

# Discharge Instructions: Ureteral Stents

## What to Expect

- Slight pain/soreness at the nephrostomy tube site
- Slight bloody drainage at the nephrostomy tube site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)

## Medications

With the exception of blood thinners, please continue taking your current medications as you did before this procedure. Wait 24 hours before taking blood thinners - including aspirin and ibuprofen/Advil®.

## You Can...

- take acetaminophen (Tylenol®) or other prescribed pain medication
- resume showering (Cover the dressing with plastic wrap. Change the dressing if it gets wet)
- resume your diet
- continue to change dressings as before

## Restrictions

### Do NOT...

- drive or drink alcohol for 24 hours
- perform strenuous activity, or lift anything heavier than 10 pounds for 24 hours
- submerge the area in water while the nephrostomy tube is in place

## Call Us If ...

- Call us if you have any signs of infection at the nephrostomy tube insertion site after the first few days such as redness, pain (not relieved by pain medications) or pus-like drainage
- Call us if you have a **fever of 100.4° F (38° C)** or higher with chills or with flank pain
- Call us if you have excessive bleeding at the nephrostomy tube site

If you develop flank pain or have leaking around the tube, you should reconnect the drainage bag and call the Diagnostic Radiology Department at Roswell Park right away

**Diagnostic Radiology Department: Monday – Friday 8:00 a.m. - 4:00 p.m. Phone: 716-845-5992**  
**After hours, call Roswell Park main number (24/7): 716-845-2300**

**If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.**