Discharge Instructions for Radial Angiography

These are your doctor’s instructions regarding your activity, diet, and follow up care.

General Instructions

- Your procedure was done by making a small puncture in your wrist. Once you are discharged from the hospital, please watch this area for bleeding or swelling.
- Twenty-four (24) hours after your procedure, remove the Tegaderm™ (occlusive) bandage and leave the puncture site open to air. If you have minor oozing, apply an adhesive bandage and remove it after 12 hours.
- You can restart your usual diet and medications after your procedure. Please follow any changes your doctor has made in your medications or diet.

Restrictions

- **For first 24 hours**: Do not strenuously flex or overuse the affected wrist. Do not drive.
- **For 2 days (48 hours)**: Do not soak that wrist. Gently wash the site with soap and water. Dry well. Do not apply powders, lotions, or ointments. No tub baths, whirlpools, or swimming.
- **For 7 days**: Do not lift anything heavier than 3-5 pounds with the affected wrist.

Bleeding

- If you have bleeding, apply pressure to the puncture site with your thumb.
- If you see fresh bleeding, bright red blood, or a lump that is getting bigger at puncture site, apply pressure to the area and call the Interventional Radiology Center at **716-845-5992** or your treatment center (GI, GU, Breast, etc.). If the center is closed, your call will be answered by the nurse triage or call center staff. If your doctor, or the on-call doctor, thinks you need to be seen, they may refer you to the Assessment and Treatment Center (ATC). The Roswell Park ATC is open 24 hours a day, 7 days a week, including holidays.