

Discharge Instructions: Renal/Kidney Biopsy with Sedation

What to Expect

- Slight pain/soreness at the biopsy site
- Slight bloody drainage at the biopsy site
- Low-grade fever of 99°-100°F (32.7°- 37.7°C)
- Dark red or pink urine for up to 72 hours post-procedure. Call us right away if you notice bright, red blood in the urine after the biopsy.

You Can...

- restart your medications right away (hold blood thinners for 24 hours, this includes aspirin and ibuprofen/Advil®)
- You can take acetaminophen (Tylenol®) or other prescribed pain medications
- You can remove band aid/dressing in 24 hours
- You can shower after you've removed the band aid/dressing

Restrictions

You received medication for pain and/or sedation. This may cause you to feel dizzy or sleepy, react slower than usual, feel unsteady on your feet, or have changes in your vision. It is not unusual for people to feel drowsy for the rest of the day after their procedure. You may have nausea or vomiting.

For the first **24 hours** after your procedure:

- **Do not** drive or operate machinery
- **Do not** ride a bike or perform any activities requiring balance
- **Do not** drink alcohol
- **Do not** sign any legal or financial documents
- **Do not** strain, perform strenuous activity, or lift anything heavier than 10 pounds

When to Seek Medical Care After Your Procedure

Call 911 or go to the nearest Emergency Room for:

- Difficulty breathing or shortness of breath
- Chest pain
- Heavy bleeding
- Any symptoms of an allergic reactions such as itching, hives, tightness or pain in your chest, dizziness, palpitations, or swelling/tingling in your mouth, tongue, throat, or face

Call your primary team at Roswell Park if you have:

- Nausea/vomiting that lasts more than 24 hours or are unable to drink or eat without vomiting
- Pain that is not relieved with pain medication
- A fever higher than 100.4°F (38°C) or have a fever with chills for more than 24 hours
- Swelling, numbness, or discoloration in your arm(s) or leg(s)
- Excessive bleeding at the biopsy site that does not stop after applying pressure
- Any signs of infection at the biopsy site after the first few days such as new or increased redness, pain (not relieved by pain medications) or pus-like drainage
- Blood in urine after 72 hours

Special Procedures/2 West: Monday – Friday 8:00 a.m. – 4:00 p.m. Phone: 716-845-5992.

After hours, call Roswell Park main number (24/7): 716-845-2300.