Discharge Instructions: Kyphoplasty

What to Expect

- Slight pain/soreness at the kyphoplasty site
- Slight bloody drainage at the kyphoplasty site
- Low-grade fever of 99°-100°F (32.7°-37.7°C)

You Can...

- restart all your medications (except blood thinners)
- take acetaminophen (Tylenol®) or other prescribed pain medications
- resume showering tomorrow (If dressing gets wet, remove it and put on a new, dry dressing)
- remove the dressing in 4 days (If dressing falls off before that, put a band aid on the site)

Restrictions

Do NOT...

- drive or drink alcohol for 24 hours
- perform strenuous activity, or lift anything heavier than 5 pounds for 14 days (2 weeks)
- submerge the site in water for 7 days (1 week)

Call Us If ...

- you have any signs of infection at the site after the first few days such as redness, pain (not relieved by pain medications) or pus
- you have a fever of 100.4° F (38° C) or higher with chills that lasts longer than 24 hours
- you have excessive bleeding at the kyphoplasty site

Interventional Radiology Department: 716-845-5992
Roswell Park Main Number (24/7): 716-845-2300

If you feel you are in a life-threatening situation (chest pain, difficulty breathing, heavy bleeding), call 911 or go to the nearest hospital emergency department.