Discharge Instructions: Microwave Ablation and Cryoablation

What to Expect

• Slight pain/soreness at the site
• Slight bloody drainage at the site
• Low-grade fever of 99°-100°F (32.7°- 37.7°C)
• For Thyroid Radiofrequency Ablations:
  o Throat hoarseness for 24 hours post-procedure

You Can…

• restart all your medications (except blood thinners)
• take acetaminophen (Tylenol®) or other prescribed pain medications
• remove the band aid/dressing in 24 to 48 hours
• shower after you have removed the band aid/dressing

Restrictions

Do NOT…

• drive or drink alcohol for 24 hours
• perform strenuous activity, or lift anything heavier than 10 pounds for 48 hours
• take blood thinners for 24 hours (this includes aspirin and ibuprofen/Advil®)

Call Us If …

• you have any signs of infection at the site after the first few days such as redness, pain (not relieved by pain medications) or pus
• you have a fever of 100.4°F (38°C) or higher with chills that lasts longer than 24 hours
• you have excessive bleeding at the site
• you have nausea and vomiting that lasts longer than 2 days

Diagnostic Radiology Department: Monday – Friday 8:00 a.m. - 5:00 p.m. Phone: 716-845-5992.
After hours, call Roswell Park main number (24/7): 716-845-2300.

If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.