/information from the TCT team
- A pharmacist reviews your home medications with you and your caregiver
- Your nurse oversees & reviews filling the pill box with your caregiver, if you are using a pill box
- Your case manager arranges home care services, if needed (including physical therapy)
- Instructions & appointment times are provided. **BRING all the medication bottles, medication sheet, and pillbox with you to your clinic visit the next day. BRING tacrolimus with you to take after scheduled blood draw.**

**Your caregiver is required to be present for your first clinic visit,
and as directed by your TCT team!**



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