

# Discharge Instructions: Nephrostomy Tube

## What to Expect

- Slight pain/soreness at the nephrostomy tube site
- Slight bloody drainage at the tube site
- Low-grade fever of 99°-100°F (32.7° - 37.7°C)

## You Can...

- restart your medications right away (hold blood thinners for 24 hours, this includes aspirin and ibuprofen/Advil® )
- take acetaminophen (Tylenol®) or other prescribed pain medications
- resume showering (Cover the dressing with plastic wrap)
- resume your diet
- see booklet for instructions on how to change your dressing. Change your dressing 2-3 times a week and as needed
- Change the connection tubing and drainage bag every other week

## Restrictions

### Do NOT...

- drive or drink alcohol for 24 hours
- perform strenuous activity, or lift anything heavier than 10 pounds for 24 hours
- submerge the area in water while the nephrostomy tube is in place

## Call Us If ...

- you have any signs of infection at the nephrostomy tube insertion site after the first few days such as redness, pain (not relieved by pain medications) or pus- like drainage
- excessive bleeding at the nephrostomy tube site
- you have a fever of **100.4° F (38° C)** or higher with chills
- the tube appears pulled back or dislodged
- there is leaking around the tube

**Diagnostic Radiology Department: Monday – Friday 8:00 a.m. - 4:00 p.m. Phone: 716-845-5992**  
**After hours, call Roswell Park main number (24/7): 716-845-2300**

**If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.**