

Discharge Instructions: Microwave Ablation and Cryoablation

What to Expect

- Slight pain/soreness at the site
- Slight bloody drainage at the site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)
- For Thyroid Radiofrequency Ablations:
 - Throat hoarseness for 24 hours post-procedure

You Can...

- restart all your medications (except blood thinners)
- take acetaminophen (Tylenol®) or other prescribed pain medications
- remove the band aid/dressing in 24 to 48 hours
- shower after you have removed the band aid/dressing

Restrictions

Do NOT...

- drive or drink alcohol for 24 hours
- perform strenuous activity, or lift anything heavier than 10 pounds for 48 hours
- take blood thinners for 24 hours (this includes aspirin and ibuprofen/Advil®)

Call Us If ...

- you have any signs of infection at the site after the first few days such as redness, pain (not relieved by pain medications) or pus
- you have a fever of **100.4°F (38° C)** or higher with chills that lasts longer than 24 hours
- you have excessive bleeding at the site
- you have nausea and vomiting that lasts longer than 2 days

Diagnostic Radiology Department: Monday – Friday 8:00 a.m. - 5:00 p.m. Phone: 716-845-5992.
After hours, call Roswell Park main number (24/7): 716-845-2300.

If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.