

Discharge Instructions: Pain Pump/Epidural Trial

What To Expect

- Pumps are usually in place for 2 weeks. It is normal to feel sore at the needle site for a few days.

Wound Care

- No showering during the epidural trial. Keep the dressing clean and dry.
- Leave the dressing in place until we take it out on the permanent implant and/or clinic appointment.

Restrictions

- Avoid vigorous activity that was not done before the procedure. Normal activity is OK.
- You may resume all non-pain medications. Please note: If you are taking an anticoagulant (blood thinner) medications, your doctor will tell you when you can resume taking that medication after your procedure.

Pain Control

- If you are taking pain medications, your doctor will tell you which ones to continue or discontinue.

Diet

You may resume your previous diet.

Call Us If...

You have:

- fever and/or chills
- bleeding from the injection site
- pus or drainage at injection site
- muscle weakness or trouble moving (paralysis)
- loss of bowel or bladder control

Follow Up Care

We will follow you closely over the next 2 weeks. Depending on how you respond, your follow up will could be by telephone, in the clinic, or on the day of your permanent intrathecal implantation.