Discharge Instructions: Microwave Ablation and Cryoablation

What to Expect

- Slight pain/soreness at the site
- Slight bloody drainage at the site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)

You Can…

- restart all your medications (except blood thinners)
- take acetaminophen (Tylenol®) or other prescribed pain medications
- remove the band aid/dressing in 24 to 48 hours
- shower after you have removed the band aid/dressing

Restrictions

Do NOT…

- drive or drink alcohol for 24 hours
- perform strenuous activity, or lift anything heavier than 10 pounds for 48 hours
- take blood thinners for 24 hours (this includes aspirin and ibuprofen/Advil®)

Call Us If …

- you have any signs of infection at the site after the first few days such as redness, pain (not relieved by pain medications) or pus
- you have a fever of 100.4°F (38° C) or higher with chills that lasts longer than 24 hours
- you have excessive bleeding at the site
- you have nausea and vomiting that lasts longer than 2 days

Interventional Radiology Department:  716-845-5992
Roswell Park Main Number (24/7): 716-845-2300

If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.