## FOR ROSWELL PARK PATIENTS WHO USE TOBACCO

# **TOBACCO TREATMENT SERVICES**

Specialized treatment for tobacco dependence, an essential part of your cancer care

## **Our Approach**

Research has shown that combining behavioral therapy and medication management can significantly increase the success of your quit attempt.

#### **BEHAVIORAL THERAPY**

Our licensed social worker offers individual and group sessions that focus on cognitive-behavioral interventions to:

- Identify and address your barriers to guitting
- Increase your motivation and readiness to guit ✓
- Increase your confidence in your ability to quit

#### **MEDICATION MANAGEMENT**

Our licensed medical provider offers medication management for nicotine dependence. They will work with you and your cancer care team to find the best medication options for you.

## **WHO IS ELIGIBLE?**

**Tobacco treatment is available to all Roswell Park patients!** For your convenience, our services are offered in-person, virtual or over-the-phone. Most insurance providers will cover the cost of tobacco treatment. Speak with a tobacco treatment specialist today to discuss your individual financial needs.



## Whether you're ready to quit or just thinking about quitting, we can help!



### **Contact Us**



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